

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
GUSTI YESIKA HASIBUAN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI PRAKTIK
MANDIRI BIDAN SITI JULAEHA KOTA PEKANBARU TAHUN 2024**

XII + 109 Halaman, 8 Tabel, 8 Lampiran

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus dalam menurunkan kematian ibu diantaranya adalah dengan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny. D dari masa kehamilan Trimester III, persalinan, nifas, dan neonatus di Praktik Mandiri Bidan Siti Julaeha Kota Pekanbaru dan kunjungan rumah. Kontak Pertama dengan Ny. D G3P2A0H2 dilakukan pada usia kehamilan 30 minggu – 39 Minggu. Dilakukan sebanyak 4 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kali kunjungan neonatus. Selama kehamilan ditemukan ketidaknyamanan *braxton hicks*. Asuhan yang diberikan yaitu kompres hangat dan teknik rileksasi pernafasan. Persalinan dilakukan secara spontan di RS Hermina. Bayi lahir cukup bulan tanggal 25 November 2023, Pukul 01.15 WIB, jenis kelamin perempuan dengan BB 3300 gram dan PB 49 cm. Selama masa nifas tidak ditemukan masalah pada Ny.D. Asuhan yang diberikan perawatan luka perineum, senam nifas, dan perawatan payudara. Dilakukan skrining EPDS dengan skor 2. Ibu memutuskan menggunakan metode kontrasepsi jenis suntik progestin. Asuhan yang diberikan selama neonatus adalah perawatan bayi sehari - hari dan pijat bayi. Pada usia 6 hari bayi Ny. D mengalami kenaikan berat badan sebanyak 300 gram. Bidan diharapkan dapat meningkatkan dan mempertahankan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan kebutuhan pasien dan memperhatikan pendidikan kesehatan yang di butuhkan pasien.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, Neonatus*

Referensi : 70 Referensi (2014-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
GUSTI YESIKA HASIBUAN**

**COMPREHENSIVE MIDWIFERY CARE IN NY. D AT MIDWIFER SITI
JULAEHA'S INDEPENDENT PRACTICE, PEKANBARU CITY, 2024**

XII + 109 Pages, 8 Tables, 8 Attachments

ABSTRACT

Efforts to prevent and manage complications during pregnancy, childbirth, postpartum, and the neonatal period to reduce maternal mortality include optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. D from the third trimester of pregnancy, childbirth, postpartum, and neonatal period at the Independent Midwife Practice of Siti Julaeha in Pekanbaru City and through home visits. The first contact with Mrs. D, G3P2A0H2, was made at 30 weeks gestation and continued until 39 weeks. There were four pregnancy visits, one delivery, four postpartum visits, and three neonatal visits. During pregnancy, Braxton Hicks discomfort was noted. The care provided included warm compresses and breathing relaxation techniques. The delivery was spontaneous at Hermina Hospital. The baby was born full-term on November 25, 2023, at 01:15 WIB, female, weighing 3300 grams and 49 cm in length. No issues were found during Mrs. D's postpartum period. The care provided included perineal wound care, postpartum exercises, and breast care. EPDS screening was conducted with a score of 2. The mother decided to use progestin injection contraceptive methods. The care provided during the neonatal period included daily baby care and baby massage. At six days old, Mrs. D's baby gained 300 grams in weight. Midwives are expected to enhance and maintain comprehensive and continuous midwifery care according to patient needs and pay attention to the health education required by patients.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Maternity, Postpartum, Neonate*

References : 70 Reference (2014-2024)