

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2024  
ADELIA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PMB ROSITA  
PEKANBARU**

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**ABSTRAK**

Bidan berperan penting dalam memberikan pelayanan ibu dan anak salah satunya dengan metode *Continuity Of Midwifery Care* (CoMC). Studi kasus ini bertujuan untuk memantau kesejahteraan ibu dan janin dan deteksi dini dari masa hamil trimester III, bersalin, nifas, dan bayi baru lahir di PMB Rosita Kota Pekanbaru. Asuhan yang diberikan sesuai dengan manajemen kebidanan dan di dokumentasikan dengan SOAP. Asuhan mulai dilakukan dari tanggal 17 September 2023 – 16 Desember 2023, dengan jumlah kunjungan pada masa hamil 3 kali, 1 kali kunjungan pada masa mendampingi proses persalinan, 4 kali kunjungan pada masa nifas sampai hari ke 35, dan 3 kali kunjungan pada masa neonatus. Selama masa kehamilan keluhan yang di alami Ny. A nyeri pinggang. Asuhan yang diberikan sesuai kebutuhan dan masalah dapat diatasi. Asuhan persalinan sesuai dengan standar Asuhan Persalinan Normal (APN), proses persalinan berlangsung normal. Selama kala I persalinan di berikan asuhan *Birth Ball*, bayi lahir spontan pukul 22.30 dengan BB: 3300 gram PB: 49 cm, dengan laserasi derajat II. Pada kunjungan masa nifas asuhan yang diberikan yaitu perawatan luka perineum, teknik menyusui, pijat oksitosin dan ibu calon akseptor KB Suntik 3 bulan. Pada kunjungan neonatus dilakukan perawatan bayi sehari-hari, perawatan tali pusat, pijat bayi, pada bayi juga mengalami kenaikan BB yaitu 600 gram dari berat lahir dengan asuhan pijat bayi. Diharapkan kepada Bidan dapat meningkatkan asuhan kebidanan secara komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan, pada masa nifas dengan kunjungan nifas KF 1-KF 4, dan kunjungan neonatus KN 1-KN 3.

Kata Kunci : *Asuhan Kebidanan Komprehensif Birth Ball*

Daftar Bacaan : 54 Referensi (2013-2022)

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**COMPREHENSIVE MIDWIFERY CARE FOR NY. A AT PMB ROSITA  
PEKANBARU  
x+119 Pages+ 9 Tables + 11 Appendices**

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**ABSTRAC**

Midwives play an important role in providing services for mothers and children, one of which is the Continuity of Midwifery Care (CoMC) method. This case study aims to monitor the welfare of the mother and fetus and early detection of the third trimester of pregnancy, delivery, postpartum and newborn babies at PMB Rosita, Pekanbaru City. The care provided is in accordance with midwifery management and is documented with SOAP. Care will start from 17 September 2023 – 16 December 2023, with 3 visits during pregnancy, 1 visit during the delivery process, 4 visits during the postpartum period, and 3 visits during the neonatal period. During pregnancy, the complaints experienced by Mrs. A low back pain. Care is provided according to needs and problems can be resolved. Childbirth care is in accordance with Normal Childbirth Care (APN) standards, the birth process is normal. During the first stage of labor given Birth Ball care, the baby was born spontaneously at 22.30 with BB: 3300 grams PB: 49 cm, with grade II lacerations. During postpartum visits, the care provided is perineal wound care, breastfeeding techniques, oxytocin massage and mothers who are prospective recipients of 3-month birth control injections. During the neonate visit, daily baby care, umbilical cord care, baby massage was carried out. The baby also experienced an increase in weight of 600 grams from birth weight with baby massage care. It is hoped that midwives can improve midwifery care comprehensively and continuously in accordance with midwifery service standards, during the postpartum period with postpartum visits KF 1-KF 4, and neonatal visits KN 1-KN 3.

Keywords: *Birth Ball Comprehensive Midwifery Care*

Reading list : 54 References (2013-2022)