

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA**  
**POLITEKNIK KESEHATAN RIAU**  
**PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, 20MEI 2023**  
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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M**  
**DI PMB DINCESAFRINA PEKANBARU TAHUN 2024**

**ix, 124 Halaman, 8 Tabel, 11 Lampiran**

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**ABSTRAK**

Metode *Continuity of Midwifery Care (COMC)* Merupakan program asuhan dalam menurunkan AKI. Salah satu upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas, dan neonatus adalah dengan asuhan kebidanan yang berkesinambungan yang bertujuan untuk memberikan asuhan dari masa kehamilan trimester III, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.M di PMB Dince Safrina Kota Pekanbaru dan kunjungan Rumah. Asuhan kebidanan ini dilaksanakan dari bulan Februari s/d April 2024. Kontak Pertama dengan Ny.M G3P0A2H0 dilakukan pada usia kehamilan 36 minggu. Dengan 3 kali kunjungan kehamilan, mendampingi persalinan, 3 kali pada masa nifas, serta 3 kali kunjungan neonatus. Selama kehamilan ditemukan ketidaknyamanan nyeri perut bagian bawah dimana asuhan yang diberi yaitu mengompres perut dengan air hangat, dan senam hamil serta masalah sudah teratasi. Persalinan dilakukan secara *Secsio Caeserea (SC)* dengan indikasi cemas dan tidak tahan terhadap nyeri kontraksi di RS Binakasih Kota Pekanbaru. Bayi Lahir Tanggal 12 Maret 2024, Pukul 07.55 WIB, jenis kelamin Perempuan dengan BB 3000 gram dan PB 49 cm. Selama masa nifas tidak ditemukan masalah, asuhan yang diberikan yaitu cara merawat luka Post SC, Pijat Payudara, pijat oksitosin dan teknik menyusui. Ibu memutuskan ingin menggunakan kb suntik 3 bulan namun masih calon akseptor. Asuhan yang diberikan selama neonatus adalah perawatan bayi, perawatan tali pusat dan pijat bayi. bayi Ny. M mengalami kenaikan berat badan sebanyak 800 gram. Bidan diharapkan dapat mempertahankan Asuhan Kebidanan Komprehensif dan Berkesinambungan sesuai dengan kebutuhan Pasien dan Pendidikan Kesehatan yang di butuhkan Pasien.

Kata Kunci: *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*  
Daftar Bacaan : 64 referensi (2014-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
RIAU HEALTH POLYTECHNIC  
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 20 2023  
RAFHIKA RAMADHANI**

**COMPREHENSIVE MIDWIFERY CARE IN NY. M  
AT PMB DINCE SAFRINA PEKANBARU IN 2024**

**ix, 124 Pages, 8 Tables, 11 Appendices**

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**ABSTRACT**

The Continuity of Midwifery Care (COMC) method is a care program to reduce MMR. One of the efforts to prevent and handle complications in pregnancy, childbirth, postpartum and neonates is continuous midwifery care which aims to provide care from the third trimester of pregnancy, labor, postpartum and neonates by documenting SOAP to Mrs. M at PMB Dince Safrina Pekanbaru City and Home visits. This midwifery care was carried out from February to April 2024. First contact with Mrs. M G3P0A2H0 was made at 36 weeks of gestation. With 3 prenatal visits, accompanying delivery, 3 times during the postpartum period, and 3 neonatal visits. During pregnancy, discomfort was found in lower abdominal pain where the care given was compressing the stomach with warm water, and pregnancy exercises and the problem was resolved. The delivery was carried out by cesarean section (SC) with indications of anxiety and inability to tolerate the pain of contractions at Binakasih Hospital, Pekanbaru City. Baby born on March 12 2024, at 07.55 WIB, gender female with weight 3000 grams and body weight 49 cm. During the postpartum period, no problems were found, the care provided was how to care for Post SC wounds, breast massage, oxytocin massage and breastfeeding techniques. The mother decided that she wanted to use the contraceptive injection for 3 months but was still a potential acceptor. The care provided during the neonate is baby care, umbilical cord care and baby massage. baby Mrs. M experienced an increase in weight of 800 grams. Midwives are expected to be able to maintain comprehensive and continuous midwifery care in accordance with patient needs and the health education that patients need.

Keywords: Comprehensive care, pregnancy, childbirth, postpartum, neonates.  
Reading List: 64 references (2014-2023)