

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2023  
AMANDA MAHARANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. Y DI KLINIK  
PRATAMA AFIYAH KOTA PEKANBARU**

**xii, + 145 Halaman, 8 Lampiran**

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**ABSTRAK**

Kejadian kematian ibu masih terjadi pada beberapa wilayah di dunia. Terutama untuk wilayah Asia Tenggara seperti Indonesia yang masih tinggi yaitu 138 per 100.000 kh. Sedangkan Target yang ingin dicapai secara global yaitu 70 per 100.000 kh. Upaya yang dilakukan dengan melakukan asuhan secara komprehensif dan berkesinambungan. Asuhan diberikan pada Ny. Y G<sub>6</sub>P<sub>5</sub>A<sub>0</sub>H<sub>5</sub> usia 38 tahun mulai dari kehamilan 36 minggu 2 hari hingga persalinan, nifas dan neonatus dengan mendokumentasikan menggunakan metode SOAP di Klinik Pratama Afiyah Kota Pekanbaru. Asuhan kebidanan dimulai dari November-Desember 2023. Pada masa kehamilan dilakukan sebanyak 4x asuhan, pertolongan persalinan, nifas 4x asuhan, dan neonatus 3x asuhan. Selama kehamilan trimester III, ibu mengalami gatal pada area selangkangan dan nyeri perut bagian bawah. Ibu diberikan pendidikan kesehatan mengenai personal hygiene dan diajarkan kompres air hangat pada nyeri perut bagian bawah sehingga keluhan teratasi. Persalinan berlangsung normal sesuai APN dan diajarkan teknik relaksasi untuk mengurangi nyeri serta cara mengejan yang baik. Bayi lahir spontan, jenis kelamin perempuan, BB 3000 gram dan PB 48 cm. Masa nifas Ny. Y P<sub>6</sub>A<sub>0</sub>H<sub>6</sub> dengan *post hecting* derajat 2 berlangsung normal. Ibu diajarkan senam nifas, pijat payudara. Pada masa neonatus normal dilakukan pijat bayi untuk meningkatkan berat badan bayi. Dimana terjadi kenaikan berat badan bayi sebesar 400 gram pada hari ke-15. Diharapkan tenaga kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas dan neonatus.

Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*

Referensi : 72 Referensi (2016-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2023  
AMANDA MAHARANI**

**COMPREHENSIVE MIDWIFERY CARE IN MRS. Y AT PRATAMA  
AFIYAH CLINIC PEKANBARU CITY**

**xii, + 145 Pages, 8 Appendices**

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**ABSTRACT**

The incidence of maternal deaths still occurs in several regions of the world. Especially for Southeast Asian regions such as Indonesia which is still high, namely 138 per 100,000 kh. Meanwhile, the target to be achieved globally is 70 per 100,000 kh. Efforts are made by providing comprehensive and sustainable care. Care was given to Mrs. Y G<sub>6</sub>P<sub>5</sub>A<sub>0</sub>H<sub>5</sub> 38 yearsold starting from 36 weeks and 2 days of pregnancy to childbirth, postpartum and neonate by documenting using the SOAP method at the Afiyah Pratama Clinic in Pekanbaru City. Midwifery care starts from November to December 2023. During pregnancy, 4 times of care, childbirth assistance, postpartum 4 times care, and neonate 3 times care. During the third trimester of pregnancy, the mother experienced itching in the groin area and lower abdominal pain. The mother was given health education about personal hygiene and taught warm water compressesfor lower abdominal pain so that complaints were resolved. Childbirth took place normally according to APN and was taught relaxation techniques to reduce pain and good straining. Babies born spontaneously, female, BB 3000 grams and PB 48cm. Mrs. Y's postpartum period P<sub>6</sub>A<sub>0</sub>H<sub>6</sub> with *post hecting* degree 2 took place normally. Mother was taught postpartum gymnastics, breast massage. During the normal neonatal period, baby massage is carried out to increase the baby's weight. Where there was an increase in the baby's weight by 400 grams on the 15th day. Itis hoped that health workers, especially midwives, can carry out midwifery care ina continuous and sustainable manner starting from pregnancy, childbirth, postpartum and neonatal.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonate*

References : 72 References (2016-20