

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
RIZKA ADRIANA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI PMB ROSITA
PEKANBARU**

xii + 129 Halaman, 6 Tabel, 2 Gambar, 10 Lampiran

ABSTRAK

Bidan berperan penting dalam memberikan pelayanan kesehatan dimulai dari masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara komprehensif bertujuan meningkatkan derajat kesehatan ibu dan bayi serta mendeteksi dini kemungkinan komplikasi yang akan terjadi. Laporan Tugas Akhir ini bertujuan memberikan asuhan secara komprehensif yang dilakukan dengan metode *Continuity of Midwifery Care* (CoMC) yaitu asuhan yang dilakukan secara berkesinambungan sesuai standar asuhan kebidanan dengan menggunakan pendekatan manajemen kebidanan. Asuhan dilakukan pada Ny. M G₄P₃A₀H₃ dimulai pada usia kehamilan 33-34 minggu di PMB Rosita Kota Pekanbaru dari bulan November 2023 s/d Desember 2023. Asuhan kebidanan meliputi 4 kali kunjungan kehamilan, persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Keluhan yang dialami Ny. M selama kehamilan trimester III adalah kembung dan nyeri perut bagian bawah. Keluhan dapat diatasi dengan memberikan pendidikan kesehatan mengatur pola makan, senam nifas dan kompres hangat. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) diberikan asuhan pengurangan rasa nyeri menggunakan *birth ball* dan masase punggung. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, BB: 3500 gram, PB: 48 cm jenis kelamin laki-laki. Pada kunjungan nifas terdapat keluhan nyeri post hecting dan dapat diatasi dengan pendidikan kesehatan perawatan post hecting, senam nifas, pijat oksitosin, dan ibu akseptor KB suntik 3 bulan. Pada kunjungan neonatus dilakukan asuhan perawatan tali pusat dan pemberian ASI Eksklusif. Tali pusat puput di hari ke-6 dan terjadi peningkatan berat badan bayi sebanyak 1250 gram pada usia 1 bulan. Disarankan kepada bidan agar dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan.

Kata Kunci: Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, dan neonatus

Referensi : 71 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MEI 2024
RIZKA ADRIANA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M IN PMB ROSITA
PEKANBARU**

xii + 129 pages, 6 Tabels, 2 Picture, 10 Appendices

ABSTRACT

Midwives play an important role in providing health services starting from pregnancy, childbirth, postpartum and neonates. Comprehensive care aims to improve the health status of mothers and babies and detect early possible complications that will occur. This Final Project Report aims to provide comprehensive care carried out using the Continuity of Midwifery Care (CoMC) method, namely care carried out continuously according to midwifery care standards using a midwifery management approach. Care was provided to Mrs. M G4P3A0H3 begins at 33-34 weeks of gestation at PMB Rosita Pekanbaru City from November 2023 to December 2023. Midwifery care includes 4 pregnancy visits, delivery, 4 postpartum visits and 3 neonate visits. The complaint experienced by Mrs. M during the third trimester of pregnancy is bloating and lower abdominal pain. Complaints can be resolved by providing health education on diet, postpartum exercises and warm compresses. The delivery was carried out according to the standards of Normal Childbirth Care, providing pain reduction care using a birth ball and back massage. The baby was born spontaneously, cried strongly, good muscle tone, active movement, BB: 3500 grams, PB: 48 cm, male. At the postpartum visit there were complaints of post-heretation pain and this could be overcome with health education on post-heretation care, postpartum exercises, oxytocin massage, and mothers who accept 3-month birth control injections. At the neonatal visit, umbilical cord care and exclusive breastfeeding are provided. The umbilical cord fell off on the 6th day and the baby's weight increased by 1250 grams at the age of 1 month. It is recommended that midwives be able to maintain the provision of midwifery services in a comprehensive and sustainable manner.

Keyword : Comprehensive midwifery care, pregnancy, childbirth, nifas and neonates

Reference : 71 Reference (2013-2023)