

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
FANNY ENJELIA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. B DI PMB ROSITA
KOTA PEKANBARU TAHUN 2024
xi ± 140 Halaman, 7 Tabel, 10 Lampiran**

ABSTRAK

Upaya pencegahan dalam kehamilan, persalinan, nifas, dan neonatus dalam menurunkan angka kematian ibu dan bayi adalah dengan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny.B dari masa kehamilan, persalinan, nifas, dan neonatus dimulai pada November 2023 sampai Februari 2024 di PMB Rosita Kota Pekanbaru. Kontak pertama dengan Ny. B G₃P₂A₀H₂ dilakukan pada usia kehamilan 35 minggu selanjutnya dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kunjungan neonatus. Selama kehamilan didapatkan ketidaknyamanan nyeri pinggang, dan dapat teratasi dengan memberikan pendidikan kesehatan senam hamil dan masase. Persalinan berlangsung secara spontan pada kehamilan Aterm. IMD berhasil pada menit ke 53 setelah persalinan. Bayi lahir spontan jenis kelamin laki-laki dengan BB 3100 gram dan PB 47 cm. Asuhan Neonatus berlangsung selama 28 hari secara normal. Asuhan yang diberikan selama neonatus adalah perawatan bayi sehari-hari, perawatan tali pusat, dan pijat bayi. Pada usia 10 hari bayi Ny. B mengalami kenaikan berat badan sebanyak 200 gram. Selama masa nifas tidak ditemukan masalah pada Ny.B. Asuhan nifas yang diberikan yaitu mengajari ibu perawatan payudara dan senam nifas Sehingga masa nifas ibu berlangsung secara normal. Didapatkan hasil skrining EPDS dengan skor 0. Ibu memutuskan menggunakan metode kontrasepsi jenis suntik 3 bulan. Diharapkan bagi bidan atau tenaga kesehatan untuk dapat mempertahankan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan kebutuhan pasien.

**Kata Kunci : Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas,
Neonatus**

Referensi : 85 Referensi (2014-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
FANNY ENJELIA PUTRI**

**COMPREHENSIVE MIDWIFERY CARE IN NY. B AT PMB ROSITA
PEKANBARU CITY IN 2024**

xi ± 140 Pages, 7 Tables, 10 Attachments

ABSTRACT

Prevention efforts in pregnancy, childbirth, postpartum and neonates in reducing maternal and infant mortality rates are by optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. B from the pregnancy, delivery, postpartum and neonate period starting from November 2023 to February 2024 at PMB Rosita, Pekanbaru City. First contact with Mrs. B G3P2A0H2 is carried out at 35 weeks of gestation, then 4 visits during pregnancy, delivery, 4 times during the postpartum period, and 3 neonatal visits. During pregnancy, low back pain occurs and can be overcome by providing health education on pregnancy exercises and massage. Labor occurs spontaneously in term pregnancy. IMD was successful at 53 minutes after delivery. The baby was born spontaneously as a boy with a body weight of 3100 grams and a body weight of 47 cm. Neonatal care lasts 28 days normally. The care provided during the neonate is daily baby care, umbilical cord care, and baby massage. At the age of 10 days, Mrs. B experienced an increase in weight of 200 grams. During the postpartum period, no problems were found with Mrs. B. The postpartum care provided is teaching mothers breast care and postpartum exercises so that the mother's postpartum period continues normally. The EPDS screening results were obtained with a score of 0. The mother decided to use a 3-month injection contraceptive method. It is hoped that midwives or health workers will be able to maintain comprehensive and continuous midwifery care in accordance with patient needs.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Maternity, Postpartum, Neonate*

References : 85 References (2014-2023)