

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024
JIHAN SIDDIQYAH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PMB ROSITA
KOTA PEKANBARU**

xii + 148 Halaman + 11 Tabel + 10 Lampiran

ABSTRAK

Continuity of Midwifery Care (CoMC) merupakan salah satu bentuk asuhan yang dapat dilakukan untuk menekan AKI. CoMC merupakan sebuah metode asuhan dengan memberikan pelayanan secara menyeluruh dan berkelanjutan kepada pasien / klien untuk mendeteksi secara dini komplikasi dan resiko tinggi pada ibu hamil, bersalin, masa nifas serta KB dan neonatus. Studi kasus ini bertujuan untuk memberikan asuhan komprehensif dari masa kehamilan, persalinan, masa nifas serta KB, dan neonatus dengan pendokumentasian SOAP pada Ny.S usia 34 tahun G6P4A1H3 di PMB Rosita Kota Pekanbaru. Asuhan Kebidanan ini dilaksanakan dari bulan Oktober 2023 hingga Januari 2024 sebanyak 4 kali kunjungan selama kehamilan dengan keluhan nyeri punggung, diberikan asuhan kompres hangat dan senam hamil sehingga keluhan dapat diatasi. Pada saat persalinan mengalami Kala II memanjang sehingga dilakukan rujukan ke Rumah Sakit untuk kolaborasi dengan dokter obgyn, proses persalinan berlangsung normal di rumah sakit. Bayi lahir pada tanggal 06 November 2023, pukul 20.40 WIB, lahir spontan, jenis kelamin perempuan, dan BB 3.520 gram. Asuhan masa nifas dilakukan 4 kali didapatkan keluhan ASI yang keluar masih sedikit dan memberitahu ibu untuk terus menyusui bayinya secara *ondeman*, dan ibu menjadi akseptor KB Implan. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan, diberikan asuhan pijat bayi dan terjadi kenaikan BB sesuai dengan usianya sebanyak 300 gram selama 15 hari. Diharapkan bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci: *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus.*

Referensi: 65 Referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024
JIHAN SIDDIQIYAH**

**COMPREHENSIVE MIDWIFERY CARE IN NY.S AT PMB ROSITA
PEKANBARU CITY**

xii + 148 Pages + 11 Tables + 10 Attachments

ABSTRACT

Continuity of Midwifery Care (CoMC) is one form of upbringing that can be done to suppress AKI. CoMC is a method of care by providing comprehensive and continuous services to patients / clients to detect early complications and high risks in pregnant women, maternity, postpartum and birth control and neonates. This case study aims to provide comprehensive care from pregnancy, childbirth, postpartum as well as birth control, and neonates with SOAP documentation at Mrs.S 34 years old G6P4A1H3 at PMB Rosita Pekanbaru City. This midwifery care was carried out from October 2023 to January 2024 for 4 visits during pregnancy with complaints of back pain, given warm compress care and pregnant gymnastics so that complaints can be resolved. At the time of delivery, Kala II was elongated so a referral was made to the hospital for collaboration with the obgyn doctor, the delivery process took place normally in the hospital. The baby was born on November 06, 2023, at 20.40 Western Indonesia Time, spontaneous birth, female gender, and 3,520 grams of weight. The postpartum care was carried out 4 times, complaints of breast milk that came out were still few and told the mother to continue breastfeeding her baby on demand, and the mother became an acceptor of birth control implants. Neonate care is carried out side by side with postpartum care, which is 3 visits, baby massage care is given and there is an increase in BB according to his age of 300 grams for 15 days. It is hoped that midwives will still maintain and improve comprehensive and continuous midwifery care in accordance with midwifery service standards.

Keywords: *Comprehensive Midwifery Care, pregnancy, delivery, postpartum, neonate*

References: *65 References (2013-2023)*