

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
DESWANTI EKA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI PMB
ERMA SURIANTI KOTA PEKANBARU TAHUN 2023**

153 Halaman, 6 Tabel, 10 Lampiran, 1 Gambar

ABSTRAK

Upaya mewujudkan indonesia sehat dan indonesia emas pada masa depan dilakukan dengan menjalankan transformasi kesehatan. Asuhan kebidanan yang komprehensif dapat mengoptimalkan deteksi risiko tinggi maternal neonatal. Asuhan dilakukan pada Ny. T G₃P₂A₀H₂ dimulai pada usia kehamilan 34 minggu di PMB Erma Surianti Kota Pekanbaru dari bulan Oktober 2023 s/d Januari 2024. Asuhan kebidanan meliputi 3 kali asuhan saat kehamilan, pertolongan persalinan, 4 kali asuhan nifas dan 3 kali asuhan neonatus. Keluhan yang dialami Ny. T selama kehamilan trimester III adalah nyeri perut bagian bawah. Keluhan dapat diatasi dengan memberikan pendidikan kesehatan senam hamil dan kompres hangat pada perut. Pada persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN). Diberikan asuhan pengurangan rasa nyeri menggunakan *birth ball* dan masase punggung. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan aktif, BB: 3400 gram, PB: 49 cm, jenis kelamin Perempuan. Plasenta lahir lengkap, pendarahan ± 100 cc, kontraksi uterus baik, TFU 2 jari dibawah pusat, laserasi jalan lahir derajat 1. Pada kunjungan nifas P₃A₀H₃ dengan masalah ASI belum lancar, dilakukan asuhan teknik menyusui, pijat oksitosin, konseling KB. Ibu akseptor KB IUD. Pada kunjungan neonatus dilakukan perawatan bayi sehari-hari, pijat bayi, dan edukasi tentang ASI Eksklusif. Tali pusat puput di hari ke-6, terjadi penurunan berat badan bayi pada hari ke-3 sebanyak 100 dan peningkatan berat badan pada hari ke-14 sebanyak 400 gram. Diharapkan tenaga Kesehatan khususnya bidan dapat melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas, neonatus, dan KB.

Kata kunci: *Asuhan kebidanan Komprehensif, kehamilan, bersalin, nifas, neonatus*

Referensi: 87 Referensi (2012-2023)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
DESWANTI EKA PUTRI**

**COMPREHENSIVE MIDWIFERY CARES FOR NY. T AT PMB
ERMA SURIANTI PEKANBARU IN 2024**

153 Page, 6 Table, 7 Attachment, 1 Image

ABSTRACT

Efforts to create a healthy Indonesia and a golden Indonesia in the future are carried out by carrying out health transformation. Comprehensive midwifery care can optimize the detection of high risk maternal neonates. Care was provided to Mrs. T G3P2A0H2 begins at 34 weeks of gestation at PMB Erma SURIANTI, Pekanbaru City from October 2023 to January 2024. Midwifery care includes 3 times pregnancy care, delivery assistance, 4 times postpartum care and 3 times neonate care. The complaint experienced by Mrs. T during the third trimester of pregnancy is lower abdominal pain. Complaints can be overcome by providing health education on pregnancy exercises and warm compresses. Childbirth is carried out according to Normal Childbirth Care (APN) standards. Provided pain reduction care using a birth ball and back massage. The baby was born spontaneously, cried strongly, good muscle tone, active movements, BB: 3400 grams, PB: 49 cm, gender female. The placenta was delivered complete, bleeding \pm 100 cc, good uterine contractions, TFU 2 fingers below the center, 1st degree birth canal laceration. At the P3A0H3 postpartum visit with the problem of breast milk not being smooth, breastfeeding technique care, oxytocin massage, family planning counseling were carried out. The mother is an IUD birth control acceptor. At the neonate visit, umbilical cord care and exclusive breastfeeding are provided. The umbilical cord fell off on the 6th day, there was a decrease in the baby's weight on the 3rd day by 100 grams and an increase in weight on the 14th day by 400 grams. It is hoped that health workers, especially midwives, can provide midwifery care continuously and sustainably starting from pregnancy, childbirth, postpartum, neonate and family planning.

Keywords: Pregnancy Comprehensive Care, Maternity, Postpartum, Neonate
Reference: 87 Reference (2012-2023)