

ABSTRAK

Ihsan Darmawan (2024) Asuhan Keperawatan Pada Pasien Tuberculosis Paru Dengan Masalah Defisit Nutrisi Diruang Rawat Inap Paru RSUD Indrasari Rengat. Karya tulis ilmiah studi kasus, program studi DIII Keperawatan, Jurusan Keperawatan , Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Elmuksinur S.Kep.,M.Biomed (II) Ns. Sety Julita S,Kep.,M.Kep.

Tuberculosis Paru penyakit yang di sebabkan oleh *Mycobacterium Tuberculosis*. Saat seseorang menderita TB paru, gejalanya seperti batuk, demam, berkeringat pada malam hari dan penurunan berat badan. Infeksi yang dialami penderita tuberculosis dapat mengganggu ketersediaan nutrisi pada penderita tuberculosis paru. Defisit nutrisi dan Tuberculosis terkait erat, *wasting* pada penderita Tuberculosis aktif merupakan kombinasi berbagai faktor seperti penurunan nafsu makan dan asupan makan, meningkatnya kehilangan zat gizi dan gangguan metabolisme akibat inflamasi dan respon imun. Tujuan penelitian untuk mendeskripsikan asuhan keperawatan yang dilakukan pada pasien tuberculosis paru edngan masalah defisit nutrisi. Penelitian ini adalah studi kasus dengan 2 subjek yang dilakukan pada 28 April – 03 Mei 2024. hasil penelitian kedua subjek,porsi makan subjek II jauh lebih banyak dari subjek I sehingga didapatkan pada subjek 2 peningkatan berat bdan yang lebih dan tingkat kesembuhan yang lebih cepat. Dapat disimpulkan asupan nutrisi yang cukup dapat mempengaruhi kesembuhan penderita TB Paru.

Kata kunci : Tuberculosis Paru, Defisit Nutrisi

ABSTRACT

Ihsan Darmawan (2024) *Nursing Care for Pulmonary Tuberculosis Patients with Nutrition Deficit Problems in the Pulmonary Inpatient Room at Indrasari Rengat Hospital. Case study scientific paper, DIII Nursing study program, Department of Nursing, Riau Health Ministry Health Polytechnic. Supervisor (I) Ns. Elmuksinur S.Kep., M.Biomed (II) Ns. Sety julita S.Kep.,M.Kep.*

Pulmonary Tuberculosis is a disease caused by Mycobacterium Tuberculosis. When someone suffers from pulmonary tuberculosis, symptoms include coughing, fever, night sweats and weight loss. The infection experienced by patients with tuberculosis can interfere with the availability of nutrients in patients with pulmonary tuberculosis. Nutritional deficits and Tuberculosis are closely related, wasting in patients with active Tuberculosis is a combination of various factors such as decreased appetite and food intake, increased nutrient loss and metabolic disorders due to inflammation and immune response. The purpose of the study was to describe nursing care carried out in patients with pulmonary tuberculosis with nutritional deficit problems. This research is a case study with 2 subjects conducted on April 28 - May 03, 2024. the results of the research of the two subjects, the portion of eating subject II was much more than subject I so that it was obtained in subject 2 an increase in body weight and a faster recovery rate. It can be concluded that adequate nutritional intake can affect the recovery of pulmonary tuberculosis patients.

Keywords: Pulmonary Tuberculosis, Nutritional Deficit