

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MARET 2024
RANI AULIA LUBIS**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI PMB ROSITA
KOTA PEKANBARU**

xi + 115 halaman, 9 Tabel, 10 Lampiran

ABSTRAK

Asuhan CoMC memberikan pelayanan kesehatan secara menyeluruh dan berkelanjutan untuk memberikan informasi, mendeteksi dini faktor resiko, pencegahan dan penanganan dini. Asuhan kebidanan dilaksanakan secara menyeluruh dan berkesinambungan pada Ny. N mulai dari kehamilan, persalinan, nifas, neonatus dan mendokumentasikan dengan metode SOAP dimulai pada Oktober s/d Desember 2023 di PMB Rosita Kota Pekanbaru. Asuhan kehamilan pada Ny. N G1P0A0H0 usia kehamilan 34-35 minggu dengan anemia dan ketidaknyamanan nyeri perut bagian bawah. Asuhan dilakukan sebanyak 4x kunjungan. Memberikan tablet Fe, buah naga merah dan senam hamil. Masalah anemia dan ketidaknyamanan dapat teratasi. Asuhan persalinan normal, melakukan masase punggung, penggunaan birth ball, bayi lahir spontan BB 3800 gr, PB 50 cm, jenis kelamin perempuan, plasenta lahir lengkap, pendarahan ± 200 cc, kontraksi uterus baik, TFU 2 jari dibawah pusat. Asuhan nifas P1A0H0 dengan masalah ASI tidak lancar dilakukan pijat oksitosin, pada hari ke 4 produksi ASI sudah banyak, konseling KB, dan senam nifas. Ibu nifas dengan akseptor KB suntik 3 bulan. Asuhan neonatus dengan BB menurun 200 gr dilakukan perawatan tali pusat, pijat bayi, pemberian ASI Eksklusif, BB meningkat sebanyak 400 gr. Disarankan tenaga bidan dapat mempertahankan mutu pelayanan asuhan kebidanan secara menyeluruh mulai dari kehamilan, persalinan, nifas dan neonatus serta menyediakan Vitamin A untuk ibu nifas.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas dan neonatus*

Referensi : 109 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2024
RANI AULIA LUBIS**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. N IN PMB ROSITA
PEKANBARU**

xi + 115 pages, 9 tabels, 10 appendices

ABSTRACT

CoMC care provides comprehensive and sustainable health services to provide information, early detection of risk factors, prevention and early treatment. Midwifery care is carried out comprehensively and continuously for Mrs. N starting from pregnancy, childbirth, postpartum, neonate and documenting using the SOAP method starting from October to December 2023 at PMB Rosita, Pekanbaru City. Pregnancy care for Mrs. N G1P0A0H0 gestational age 34-35 weeks with anemia and lower abdominal pain discomfort. Care was carried out in 4 visits. Giving Fe tablets, red dragon fruit and pregnancy exercises. The problem of anemia and discomfort can be resolved. Normal delivery care, back massage, use of a birth ball, baby was born spontaneously BB 3800 gr, PB 50 cm, female gender, complete birth placenta, bleeding ± 200 cc, good uterine contractions, TFU 2 fingers below the center. Postpartum care for P1A0H0 with problems with breast milk not flowing smoothly was carried out by oxytocin massage, on the 4th day there was already a lot of breast milk production, family planning counseling and postpartum exercises. Postpartum mother with 3 month injectable birth control acceptor. Neonatal care with a weight loss of 200 grams includes umbilical cord care, baby massage, exclusive breastfeeding, weight increases by 400 grams. It is recommended that midwives be able to maintain the quality of comprehensive midwifery care services starting from pregnancy, childbirth, postpartum and neonates as well as providing Vitamin A for postpartum mothers.

Keyword : *Comprehensive midwifery care, pregnancy, childbirth, post partum, and neonatal*

Reference : 109 Reference (2013-2023)