

ABSTRAK

Kharisma Ramadhani (2024) Asuhan Keperawatan Pada Pasien Post Operasi Appendiktomi dengan masalah Nyeri Akut Di Ruang Rawat Inap Bedah RSUD Indrasari Rengat. Karya tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Diluar Kampus Utama Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau.Pembimbing (I) Ns. Yulianto, S.Kep.,M..Pd., MPH (II) Ns. Deswita, M.Kep.

Apendisitis adalah peradangan akibat infeksi pada usus buntu atau umbai cacing (apendiks), apendisitis yang sudah lama jika dibiarkan akan beresiko komplikasi sehingga perlu dilakukan tindakan pembedahan yang disebut appendiktomi. Kasus appendiktomi di RSUD Indrasasi Rengat sepanjang periode Januari 2023 hingga Maret 2024 berjumlah 121 kasus. Pada pasca operasi tersebut salah satu tanda dan gejala yang muncul yaitu nyeri akut, asuhan keperawatan perlu dilakukan untuk mengurangi tingkat nyeri dan meningkatkan efektivitas penanganan nyeri dan pelayanan Kesehatan. Metode penelitian yang digunakan pada penulisan ini adalah deskriptif dalam bentuk studi kasus. Tujuan dari penelitian untuk melakukan asuhan keperawatan pada pasien post operasi appendiktomi dengan nyeri akut yang dilakukan selama 6 hari. Setelah dilakukan asuhan keperawatan didapatkan hasil pada kedua subjek penurunan keluhan nyeri, meringis menurun, tidak bersikap protektif, dan mampu mengontrol nyeri. Disarankan bagi peneliti selanjutnya agar dapat melelakukan penelitian lanjut dengan metode penelitian yang lain.

Kata Kunci : Asuhan Keperawatan, Appendiktomi, Nyeri Akut.

ABSTRACT

Kharisma Ramadhani (2024) Nursing Care for Postoperative Appendectomy Patients with Acute Pain Problems in the Surgical Inpatient Room of Indrasari Rengat Hospital. Case Study Scientific Paper, DIII Nursing Study Program Outside the Main Campus of the Department of Nursing, Health Polytechnic of the Ministry of Health Riau. Supervisor (I) Ns. Yulianto, S.Kep., M.. Pd., MPH (II) Ns. Deswita, M.Kep.

Appendicitis is inflammation due to infection of the appendix or worm tufts (appendix), appendicitis that has been left for a long time will be at risk of complications so it is necessary to perform a surgical procedure called appendectomy. Appendectomy cases at Indrasasi Rengat Hospital throughout the period January 2023 to March 2024 totaled 121 cases. After the surgery, one of the signs and symptoms that appears is acute pain, nursing care needs to be carried out to reduce the level of pain and increase the effectiveness of pain management and health services. The research method used in this writing is descriptive in the form of a case study. The purpose of the study was to provide nursing care in postoperative appendectomy patients with acute pain that was carried out for 6 days. After nursing care, the results were obtained in both subjects of a decrease in pain complaints, decreased grimacing, not being protective, and being able to control pain. It is recommended for future researchers to be able to conduct further research with other research methods.

Keywords: *Nursing Care, Appendectomy, Acute Pain.*