

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
GITA MARSELLYNA PRATAMA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.M DI PMB ROSITA  
KOTA PEKANBARU**

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**ABSTRAK**

Salah satu upaya yang dapat dilakukan bidan dalam menurunkan Angka Kematian Ibu (AKI) yaitu dengan asuhan kebidanan secara *Continuity of Midwifery Care* (CoMC) dari masa kehamilan, persalinan, nifas dan neonatus. Studi kasus bertujuan untuk memberikan asuhan pada masa kehamilan, persalinan, nifas, dan neonatus secara CoMC dengan pendokumentasian SOAP. Asuhan kehamilan diberikan sebanyak 4 kali, asuhan persalinan 1 kali, asuhan nifas 4 kali, asuhan neonatus 3 kali. Asuhan Ny. M G<sub>1</sub>P<sub>0</sub>A<sub>0</sub>H<sub>0</sub> dimulai pada usia kehamilan 30- 31 minggu pada tanggal 01 Oktober 2023 – 09 Januari 2024 di PMB Rosita Kota Pekanbaru . Ibu mengeluh nyeri pinggang yang dapat diatasi dengan kompres hangat dan pengaturan posisi tidur. Persalinan dilakukan secara SC dengan indikasi ketuban keruh. Bayi lahir tanggal 04 -12- 2024 pukul 09.45 WIB dengan BB 3200 gr, dengan PB 51 cm dengan jenis kelamin Laki-Laki. Masa nifas ditemukan masalah nyeri luka post SC dan ASI sedikit lalu diberikan asuhan perawatan luka operasi, pijat oksitosin, perawatan payudara dan pola nutrisi selama nifas. Setelah dilakukan konseling KB ibu memutuskan menggunakan KB suntik 3 bulan. Kunjungan neonatus (KN) yaitu perawatan bayi sehari- hari dan pijat bayi. Terjadi peningkatan berat badan pada bayi sebanyak 800 gram dalam 25 hari. Diharapkan bagi bidan atau tenaga kesehatan untuk lebih memahami deteksi komplikasi persalinan sehingga diagnosa dan penatalaksanaannya dilakukan secara tepat.

**Kata Kunci** : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*

**Daftar Bacaan** : 68 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024  
GITA MARSELLYNA PRATAMA**

**COMPREHENSIVE MIDWIFERY CARE FOR NY.M AT PMB ROSITA  
PEKANBARU CITY  
xi + 136 pages + 12 tables + 11 appendices**

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**ABSTRACT**

One of the efforts that midwives can make to reduce the Maternal Mortality Rate (MMR) is through midwifery care through Continuity of Midwifery Care (CoMC) during pregnancy, childbirth, postpartum and neonates. The case study aims to provide care during pregnancy, childbirth, postpartum and neonates in a CoMC manner with SOAP documentation. Pregnancy care was provided 4 times, delivery care once, postpartum care 4 times, and neonate care 3 times. Care of Mrs. M G<sub>1</sub>P<sub>0</sub>A<sub>0</sub>H<sub>0</sub> starts at 30-31 weeks of gestation on 01 October 2023 – 09 January 2024 at PMB Rosita, Pekanbaru City. Mother complains of low back pain which can be treated with warm compresses and sleeping position adjustments. Delivery was carried out by SC with indications of cloudy amniotic fluid. The baby was born on 04-12-2024 at 09.45 WIB with a weight of 3200 gr, with a PB of 51 cm and the gender is male. During the postpartum period, problems were found with post-SC wound pain and little breast milk, then they were given surgical wound care, oxytocin massage, breast care and nutritional patterns during the postpartum period. After family planning counseling, the mother decided to use birth control injections for 3 months. Neonatal visits (KN) include daily baby care and baby massage. There was an increase in the baby's weight of 800 grams in 25 days. It is hoped that midwives or health workers will better understand the detection of delivery complications so that diagnosis and management are carried out appropriately.

**Keywords :** Comprehensive care, pregnancy, childbirth, postpartum, neonates.

**Reading List:** 68 References (2013-2023)