

ABSTRACT

Randi Irawan (2024). Mental Nursing Care for Patients with Self Care Deficit Problems in the UPTD Work Area of the pekan heran Health Center, Rengat District. Scientific Writing, DIII Study Program in Nursing Outside the Main Campus, Department of Nursing, Health Polytechnic of the Ministry of Health of Riau. Advisor (1) Ns. Alice Rosy, M.Kep (2) Ns. Deswita, N.Kep.

Self-care deficit is a negative condition that occurs in individuals, causing these individuals to be lazy to carry out self-care such as personal hygiene, dressing up, eating/drinking properly and defecating/bathing properly. The number of ODGJ sufferers at the Pekan Heran Health Center was 36 people, of which almost all of them were diagnosed with self-care deficits. The impact of this problem if left unchecked, the individual will experience many physical health problems such as impaired skin integrity, infections of the eyes, ears and mouth. Therefore, action is needed, one of which is the provision of nursing care, which is the aim of this case study research which was conducted on 30 april-10 May 2023. The results of this study were that subject I was only able to apply 3 SPs out of the 4 SPs that had been planned, while subject N able to apply to 4SP. Judging from these differences, it can be concluded that the role of the family is very important in providing support for the individual's healing process.

Keywords: Psychiatric Care, Self Care Deficit.

ABSTRAK

Randi Irawan (2024). Asuhan Keperawatan Jiwa Pada Pasien Dengan Masalah Defisit Perawatan Diri Diwilayah Kerja UPTD Puskesmas Pekan Heran, Kecamatan Rengat barat. Karya Tulis Ilmiah, Program Studi DIII Keperawatan Di Luar Kampus Utama, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (1) Ns. Alice Rosy, M.Kep (2) Ns. Deswita, M.Kep

Gangguan jiwa dengan defisit perawatan diri merupakan keadaan negatif yang terjadi pada individu sehingga menyebabkan individu tersebut malas melakukan perawatan diri seperti kebersihan diri, berdandan, makan/minum serta BAB/BAK yang baik dan benar. Jumlah ODGJ di Puskesmas Pekan Heran sebanyak 36 orang, dari jumlah tersebut hampir merata terdiagnosis defisit perawatan diri. Tujuan penelitian memberikan asuhan keperawatan jiwa pada pasien dengan defisit perawatan diri, dengan metode studi kasus yang dari tanggal 30 April-10 Mei 2024. Hasil penelitian ini adalah subjek I hanya mampu menerapkan 3SP dari 4SP yang sudah direncanakan, sedangkan subjek N mampu menerapkan ke 4SP. Dilihat dari perbedaan tersebut, kesimpulan bahwa kepribadian pada pasien dengan gangguan jiwa harus membutuhkan dukungan oleh keluarga dan orang terdekat subjek, dan memberikan perhatian lebih dalam merawat subjek sehingga mempercepat proses penyembuhan subjek. Saran bagi keluarga di harapkan dapat melanjutkan intervensi yang telah di berikan agar mempercepat kesembuhan pasien.

Kata Kunci : Asuhan Keperawatan jiwa, Defisit Perawatan Diri.