

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
IRMA FOURISKA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. T DI PMB ERNITA  
KOTA PEKANBARU**

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**ABSTRAK**

Salah satu pendekatan yang dapat dilakukan oleh bidan dalam melakukan asuhan pada perempuan, baik pada masa hamil, bersalin, nifas neonatus yaitu dengan cara asuhan kebidanan berkesinambungan atau disebut dengan *Continuity of Midwifery Care (CoMC)*. Studi kasus ini dilakukan untuk memberikan asuhan kebidanan secara komprehensif dari masa kehamilan, persalinan, nifas dan neonatus pada Ny. T di PMB Ernita dilakukan dengan menggunakan pendekatan manajemen kebidanan dan pendokumentasian metode SOAP. Asuhan *COMC* dilakukan sejak bulan September - Desember 2023 sebanyak 4 kali kunjungan selama kehamilan Trimester III, pertolongan persalinan, 4 kali kunjungan selama nifas dan 3 kali kunjungan selama neonatus. Selama kehamilan ditemukan keluhan nyeri punggung dan nyeri perut bagian bawah. Asuhan yang diberikan yaitu dengan kompres hangat dan senam hamil, sehingga keluhan dapat diatasi. Persalinan berlangsung pada usia kehamilan 39-40 minggu, pertolongan persalinan dilakukan sesuai standar Asuhan Persalinan Normal. Bayi lahir spontan, menangis kuat, tonus otot baik, pergerakan bayi aktif, berat badan 3500 gram, panjang badan 50 cm, jenis kelamin laki-laki. Pada masa nifas berlangsung normal, ibu diberikan asuhan mobilisasi dini, perawatan payudara, pijat oksitosin dan perawatan luka perineum. Pada masa neonatus dilakukan perawatan tali pusat, menjaga kehangatan, dan pijat bayi. Terjadi kenaikan berat badan bayi sebesar 300 gram dari 3500 gram menjadi 3800 gram pada usia 18 hari . Diharapkan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

**Kata Kunci: *Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus***

**Referensi : 53 Referensi (2011-2023)**

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA  
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DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, MAY 2024  
IRMA FOURISKA**

**COMPREHENSIVE MIDWIFERY CARE IN NY. T AT PMB ERNITA  
PEKANBARU CITY**

**xi + 133 Pages + 5 Tables + 11 Attachments**

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**ABSTRACT**

One approach that can be taken by midwives in providing care for women, both during pregnancy, childbirth and postpartum neonates, is by means of continuous midwifery care or what is called Continuity of Midwifery Care (CoMC). This case study was conducted to provide comprehensive midwifery care from pregnancy, labor, postpartum and neonate to Mrs. T at PMB Ernita is carried out using a midwifery management approach and SOAP method documentation. COMC care is carried out from September - December 2023 with 4 visits during the third trimester of pregnancy, delivery, 4 visits during postpartum and 3 visits during neonates. During pregnancy, complaints of back pain and lower abdominal pain were found. The care provided is with warm compresses and pregnancy exercises, so that complaints can be resolved. Childbirth assistance takes place at 39-40 weeks of gestation and is carried out in accordance with Normal Childbirth Care standards. The baby was born spontaneously, cried strongly, good muscle tone, the baby's movements were active, weight 3500 grams, body length 50 cm, male. During the normal postpartum period, mothers are given early mobilization care, breast care, oxytocin massage and perineal wound care. During the neonatal period, baby massage is carried out to increase the baby's weight. There was an increase in the baby's weight of 300 grams over 18 days. It is hoped that midwives as health workers can maintain the provision of comprehensive and sustainable midwifery services, especially care for pregnant, maternity, postpartum and neonate mothers.

**Keywords: Comprehensive Midwifery Care, Pregnancy, Maternity, Postpartum, Neonate**

**References: 53 References (2011-2023)**