

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
SALMA DWI AFRIDA NINGSIH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.N DI PMB
DARLIANA KOTA PEKANBARU TAHUN 2024**

136 Halaman, 8 Tabel, 9 Lampiran

ABSTRAK

Tingginya AKI dan AKB disebabkan adanya komplikasi yang terjadi baik pada masa kehamilan, persalinan, nifas maupun neonatus. Asuhan diberikan pada Ny. N G1P0A0H0 pada usia kehamilan 33 minggu 6 hari di PMB Darliana Kota Pekanbaru. Tujuan laporan tugas akhir ini yaitu untuk memberikan asuhan komprehensif dan berkesinambungan dengan pendekatan manajemen kebidanan. Asuhan kehamilan diberikan sebanyak 3 kali, asuhan persalinan 1 kali, asuhan nifas 4 kali dan asuhan neonatus 3 kali. Selama masa kehamilan pada usia kehamilan 33 minggu 6 hari terdapat keluhan nyeri perut bagian bawah yang dapat diatasi dengan cara kompres air hangat dan hindari gerakan yang tiba-tiba. Persalinan Ny. N berlangsung pada usia kehamilan 39 minggu 6 hari, pertolongan persalinan dilakukan sesuai standar asuhan persalinan normal, bayi lahir spontan, aterm, langsung menangis, dan pergerakan aktif dengan BB 3500 gram dan PB 49 cm. Pada masa nifas keluhan yang dialami adalah ketidaknyamanan *after pain* diatasi dengan memberikan pendidikan kesehatan tentang *after pain* dan ASI belum lancar diberikan asuhan pijat oksitosin dan perawatan payudara sehingga terjadi peningkatan produksi ASI. Selama masa neonatus tidak ditemukannya masalah dan diberikan asuhan rutin pada neonatus termasuk pijat bayi dan penkes tentang pemberian ASI Eksklusif. Hasil asuhan pada neonatus didapatkan adanya peningkatan berat badan sebesar 800 gram dari berat lahir yaitu 3500 gram menjadi 4300 gram. Diharapkan tenaga Kesehatan dapat mempertahankan dan meningkatkan mutu pelayanan khususnya KIA-KB asuhan kebidanan secara komprehensif dan menyeluruh.

**Kata Kunci : Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan,
Nifas, Neonatus**

Daftar Bacaan : 54 Referensi (2013-2023).

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF, RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2024
SALMA DWI AFRIDA NINGSIH**

**COMPREHENSIVE MIDWIFERY CARE TO MRS. "N" AT PMB
DARLIANA, PEKANBARU CITY IN 2024**

136 Pages, 8 Tables, 9 Appendices

ABSTRACT

The high MMR and IMR are due to complications that occur during pregnancy, childbirth, postpartum and neonates. Care was given to Mrs. N G1POA0H0 at 33 weeks 6 days of gestation at PMB Darliana, Pekanbaru City. The aim of this final project report is to provide comprehensive and sustainable care using a midwifery management approach. Pregnancy care was provided 3 times, delivery care 1 time, postpartum care 4 times and neonate care 3 times. During pregnancy at 33 weeks 6 days of gestation there are complaints of lower abdominal pain which can be treated by compressing warm water and avoiding sudden movements. Birth of Mrs. N took place at a gestational age of 39 weeks 6 days, assisted delivery was carried out according to normal delivery care standards, the baby was born spontaneously, at term, immediately cried, and had active movements with a BW of 3500 grams and a BW of 49 cm. During the postpartum period, the complaints experienced were that the discomfort of after pain was overcome by providing health education about after pain and breast milk not being smooth, given oxytocin massage and breast care so that there was an increase in breast milk production. During the neonatal period no problems were found and routine care was given to the neonate including baby massage and health education regarding exclusive breastfeeding. The results of care for neonates showed an increase in body weight of 800 grams from birth weight of 3500 grams to 4300 grams. It is hoped that health workers can maintain and improve the quality of services, especially KIA-KB midwifery care in a comprehensive and thorough manner.

**Keywords : Midwifery Care, Comprehensive, Pregnancy, Childbirth,
Postpartum, Neonate**

Reading List : 54 References (2013-2023).