

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN KEMENKES RIAU  
PROGRAM STUDI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
AMELIA FAJRIANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.E DI PRAKTIK  
MANDIRI BIDAN ROSITA KOTA PEKANBARU  
xii + 135 Halaman + 9 Tabel + 10 Lampiran**

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**ABSTRAK**

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus salah satunya yaitu dengan metode asuhan kebidanan komprehensif atau *Continuity of Midwifery Care (CoMC)*. Laporan kasus ini bertujuan untuk memberikan asuhan yang berkesinambungan pada Ny.E dari masa kehamilan, persalinan, nifas dan neonatus di PMB Rosita Kota Pekanbaru dari bulan November 2023-Januari 2024. Pada masa kehamilan dilakukan 4 kali kunjungan dengan keluhan sering BAK dan Hb rendah, diberikan penkes cara mengurangi sering BAK dan penkes untuk mengkonsumsi makanan yang mengandung zat besi untuk meningkatkan Hb ibu dan keluhan dapat diatasi. Persalinan berlangsung spontan pada usia 39-40 minggu dengan laserasi derajat dua, dengan menggunakan metode *birthball* dan *massase* pada kala I. Bayi lahir pukul 07.15 WIB tanggal 28 Desember 2023 jenis kelamin perempuan, dengan BB 4000 gram dan PB 52 cm. Asuhan masa nifas dilakukan 4 kali didapatkan keluhan ASI yang keluar masih sedikit dan diberikan pendidikan kesehatan berupa pijat oksitosin. Keluhan lain yaitu nyeri pada luka jahitan, diberikan asuhan berupa konseling tentang tindakan mengatasi nyeri dan juga senam nifas, dan keluhan dapat diatasi serta ibu memilih KB implant. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan, diberikan asuhan pijat bayi dan terjadi kenaikan BB sesuai dengan usianya sebanyak 800 gram pada usia 28 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

**Kata Kunci : Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas,  
Neonatus**

**Daftar Bacaan : 98 Referensi (2015-2023)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC OF RIAU  
STUDY PROGRAM D-III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2024  
AMELIA FAJRIANI**

**COMPREHENSIF MIDWIFERY CARES FOR MRS. E IN INDEPENDEN  
PRAKTIK OF MIDWIFE ROSITA, PEKANBARU CITY  
xii + 135 pages + 9 table + 10 attachments**

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**ABSTRAC**

One of the efforts to prevent and treat complications in pregnancy, childbirth, postpartum and neonates is the comprehensive midwifery care method or Continuity of Midwifery Care (CoMC). This case report aims to provide continuous care to Mrs. E during pregnancy, childbirth, postpartum and neonate at PMB Rosita, Pekanbaru City from November 2023-January 2024. During pregnancy, 4 visits were made with complaints of frequent BAK and low Hb, given by health care how to reduce frequent urination and health care to consume foods containing iron to increase the mother's Hb and complaints can be resolved. Delivery occurred spontaneously at the age of 39-40 weeks with second degree lacerations. The baby was born at 07.15 WIB on December 28 2023, female, with a weight of 4000 grams and a body weight of 52 cm. Postpartum care was carried out 4 times and there were complaints that there was still little breast milk coming out and health education was given in the form of oxytocin massage. Another complaint was pain in the suture wound, care was given in the form of counseling on pain management measures and postpartum exercises, and the complaint was resolved and the mother chose implant birth control. Neonatal care is carried out side by side with postpartum care, namely 3 visits, baby massage is given and there is an increase in weight according to age of 800 grams at 28 days of age. It is hoped that midwives will continue to maintain and improve comprehensive and sustainable midwifery care in accordance with midwifery service standards.

Keyword : **Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates**  
Reading list : Reference 98 (2015-2023)