

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

LAPORAN TUGAS AKHIR, MEI 2024

ERNI NATALIA BR SIAHAAN

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. H
DI PMB MARLINA KABUPATEN KAMPAR TAHUN 2024
X ±115 Halaman, 6 Tabel, 10 Lampiran**

ABSTRAK

Salah satu upaya yang dapat dilakukan bidan dalam mendeteksi awal serta dapat menurunkan angka kematian ibu dan bayi yaitu dengan asuhan kebidanan yang berkesinambungan dari masa kehamilan, persalinan, nifas dan neonatus. Asuhan diberikan secara *Continuity of Midwifery Care (CoMC)* yang bertujuan untuk memberikan asuhan pada masa kehamilan, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.H di PMB Marlina Kabupaten Kampar. Asuhan ini dilaksanakan dari November 2023 sampai Januari 2024. Kontak pertama dengan Ny.H G5P4A0H4 usia kehamilan 34- 35 minggu. Asuhan pada masa kehamilan dilakukan 4 kali kunjungan dengan ditemukan keluhan nyeri punggung, oedema pada ekstremitas bawah dan masalah tidur karna sering BAK, dilakukan asuhan kompres punggung, mengatur posisi kaki saat berbaring dan mengurangi minum di malam hari, masalah dapat teratasi. Persalinan berlangsung normal dan Bayi lahir pukul 15.10 WIB tanggal 2 Desember 2023 jenis kelamin Perempuan, dengan berat badan 3.100 gram dan panjang badan 51 cm. Asuhan masa nifas dilakukan 4 kali kunjungan dengan keluhan *afterpain*, dilakukan asuhan mobilisasi dini dan istirahat yang cukup, masalah dapat teratasi. Ibu menjadi Akseptor KB IUD. Kunjungan neonatus (KN) dilakukan yaitu sebanyak 3 kali kunjungan dengan asuhan pijat bayi sehari hari yang menambah perkembangan berat badan bayi, dilakukan pijat bayi pada hari ke 7 dan terjadi kenaikan berat badan pada hari ke 26 sebanyak 600 gram dan bidan diharapkan dapat mempertahankan asuhan kebidanan berbasis *CoMC* dan melakukan pemeriksaan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : ***Komprehensif, Kehamilan, Persalinan, Nifas dan Neonatus***
Daftar bacaan : **53 Referensi (2014-2024)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
MIDWIFERY D III STUDY PROGRAM
FINAL PROJECT REPORT, MAY 2024**

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS. H
IN INDEPENDENT PRACTICE OF MIDWIFE MARLINA
KAMPAR DISTRICT IN 2024**

X ±115 Pages, 6 Tables, 10 Attachments

ABSTRACT

One of the efforts that midwives can make to detect early and reduce maternal and infant mortality is through continuous midwifery care during pregnancy, childbirth, postpartum and neonates. Care is provided through Continuity of Midwifery Care (CoMC) which aims to provide care during pregnancy, childbirth, postpartum and neonates with SOAP documentation to Mrs. H at PMB Marlina, Kampar Regency. This care is carried out from November 2023 to January 2024. First contact with Mrs. H G5P4A0H4 gestational age 34-35 weeks. Care during pregnancy was carried out 4 times with complaints of back pain, edema in the lower extremities and problems sleeping due to frequent urination. Care was given to compress the back, adjust the position of the legs when lying down and reduce drinking at night, the problem was resolved. The delivery took place normally and the baby was born at 15.10 WIB on December 2 2023, female, with a body weight of 3,100 grams and a body length of 51 cm. Postpartum care was carried out 4 times with complaints of afterpain, early mobilization care and adequate rest were carried out, the problem could be resolved. The mother becomes the IUD contraceptive acceptor. Neonatal visits (KN) are carried out, namely 3 visits with daily baby massage care which increases the baby's weight development, baby massage is carried out on the 7th day and there is an increase in weight on the 26th day of 600 grams and the midwife is expected to be able to maintain midwifery care. CoMC-based and carries out examinations in accordance with midwifery service standards.

Keywords : *Care for pregnancy, childbirth, postpartum, neonates*
Reference : **53 Reference (2014-2024)**