

ABSTRAK

Reni gusnida (2024). Asuhan Keperawatan Keluarga Gout Arthritis pada Ibu R dan Ibu L dengan masalah Pemeliharaan Kesehatan Tidak Efektif di desa Pekan Heran UPTD Puskesmas Pekan Heran. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Diluar Kampus Utama, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns.Elmukhsinur S,Kep,M.,Biomed, Pembimbing (II) Ns.Deswita, M.Kep.

Penyakit Gout Arthritis atau penyakit Pirai disebabkan oleh tingginya kadar Asam Urat di dalam darah. Berdasarkan data yang di dapatkan di UPTD puskesmas Pekan Heran 2023 Penderita asam urat yang pernah berobat di UPTD puskesmas Pekan Heran sebanyak 35 kunjungan. Penelitian ini bertujuan untuk menerapkan asuhan keperawatan pada pasien Gout Arthritis dengan masalah pemeliharaan kesehatan tidak efektif di Desa Pekan Heran UPTD Puskesmas pekan Heran. Metode Penelitian ini deskriptif dalam bentuk studi kasus. Berdasarkan hasil evaluasi terdapat kesamaan antara kedua subjek dimana kedua subjek sudah memeriksa kesehatannya ke pelayanan kesehatan dan mengonsumsi obat sesuai indikasi, masalah keperawatan teratasi. Untuk peneliti selanjutnya diharapkan dapat meneliti tentang Efektifitas daun salam terhadap kesembuhan pasien dengan Gout Arthritis serta faktor-faktor yang mempengaruhi pemeliharaan kesehatan tidak efektif pada pasien Gout Arthriitis.

Kata Kunci : Gout Arthritis, Pemeliharaan kesehatan tidak efektif, Asuhan Keperawatan Keluarga.

ABSTRACT

Reni Gusnida (2024). Gout Family Nursing Care for Mrs. R and Mrs. L with the problem of ineffective health services at the UPTD Pekan Heran Community Health Center, Pekan Heran Village. Scientific Writing Case Study, DIII Nursing Study Program Outside the Main Campus, Nursing Department, Riau Ministry of Health Health Polytechnic. Supervisor (I) Ns. Elmukhsinur S, Kep, M., Biomed, Supervisor (II) Ns. Deswita, M. Kep.

Gouty arthritis or gout is caused by high levels of uric acid in the blood. Based on data obtained at the UPTD Pekan Heran Community Health Center 2023, 35 visits were made to gout sufferers who had received treatment at the Pekan Heran Community Health Center UPTD. This study aims to apply nursing care to Gouty Arthritis patients with ineffective health maintenance problems in Pekan Heran Village UPTD Pekan Heran Health Center. This research method is descriptive in the form of a case study. Based on the evaluation results, there are similarities between the two subjects where both subjects have had their health checked by health services and taken medication according to indications, the nursing problem was resolved. It is hoped that future researchers will be able to research the effectiveness of bay leaves in healing patients with Gout Arthritis as well as the factors that influence ineffective health maintenance in Gout Arthritis patients.

Keywords: *Gouty arthritis, ineffective health care, family nursing ca*