

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
HADISTIA SALSABILA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. F DI PRAKTEK
MANDIRI BIDAN ERNITA KOTA PEKANBARU**

± xi , 161 Halaman , 9 Tabel , 14 Lampiran

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan asuhan yang dilakukan bidan dalam menekan angka kematian ibu pada masa kehamilan, bersalin, nifas, KB, dan Bayi baru lahir. Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan secara komprehensif dan berkesinambungan dari kehamilan trimester III, bersalin, nifas, dan neonatus pada Ny.F usia 33 tahun G₄P₂A₁H₂ di PMB Ernita Kota Pekanbaru. Asuhan kebidanan dimulai sejak bulan Februari sampai Maret 2024. Asuhan pada masa hamil 4 kali, mendampingi persalinan, asuhan nifas 4 kali dan asuhan neonatus 3 kali. Terdapat ketidaknyamanan pada kehamilan trimester III yaitu anemia fisiologis, *Braxton Hicks*. Asuhan sudah diberikan sesuai kebutuhan kondisi ibu, dan keluhan dapat teratasi. Asuhan persalinan dilakukan sesuai standar (APN). Asuhan yang diberikan yaitu pijat oksitosin untuk memberikan rasa nyaman pada saat kala satu. Bayi lahir pada tanggal 17 Maret 2024 pukul 16.55 wib spontan, menangis kuat, dengan BB: 2.900 gram, PB: 49 cm, jenis kelamin perempuan, plasenta lahir lengkap. Masa nifas berlangsung normal. Asuhan yang diberikan yaitu mobilisasi dini, perawatan perineum, senam nifas, *Skrining Edinburgh Postnatal Depression Scale (EPDS)* dengan skor 2. Ibu memutuskan menggunakan KB alami koitus interuptus. Pada asuhan neonatus hari ke-7 ditemukan masalah ruam pada area lipatan tubuh. Asuhan yang di berikan yaitu memberitahu ibu untuk menjaga tubuh bayi agar tetap kering. Pada masa neonatus juga dilakukan pijat bayi. Terjadi peningkatan berat badan bayi sebesar 800 gram pada hari ke 28. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan berdasarkan *evidence based*.

Kata Kunci : *Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas, neonatus*

Referensi : 69 referensi (2012 – 2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2024
HADISTIA SALSABILA**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. F IN THE
INDEPENDENT PRACTICE OF NUNITA MIDWIVES PEKANBARU CITY**

± xi , 161 Pages , 9 Tables , 14 Appendices

ABSTRACT

Continuity of Midwifery Care (CoMC) is a care carried out by midwives in reducing maternal mortality rates during pregnancy, childbirth, postpartum, family planning, and newborns. This final project report aims to provide comprehensive and continuous obstetric care from the third trimester of pregnancy, childbirth, postpartum, and neonatal to Mrs. F at the age of 33 years G4P2A1H2 at PMB Ernita Pekanbaru City. Midwifery care starts from February to March 2024. Care during pregnancy 4 times, accompanying childbirth, postpartum care 4 times and neonatal care 3 times. There is discomfort in the third trimester of pregnancy, namely physiological anemia, Braxton Hicks. Care has been provided according to the needs of the mother's condition, and complaints can be resolved. Childbirth care is carried out according to standards (APN). The care provided is an oxytocin massage to provide a sense of comfort at the time of one. The baby was born on March 17, 2024 at 16.55 WIB spontaneously, crying strongly, with BB: 2,900 grams, PB: , female gender, complete placenta. The postpartum period takes place normally. The care provided is early mobilization, perineal care, postpartum gymnastics, S49 cmscreening Edinburgh Posnatal Depression Scale (EPDS) with a score of 2. My mother decided to use natural birth control with interrupt coitus. On the 7th day of neonatal care, a rash problem was found in the body fold area. The care provided is to tell the mother to keep the baby's body dry. In the neonatal period, baby massage is also performed. There was an increase in the baby's weight by 800 grams on the 28th day. It is hoped that health workers, especially midwives, can carry out midwifery care in a continuous and sustainable manner based on evidence-based.

Keywords : Comprehensive obstetric care, pregnancy, childbirth, postpartum, neonate

References : 69 references (2012 – 2024)