

**KEMENTERIAN KESEHATAN REPUBLIK
INDONESIA POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 25 MEI 2024
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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI
KLINIK TAMAN SARI 4 KOTA PEKANBARU TAHUN 2024
xi, ± 145 Halaman, 11 Tabel, 10 Lampiran**

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus dalam menurunkan kematian ibu dan bayi adalah dengan mengoptimalkan peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny. N dari masa kehamilan, persalinan, nifas, dan neonatus di mulai pada September 2023 Januari 2024, di klinik Taman Sari 4 Kota Pekanbaru dan kunjungan rumah. Kontak pertama dengan Ny. N G4P3A0H3 dilakukan pada usia kehamilan 30 minggu. Dilakukan 3 kali asuhan kehamilan, pertolongan persalinan, 4 kali asuhan nifas, serta 3 kali asuhan neonatus. Selama kehamilan ditemukan ketidaknyamanan mual dan *Braxton Hics*. Asuhan yang diberikan adalah menganjurkan ibu untuk meminum teh jahe, ketidaknyamanan ibu dapat diatasi. Persalinan dilakukan spontan sesuai standar APN. Bayi lahir cukup bulan, jenis kelamin perempuan, BB 3300 gram dan PB 50 cm. Pada masa nifas tidak ditemukan masalah dan komplikasi, dilakukan perawatan luka jahitan, pijat oksitosin dan senam nifas. Hasil konseling KB ibu memutuskan akan menggunakan metode kontrasepsi jenis suntik progestin. Asuhan pada masa neonatus adalah perawatan bayi sehari dan pijat bayi. Pada hari ke 13 BB bayi bertambah 200 gram dari berat lahir, dan bayi menyusui secara eksklusif. Bidan dan lahan praktik diharapkan dapat meningkatkan dan mempertahankan asuhan kebidanan sesuai dengan kebutuhan pasien berdasarkan evidence based dengan pendekatan manajemen kebidanan.

Kata Kunci : *Asuhan Kebidanan, Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus*

Referensi : 80 Referensi (2007-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF
INDONESIA HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, 25 MAY 2024
FANESHA AULIA ZAMSISKY**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. N AT
CLINIC TAMAN SARI 4 PEKANBARU CITY IN 2024
xi,±145 Page,11 Table,10 Attachment**

ABSTRACT

Efforts to prevent and manage complications in pregnancy, childbirth, postpartum, and neonates in reducing maternal and infant mortality are to optimize the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. N from the period of pregnancy, labor, puerperium, and neonates starting in September 2023 January 2024, at the Taman Sari 4 clinic in Pekanbaru City and home visits. The first contact with Mrs. N G4P3A0H3 was done at 30 weeks of gestation. There were 3 times of pregnancy care, delivery assistance, 4 times of postpartum care, and 3 times of neonate care. During pregnancy, there was discomfort of nausea and Braxton Hics. The care given was to encourage the mother to drink ginger tea, the mother's discomfort could be overcome. Labor was spontaneous according to APN standards. The baby was born full term, female sex, BW 3300 grams and PB 50 cm. In the postpartum period there were no problems and complications, suture wound care, oxytocin massage and postpartum exercises were performed. The results of family planning counseling the mother decided to use the progestin injection method of contraception. On the 13th day, the baby's weight increased by 200 grams from the birth weight, and the baby was exclusively breastfeeding. Midwives and practice areas are expected to improve and maintain midwifery care according to the needs of patients.

***Keywords :Midwifery Care, Comprehensive, Pregnancy, Childbirth,
Postpartum,Neonates***

References :80 References (2007-2024)