

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

PROGRAM STUDI D III KEBIDANAN

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. L DI PMB ERMA
SURIANTI PEKANBARU TAHUN 2023**

xi ±116 Halaman, 5 tabel, 8 Lampiran, 1 Gambar

ABSTRAK

Upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus salah satunya yaitu dengan metode asuhan kebidanan komprehensif atau *Continuity of Midwifery Care (CoMC)*. Laporan kasus ini bertujuan untuk memberikan asuhan yang berkesinambungan pada Ny.L dari masa kehamilan, persalinan, nifas dan neonatus di PMB Erma Surianti Kota Pekanbaru dari bulan November 2023-Januari 2024. Pada masa kehamilan dilakukan 3 kali kunjungan dengan keluhan nyeri perut bagian bawah, diberikan pendidikan kesehatan menganjurkan ibu untuk istirahat yang cukup dan melakukan olahraga ringan untuk mengurangi rasa nyeri, dan keluhan dapat diatasi. Asuhan persalinan di lakukan di RS Prima atas rujukan bidan dengan indikasi oligohidramnion, bayi lahir dengan induksi persalinan BB: 3300 gram, PB: 51 cm bayi lahir langsung menangis. Pada kunjungan nifas ditemukan masalah ASI belum lancar, dilakukan asuhan teknik menyusui, pijat oksitosin untuk membantu meningkatkan produksi ASI ibu sehingga ASI menjadi lancar dan keluhan dapat diatasi. Hasil konseling KB ibu memutuskan untuk menggunakan KB IUD, dan menggunakan akseptor KB IUD pada nifas hari ke 30. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan. Asuhan yang diberikan adalah perawatan tali pusat, perawatan bayi sehari-hari dan melakukan pijat bayi. Terjadi peningkatan berat badan bayi sebanyak 200 gram pada usia 8 hari, dari 3.300 gram menjadi 3.500 gram. Diharapkan tenaga kesehatan khususnya bidan dapat lebih optimal melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masakehamilan, persalinan, nifas, dan noenatus.

Kata kunci: *Asuhan kebidanan Komprehensif, hamil, bersalin, nifas dan noenatus*

Referensi: 62 Referensi (2012-2023)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA RIAU
HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

FINAL PROJECT REPORT, MAY 2024

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**COMPREHENSIVE MIDWIFERY CARES FOR NY. L AT PMB ERMA SURIANTI
PEKANBARU IN 2024**

116 Page, 5 Table, 8 Attachment, 1 Image

ABSTRACT

One of the efforts to prevent and handle complications in pregnancy, childbirth, postpartum and neonates is the comprehensive midwifery care method or Continuity of Midwifery Care (CoMC). This case report aims to provide continuous care to Mrs. L during pregnancy, childbirth, postpartum and neonate at PMB Erma Surianti, Pekanbaru City from November 2023-January 2024. During pregnancy, 3 visits were made with complaints of lower abdominal pain, health education is given to teach mothers to get enough rest and do light exercise to reduce pain, and complaints can be resolved. Delivery care was carried out at Prima Hospital based on a midwife's referral with indications of oligohydramnios, the baby was born with induced delivery, BB: 3300 grams, PB: 51 cm, the baby was born immediately crying. At the postpartum visit, it was found that the problem of breast milk was not yet flowing smoothly. Breastfeeding technique care was carried out, oxytocin massage to help increase the mother's breast milk production so that breast milk became smooth and complaints could be resolved. As a result of family planning counseling, the mother decided to use IUD contraception, and use an IUD contraceptive acceptor on the 30th day of postpartum. Neonatal care was carried out simultaneously with postpartum care, namely 3 visits. The care provided is umbilical cord care, daily baby care and baby massage. There was an increase in the baby's weight by 200 grams at 8 days of age, from 3,300 grams to 3,500 grams. It is hoped that health workers, especially midwives, can more optimally carry out midwifery care in a continuous and sustainable manner starting from pregnancy, childbirth, postpartum and newborn periods

Keywords: Pregnancy Comprehensive Care, Maternity, Postpartum, Neonate

Reference: 62 Reference (2012-2023)