

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
ERICA ALYA HENDIRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. E DI KLINIK
PRATAMA JAMBU MAWAR KOTA PEKANBARU TAHUN 2024**

XII + 137 Halaman, 9 Tabel, 10 Lampiran

ABSTRAK

Salah satu upaya menurunkan kematian ibu dan bayi diantaranya adalah dengan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny. E dari masa kehamilan Trimester III, persalinan, nifas, dan neonatus di Klinik Pratama Jambu Mawar Kota Pekanbaru dan kunjungan rumah. Kontak Pertama dengan Ny. E G2P1A0H1 dilakukan pada usia kehamilan 33 minggu. Dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kali kunjungan neonatus. Selama kehamilan ditemukan ketidaknyamanan nyeri punggung dan puting susu tenggelam. Asuhan yang diberikan yaitu mengajarkan ibu senam hamil dan teknik perawatan putting dengan teknik hoffman dan *neplette*. Persalinan dilakukan secara spontan di Klinik Pratama Jambu Mawar. Bayi lahir cukup bulan, jenis kelamin laki-laki dengan BB 3000 gram dan PB 52 cm dan plasenta lahir lengkap. Selama masa nifas ditemukan masalah yaitu sulit menyusui akibat puting susu tenggelam sehingga gagal pemberian ASI Eksklusif. Asuhan yang diberikan anjuran untuk tetap menyusui bayinya dengan cara memompa ASI dan melakukan perawatan payudara, serta asuhan lain perawatan luka perineum dan senam nifas. Dilakukan skrining EPDS dengan skor 3. Ibu memutuskan menggunakan metode kontrasepsi jenis suntik progesterin. Asuhan yang diberikan selama neonatus adalah perawatan bayi sehari-hari dan pijat bayi. Pada usia 15 hari bayi Ny. E mengalami kenaikan berat badan sebanyak 200 gram. Bidan diharapkan dapat meningkatkan dan mempertahankan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan kebutuhan pasien dan memperhatikan pendidikan kesehatan yang dibutuhkan pasien.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, Neonatus*

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DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
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**COMPREHENSIVE MIDWIFERY CARE IN NY. E AT PRATAMA JAMBU
MAWAR CLINIC, PEKANBARU CITY, 2024**

XII+ 137 Pages, 9 Tables, 10 Attachments

ABSTRACT

One effort to reduce maternal and infant mortality rates includes optimizing the role of midwives in providing midwifery services through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. E started the third trimester of pregnancy, postpartum, postpartum and neonate at the Pratama Jambu Mawar Clinic, Pekanbaru City and home visits. First Contact with Mrs. E G2P1A0H1 was performed at 33 weeks of gestation. Pregnancy visits, delivery 4 times, postpartum period 4 times, and neonate visits 3 times. During pregnancy discomfort, back pain and nipple sinking occur. The care provided is teaching pregnant women exercise techniques and nipple care using the Hoffman and Neplette techniques. The birth was carried out spontaneously at the Pratama Jambu Mawar Clinic. The baby was born full term, male, weighing 3000 grams and weighing 52 cm and the placenta was born complete. During the postpartum period, problems were found, namely difficulty breastfeeding due to sinking of the nipples, resulting in exclusive breastfeeding not being given. The treatment given is a recommendation to continue breastfeeding the baby by pumping breast milk and carrying out breast care, as well as other care, caring for perineal wounds and postpartum exercises. EPDS screening was carried out with a score of 3. The mother decided to use a progestin injection type contraceptive method. The care given to neonates is daily baby care and baby massage. At the age of 15 days Mrs. E experienced a weight gain of 200 grams. Midwives are expected to improve and maintain comprehensive and continuous midwifery services in accordance with patient needs and pay attention to the health education that patients need.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Maternity, Postpartum, Neonate*

References : 43 References