

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2024

DEVIYA AZMIR

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R
DI PMB ERNITA KOTA PEKANBARU TAHUN 2024**

xi ±125 Halaman , 11 Tabel , 11 Lampiran

ABSTRAK

Salah satu upaya yang dapat dilakukan oleh bidan dalam membantu menurunkan AKI dan AKB salah satunya dengan melakukan asuhan kebidanan dengan model *Continuity of Midwifery Care* (COMC). Studi kasus ini bertujuan memberikan asuhan komprehensif dari kehamilan, persalinan, nifas dan neonatus pada Ny. R G2P1A0H1 di PMB Ernita Kota Pekanbaru. Asuhan ini dilakukan dengan metode COMC menggunakan pendekatan manajemen kebidanan. Asuhan dilakukan dari bulan November 2023 sampai dengan Januari 2024 sebanyak 3 kali kunjungan kehamilan trimester III, 1 kali kunjungan persalinan, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Pada kehamilan trimester III ditemukan keluhan nyeri pinggang yang diatasi dengan senam hamil sehingga keluhan dapat berkurang. Pertolongan persalinan berlangsung pada usia kehamilan 39 minggu 3 hari dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan kala I diberikan asuhan relaksasi untuk mengurangi rasa nyeri. Bayi lahir spontan, menangis kuat, tonus otot baik, berat badan 3200 gram dan panjang badan 49 cm, jenis kelamin perempuan. Pada kunjungan masa nifas berjalan normal asuhan yang diberikan yaitu perawatan luka perineum, teknik menyusui, pijat oksitosin, dilakukan konseling KB dan ibu memutuskan menjadi akseptor KB suntik 3 bulan. Pada neonatus dilakukan perawatan tali pusat, pijat bayi, dan pemberian ASI eksklusif sehingga berat badan bayi meningkat 800 gram pada usia 25 hari. Diharapkan kepada Bidan selalu mempertahankan dan meningkatkan pelayanan yang sudah ada sehingga bisa menerapkan asuhan yang komprehensif dan berkesinambungan dari kehamilan, persalinan, nifas, dan neonatus.

Kata Kunci : Asuhan Kebidanan, Komprehensif, Pijat Bayi, ASI Eksklusif, Konseling KB.

Daftar Bacaan : 73 Referensi (2012-2022)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D III MIDWIFE STUDY PROGRAM**

FINAL PROJECT REPORT, MEY 2024

DEVIYA AZMIR

**COMPREHENSIVE MIDWIFE CARE IN NY. R
IN PMB ERNITA PEKANBARU CITY 2024**

xi ±125 page, 11 table, 11 attachments

ABSTRACT

One of the efforts that midwives can make to help reduce MMR and IMR is by providing midwifery care using the Continuity of Midwifery Care (COMC) model. This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum and neonate to Mrs. R G2P1A0H1 at PMB Ernita Pekanbaru City. This care is carried out using the COMC method using a midwifery management approach. Care is carried out from November 2023 to January 2024 with 3 third trimester pregnancy visits, 1 delivery visit, 4 visits during postpartum and 3 visits during neonates. In the third trimester of pregnancy, complaints of low back pain were found which were treated with pregnancy exercises so that the complaints could be reduced. Assisted delivery took place at 39 weeks 3 days of gestation carried out according to Normal Childbirth Care (APN) standards and in the first stage relaxation care was given to reduce pain. The baby was born spontaneously, cried strongly, had good muscle tone, weighed 3200 grams and body length 49 cm, female. During the postpartum visit, the care provided was normal perineal wound care, breastfeeding techniques, oxytocin massage, family planning counseling was carried out and the mother decided to become an acceptor for 3-month contraceptive injections. Neonates receive umbilical cord care, baby massage and exclusive breastfeeding so that the baby's weight increases by 800 grams at 25 days of age. It is hoped that midwives will always maintain and improve existing services so that they can implement comprehensive and sustainable care for pregnancy, childbirth, postpartum and neonates.

Keyword : Midwifery Care, Comprehensive, Baby Massage, Exclusive
Breastfeeding, Family planning counseling.
Reading list : 73 Reference (2012-2022)