

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
SASKIA PUTRI ANDINI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. “R” DI  
KLINIK PRATAMA AFIYAH KOTA PEKANBARU.**

**x + 132 Halaman + 10 Tabel + 10 Lampiran**

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**ABSTRAK**

Salah satu model asuhan kebidanan yang dapat meningkatkan kualitas asuhan dalam pelayanan kesehatan ibu dan bayi yaitu dengan model asuhan *Continuity of Midwifery Care* (CoMC). Laporan tugas akhir ini bertujuan memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak masa hamil, bersalin, nifas, dan neonatus. Asuhan dimulai pada bulan Oktober 2023 sampai Februari 2024 pada Ny.R G<sub>1</sub>P<sub>0</sub>A<sub>0</sub>Ho di Klinik Pratama Afiyah dan kunjungan rumah. Asuhan kehamilan dilakukan sebanyak 6 kali, nifas 4 kali, dan neonatus 3 kali. Selama kehamilan Trimester III ditemukan keluhan nyeri pinggang yang dapat diatasi dengan senam hamil dan *Gymball*. Persalinan usia kehamilan 40 minggu 5 hari dan pertolongan Persalinan dilakukan secara *Sectio Caesarea* dirumah sakit PMC atas indikasi Gagal induksi dan *suspect CPD*. Bayi lahir pukul 11.36 WIB, bayi lahir menangis kuat, jenis kelamin laki-laki, berat badan 4.000 gram, Panjang badan 51 cm. Pada masa nifas didapati keluhan ASI belum lancar dan nyeri bekas luka post SC. Keluhan dapat diatasi dengan pijat oksitosin dan menganjurkan makan sayur daun katuk untuk melancarkan ASI dan pada hari ke 6 ASI sudah lancar dan memberikan pendidikan kesehatan perawatan luka SC. Ibu menggunakan Kb suntik 3 Bulan. Asuhan neonatus dilakukan berdampingan dengan Asuhan nifas yaitu 3 kali kunjungan, tidak ditemukan masalah pada bayi. Bayi diberikan asuhan pijat bayi untuk membantu mempercepat penambahan berat badan bayi dan kualitas tidur bayi. Pada akhir asuhan usia 28 hari berat badan bayi mengalami peningkatan dari BB lahir yaitu menjadi 4.800 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan pemberian asuhan Kebidanan komprehensif dan berkesinambungan sesuai dengan *Evidence Based*.

**Kata Kunci : Asuhan, Kebidanan, Kehamilan, Persalinan, Nifas, Neonatus**

**Daftar Bacaan : 75 referensi (2013-2023)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM DIII OF MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2024  
SASKIA PUTRI ANDINI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS."R" AT AFIYAH  
PRATAMA CLINIC, PEKANBARU CITY**

**x + 132 Pages + 10 Tables + 10 Appendices**

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**ABSTRACT**

One model of midwifery care that can improve the quality of care in maternal and infant health services is the Continuity of Midwifery Care (CoMC) model of care. This final project report aims to provide comprehensive and continuous midwifery care starting from pregnancy, delivery, postpartum and neonate. Care begins in October 2023 to February 2024 for Mrs. R G1P0A0H0 at Pratama Afiyah Clinic and home visits. Pregnancy care was carried out 6 times, postpartum 4 times, and neonate 3 times. During the third trimester of pregnancy, complaints of low back pain were found which could be treated with pregnancy exercises and Gymball. Delivery at 40 weeks 5 days of gestation and assisted delivery was carried out by Sectio Caesarea at PMC Hospital for indications of failed induction and suspected CPD. The baby was born at 11.36 WIB, the baby was born crying strongly, male, weight 4,000 grams, body length 51 cm. During the postpartum period, there were complaints that breast milk was not flowing smoothly and post-SC scar pain. Complaints can be overcome with oxytocin massage and recommending eating katuk leaf vegetables to facilitate breast milk and on the 6th day breast milk is smooth. Providing health education on SC wound care. Mother uses injectable birth control for 3 months. Neonatal care was carried out side by side with postpartum care, namely 3 visits, no problems were found in the baby. Babies are given baby massage care to help speed up the baby's weight gain and the quality of the baby's sleep. At the end of 28 days of care, the baby's weight increased from birth weight to 4,800 grams. It is hoped that health workers, especially midwives, can improve the provision of comprehensive and sustainable midwifery care in accordance with Evidence Based.

**Keywords : Care, Midwifery, Pregnancy, Childbirth, Postpartum, Neonate**

**Reading List : 75 references (2013-2023)**