

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

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KHAIRUN NISA

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.M DI KLINIK
RIA FITRIA IV KOTA PEKANBARU
x, 111 Halaman + 7 tabel + 10 Lampiran**

ABSTRAK

Dalam upaya menurunkan AKI di Indonesia, salah satu bentuk asuhan yang dapat dilakukan untuk mengurangi AKI yaitu dengan metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan secara komprehensif dari masa kehamilan, persalinan, nifas, dan neonatus dengan pendokumentasian SOAP pada Ny.W G₃P₂A₀H₂ di Klinik Ria Fitria Pekanbaru. Asuhan kebidanan ini dilaksanakan dari bulan Oktober 2023 s/d Desember 2023. Pada masa kehamilan dilakukan 3 kali kunjungan dengan keluhan nyeri pinggang, diberikan asuhan kompres hangat dan massase pada pinggang dan keluhan ibu dapat diatasi. Persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN) dan berlangsung normal dengan laserasi derajat dua. Bayi lahir pukul 17.30 WIB tanggal 6 Desember 2023 jenis kelamin perempuan, dengan BB 3.000 gram dan PB 50 cm. Asuhan masa nifas dilakukan 4 kali didapatkan keluhan After Pain dan nyeri bekas jahitan dan diberikan pendidikan kesehatan berupa perawatan luka bekas jahitan. Masalah dapat diatasi dan ibu memilih KB suntik 3 bulan. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan, diberikan asuhan pijat bayi dan terjadi kenaikan BB sesuai dengan usianya sebanyak 400 gram pada usia 14 hari. Diharapkan bidan tetap meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.*

Daftar Bacaan : 75 referensi (2013-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

FINAL PROJECT REPORT, 2024

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**COMPREHENSIVE MIDWIFERY CARE FOR MRS.M IN RIA
FITRIA CLINIC IV PEKANBARU CITY
x, 111 pages + 7 tables + 10 attachments**

ABSTRACT

To reduce MMR in Indonesia, one form of care that can be carried out to suppress MMR is the Continuity of Midwifery Care (CoMC) method. This case study aims to provide care for pregnancy, childbirth, postpartum, and neonates with SOAP documentation for Mrs.W G3P2A0H2 at Ria Fitria Clinic IV Pekanbaru city. This midwifery care was carried out from November 2023 to December 2023. Three visits were made during pregnancy with complaints of low back pain; warm compresses and massage were given to the waist, and the mother's objections were resolved. The delivery was carried out according to the Normal Childbirth Care (APN) standard and took place generally with a second- degree laceration. The baby was born at 17.30 WIB on Desember 6, 2023, femal gender, with a weight of 3,000 grams and a PB of 50 cm. Postpartum care was carried out four times, and found that complaints that milk came out were still minor, and health education was given in the form of oxytocin massage. The problem can be solved, and the mother chooses 3-month injectable birth control. Neonatal care was carried out side by side with postpartum care, namely three visits, baby massage care was given, and there was an increase in body weight according to their age of 400 grams at 14 days. It is hoped that midwives will maintain and improve comprehensive and continuous midwifery care following midwifery service standards.

Keywords : *Comprehensive care pregnancy, childbirth, postpartum, neonates*

Reference : 75 references (2013-2023)