

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB  
HASNA DEWI KOTA PEKANBARU**

**xi + 128 Halaman + 9 Tabel + 10 Lampiran**

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**ABSTRAK**

Upaya mewujudkan generasi yang berkualitas serta meningkatkan kesehatan ibu dan anak yaitu dengan menerapkan model asuhan kebidanan yang berkesinambungan (*Continuity of Midwifery Care/CoMC*). Studi kasus ini dilakukan untuk memberikan asuhan kebidanan secara komprehensif dari masa kehamilan, persalinan, nifas dan neonatus pada Ny. A G2P1A0H1 di PMB Hasna Dewi. Asuhan dilakukan dengan menggunakan pendekatan manajemen kebidanan dan pendokumentasian metode SOAP. Asuhan *CoMC* dilakukan sejak bulan Oktober hingga Desember 2023 sebanyak 3 kali asuhan selama kehamilan Trimester III, pertolongan persalinan, 4 kali asuhan selama nifas dan 3 kali asuhan selama neonatus. Selama kehamilan Trimester III, ditemukan keluhan nyeri punggung bagian bawah. Ibu diberikan pendidikan kesehatan dan diajarkan *massage* punggung sehingga keluhan dapat diatasi. Pertolongan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN). Diberikan asuhan *birth ball* untuk mempercepat kemajuan persalinan dan teknik relaksasi untuk mengurangi rasa nyeri. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan bayi aktif, berat badan 3000 gram, panjang badan 49 cm, jenis kelamin Perempuan. Plasenta lahir spontan dan lengkap. Pada masa nifas Ny.A P2A0H2 dengan luka jahitan perineum derajat 2 berlangsung normal, ibu diajarkan senam nifas, pijat payudara. Pada masa neonatus normal dilakukan pijat bayi dan bayi diberi ASI Eksklusif. Terjadi kenaikan berat badan bayi sebanyak 800 gram pada usia 28 hari. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan mulai dari asuhan ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci : *Asuhan Kebidanan Hamil, Bersalin, Nifas, Neonatus, Komprehensif*  
Referensi : 72 (2014-2024)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT,2024**

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**COMPREHENSIVE MIDWIFERY CARES FOR MRS. A AT HASNA  
DEWI  
PMB IN PEKANBARU CITY**

**xi + 128 Pages + 9 Tables + 10 Attachman**

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**ABSTRACT**

Efforts to create a quality generation and improve maternal and child health are by implementing a sustainable midwifery care model (Continuity of Midwifery Care/CoMC). This case study was conducted to provide comprehensive midwifery care from pregnancy, labor, postpartum and neonate to Mrs. A G2P1A0H1 at PMB Hasna Dewi. Care is carried out using a midwifery management approach and SOAP method documentation. CoMC care is carried out from October to December 2023, with 3 times care during the third trimester of pregnancy, delivery assistance, 4 times care during postpartum and 3 times care during neonates. During the third trimester of pregnancy, complaints of lower back pain were found. Mothers are given health education and taught back massage so that complaints can be resolved. Childbirth assistance is carried out in accordance with Normal Childbirth Care (APN) standards. Birth ball care is given to speed up the progress of labor and relaxation techniques to reduce pain. The baby was born spontaneously, cried strongly, good muscle tone, the baby's movements were active, weight 3000 grams, body length 49 cm, gender female, placenta was born spontaneously and completely. During the postpartum period, Mrs. During the normal neonatal period, baby massage and exclusive breastfeeding are carried out to increase the baby's weight. Where there was an increase in the baby's weight of 800 grams at the age of 28 days. It is recommended that midwives as health workers be able to maintain the provision of comprehensive and sustainable midwifery services starting from the care of pregnant women, giving birth, postpartum and neonates.

Keywords : *Comprehensive midwifery care, Maternity,  
Postpartum, Neonates, Comprehensive*  
Reference : 72 (2014-2024)