

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
ALMA MAULIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M
DI PRAKTIK MANDIRI BIDAN NILA TRISNAWATI KOTA PEKANBARU
xii Halaman, 161 Halaman, 8 Tabel, 10 Lampiran, 1 Gambar**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan komprehensif atau *Continuity of Midwifery Care (CoMC)*. Asuhan kebidanan yang komprehensif dapat mengoptimalkan deteksi risiko tinggi maternal neonatal. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan secara menyeluruh dan berkesinambungan pada Ny. M G₅P₄A₀H₄ di Praktik Mandiri Bidan Nila Trisnawati Kota Pekanbaru dari bulan Desember 2023-Maret 2024. Pada masa kehamilan dilakukan sebanyak 3 kali asuhan, pertolongan persalinan, nifas 4 kali asuhan dan neonatus 3 kali asuhan. Saat trimester III keluhan yang dialami oleh Ny. M adalah sering BAK dan nyeri punggung. Diberikan pendidikan kesehatan dan asuhan senam hamil serta kompres hangat pada punggung bagian bawah. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN). Diberikan asuhan pengurangan rasa nyeri dengan *deepback massage*. Bayi lahir spontan BB: 3500 gr, PB: 47 cm, pengeluaran darah ±350 cc, kontraksi baik, plasenta lahir lengkap, laserasi jalan lahir derajat 3. Dilakukan rujukan ke RS untuk penjahitan laserasi jalan lahir. Pada kunjungan nifas P₅A₀H₅ *post heacting* dengan masalah nyeri, ASI belum lancar, dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga. Ibu akseptor KB suntik. Pada kunjungan neonatus dilakukan pijat bayi dan perawatan bayi sehari-hari. Terjadi peningkatan berat badan bayi sebanyak 500 gram pada hari ke 27. Diharapkan bidan dapat meningkatkan kualitas asuhan kebidanan secara komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata kunci: *Asuhan kebidanan Komprehensif, laserasi perineum derajat 3*
Referensi: 84 Referensi (2013-2024)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
ALMA MAULIA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. M
AT INDEPENDENT MIDWIFE PRACTICE NILA TRISNAWATI
MIDWIFE, PEKANBARU CITY**

xii page, 161 Page, 8 Table, 10 Attachment, 1 Image

ABSTRACT

One effort to prevent and treat complications of pregnancy, childbirth, postpartum and neonates is with comprehensive midwifery care or Continuity of Midwifery Care (CoMC). Comprehensive midwifery care can optimize the detection of high risk maternal neonates. This case study aims to provide comprehensive and continuous midwifery care to Mrs. M G5P4A0H4 at the Independent Practice of Midwife Nila Trisnawati Pekanbaru City from December 2023-March 2024. During pregnancy, 3 treatments were given, delivery assistance, 4 postnatal care and 3 neonatal care. In the third trimester, Mrs. M has frequent urination and back pain. Health education and pregnancy exercise care as well as warm compresses on the lower back are provided. Childbirth care is in accordance with Normal Childbirth Care (APN).). Provided pain reduction care with deep back massage. The baby was born spontaneously, weight: 3500 gr, long: 47 cm, bleeding \pm 350 cc, good contractions, complete birth placenta, grade 3 birth canal laceration. Referral was made to hospital for stitching of the birth canal laceration. At the P5A0H5 post-heating postpartum visit with problems of pain, breast milk not yet flowing, breastfeeding technique maintenance, oxytocin massage and birth control were carried out. Mother who accepts birth control injections. At the neonate visit, baby massage and daily baby care are carried out. There was an increase in the baby's weight by 500 grams on day 27. It is hoped that midwives can improve the quality of midwifery care in a comprehensive and sustainable manner in accordance with midwifery service standards.

Keywords: Pregnancy Comprehensive Care, Grade 3 perineal laceration

Reference: 84 Reference (2013-2024)