

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR,
MEI 2024 ZAHARA ZATTIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. R
DI PMB ZURRAHMI PEKANBARU TAHUN 2024**

xi, 104 Halaman, 7 tabel, 9 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi pada kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan memberikan asuhan kebidanan secara *komprehensif* pada kehamilan, bersalin, masa nifas, neonatus pada Ny. R di Praktik Klinik Zurrahmi kota Pekanbaru. Pelaksanaanya dilakukan sesuai standar asuhan kebidanan dengan Pendekatan Manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan pada Ny. R G4P3A0H2 dari bulan November 2023 sampai Januari 2024 sebanyak 11 kali kunjungan yaitu masa hamil 3 kali, 1 kali bersalin, nifas 4 kali, neonatus 3 kali. Selama kehamilan ibu mengeluh kebas pada tangan dan dilakukan asuhan dengan memberikan ibu edukasi istirahat yang cukup dan kompres dingin hangat secara bergantian. Persalinan berlangsung secara normal sesuai dengan standar Asuhan Persalinan Normal (APN). Bayi lahir pukul 20.10 WIB dengan berat 2.800 gram, panjang badan 47cm, jenis kelamin perempuan. Keluhan selama masa nifas bersifat normal. Asuhan nifas lainnya memberikan konseling keluarga berencana, perawatan payudara. ibu menentukan metode kontrasepsi yaitu Suntik 3 bulan. Asuhan pada neonatus diajarkan cara perawatan tali pusat, ASI eksklusif. Diakhir masa asuhan berat badan bayi 3.600 gram. Diharapkan bidan tetap mempertahankan asuhan kebidanan secara berkelanjutan dan berkesinambungan sesuai dengan standar asuhan pelayanan kebidanan dimulai dari masa kehamilan, persalinan, nifas dan neonatus

Kata kunci : **Asuhan Kebidanan Komprehensif, Kehamilan Persalinan, Nifas, dan Neonatus**

Daftar bacaan : 48 referensi (2014-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF
INDONESIA HEALTH POLYTECHNIC OF RIAU
MIDWIFERY D III STUDY PROGRAM**

**FINAL PROJECT REPORT,
MEI 2024 ZAHARA ZATTIA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. R IN
INDEPENDENT PRACTICE OF MIDWIFE ZURRAHMI
PEKANBARU CITY ON 2023**

xi, 104 Pages, 7 tables, 9 Appendices

ABSTRACT

One of the efforts in the prevention and management of complications in pregnancy, childbirth, postpartum and neonates is with Continuity of Midwifery Care (CoMC). This midwifery care aims to provide comprehensive midwifery care in pregnancy, child birth, postpartum period, neonates in Mrs.D at Zurrahmi Clinic Pekanbaru city. The implementation is carried out according to midwifery care standards with a midwifery management approach and documented using the SOAP method. This midwifery care was carried out Ny. R G4P3A0H2 from November 2023 to January 2024 for 11 visits, namely pregnancy 3 times, 1 times in labor, postpartum 4 times, neonate 3 times. During pregnancy the mother complained of numbness in her hands and care was provided by providing the mother with education. The birth took place normally in accordance with the standards of Normal Childbirth Care (APN). The baby was born at 20.10 WIB with a weight of 2,800 grams, 47 cm in length, female gender. Complaints during the postpartum period were normal, other postpartum care provided family planning counseling, provided breast care counseling, the mother decided to use 3-month injectable birth control. Care for the neonate mother was taught how to care for the umbilical cord, exclusive breast feeding. At the end of the care period the baby's weight was 3.600 grams. It is expected that health workers, especially midwives, can provide midwifery care in asustainable and continuous manner in accordance with the standards of midwifery care starting from pregnancy, childbirth, postpartum and neonates.

Keywords : Midwifery Care for Pregnant Women, Maternity, Puerperium and Neonates

Reading list : 48 references (2014-2023)