

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

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ZIDNI ILMAN AZIFAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB ROSITA
KOTA PEKANBARU TAHUN 2024
xi + 138 halaman + 8 tabel + 10 lampiran**

ABSTRAK

Asuhan kebidanan komprehensif dan berkelanjutan atau sering disebut dengan *Continuity of Midwifery Care (COMC)* merupakan asuhan yang diberikan secara menyeluruh dimulai dari hamil, bersalin, nifas dan neonatus. Tujuan dari asuhan ini adalah untuk pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus. Studi kasus ini dilakukan pada Ny. A G4P3A0H3 dimulai pada usia kehamilan 31 minggu di PMB Rosita pada bulan Oktober 2023 sampai Januari 2024. Asuhan yang diberikan berupa kunjungan hamil 4 kali, bersalin 1 kali, nifas 4 kali dan neonatus 3 kali. Selama kehamilan ditemukan masalah ketidaknyamanan kehamilan fisiologis trimester 3 yaitu sering buang air kecil dan dilakukan asuhan dengan memberikan edukasi dan menjaga personal hygiene. Persalinan berlangsung normal pada usia kehamilan 40 minggu. Pertolongan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir spontan, langsung menangis, pergerakan aktif, jenis kelamin Laki-laki dengan berat badan 3.300 gram dan panjang badan 50 cm. Pada masa nifas ibu mengalami masalah bendungan asi dan diberikan asuhan dengan cara ibu tetap menyusui bayinya sesering mungkin, kompres dengan air hangat, dan pendidikan kesehatan tentang perawatan payudara. Asuhan lainnya diberikan konseling KB dan ibu menggunakan metode aminore laktasi (MAL). Pada asuhan neonatus diberikan asuhan pijat bayi dan perawatan tali pusat. Terdapat penambahan berat badan bayi 500 gram yaitu dari 3300 – 3.800 gram pada hari ke 17. Diharapkan bidan dapat meningkatkan asuhan kebidanan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus*

Daftar Bacaan : 86 Referensi (2014 – 2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
STUDY PROGRAM OF D III MIDWIFERY**

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ZIDNI ILMAN AZIFAH**

**COMPREHENSIVE MIDWIFERY CARE TO MRS. "A" AT MIDWIFE'S
INDEPENDENT PRACTICE, PEKANBARU CITY IN 2024**

xi + 138 pages + 8 tables + 10 attachments

ABSTRACT

Comprehensive and continuous midwifery care or often called Continuity of Midwifery Care (COMC) is care that is provided comprehensively starting from pregnancy, delivery, postpartum and neonates. The aim of this care is to prevent and treat complications in pregnancy, childbirth, postpartum and neonates. This case study was conducted on Mrs. A G4P3A0H3 begins at 31 weeks of gestation at PMB Rosita from October 2023 to January 2024. The care provided is in the form of 4 prenatal visits, 1 delivery, 4 postpartum and 3 times neonatal visits. During pregnancy, physiological discomfort problems in the third trimester were discovered, namely frequent urination and care was provided by providing education and maintaining personal hygiene. Delivery was normal at 40 weeks of gestation. Childbirth assistance is carried out in accordance with Normal Childbirth Care (APN) standards. The baby was born spontaneously, cried immediately, moved actively, gender was male, weighing 3,300 grams and body length 50 cm. During the postpartum period, mothers experience breast milk dam problems and are given care by continuing to breastfeed their babies as often as possible, compressing them with warm water, and health education about breast care. Other care is given by family planning counseling and the mother uses the aminorrhea lactation (MAL) method. In neonate care, baby massage and umbilical cord care are provided. There is an increase in the baby's weight of 500 grams, namely from 3300 – 3,800 grams on day 17. It is hoped that midwives can improve midwifery care in accordance with midwifery service standards.

Kata Kunci : *Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Neonates*

Daftar Bacaan : 86 References (2014 – 2024)