

ABSTRAK

Rindu Agnes Liandi (2025). Asuhan Keperawatan Jiwa Pada Pasien Dengan Gangguan Persepsi Sensori: Halusinasi Pendengaran di wilayah kerja UPTD Puskesmas Sipayung, Kecamatan Rengat. Karya Tulis Ilmiah, Program Studi DIII Keperawatan Di Luar Kampus Utama, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Alice Rosy, M.Kep, (II) Ns. Sety Julita, M.Kep.

Gangguan persepsi sensori: Halusinasi pendengaran merupakan salah satu gejala utama pada pasien skizofrenia yang berdampak terhadap fungsi sosial, emosional, dan spiritual. Dari 45 total pasien jiwa di Puskesmas Sipayung, 25 diantaranya terdiagnosis halusinasi pendengaran. Penelitian ini bertujuan untuk mendeskripsikan asuhan keperawatan jiwa menggunakan strategi pelaksanaan (SP) 1–4 pada dua pasien di wilayah kerja UPTD Puskesmas Sipayung. Desain yang digunakan adalah studi kasus deskriptif dengan pendekatan proses keperawatan yang dilakukan pada tanggal 14-18 April 2025. Hasil menunjukkan Subjek S, laki-laki usia 42 tahun mampu melaksanakan strategi SP 1 hingga SP 3 yaitu teknik menghardik, kepatuhan minum obat dan bercakap-cakap namun, belum dapat menjalankan SP 4 aktivitas terjadwal karena subjek sulit dijumpai. Sementara itu, Subjek Y, perempuan usia 49 tahun mampu melaksanakan seluruh tahapan SP 1–4 secara optimal dan menunjukkan peningkatan dalam aspek sosial, spiritual, serta kemampuan mengontrol halusinasi. Asuhan keperawatan jiwa berbasis strategi pelaksanaan terbukti efektif dalam menurunkan gejala halusinasi dan meningkatkan kemampuan adaptasi serta kualitas hidup pasien. Saran perlu adanya dukungan keluarga dalam keberhasilan terapi dan pelaksanaan SP.

Kata Kunci: Asuhan keperawatan jiwa, gangguan persepsi sensori, halusinasi pendengaran

ABSTRACT

Rindu Agnes Liandi (2025). Mental Health Nursing Care for Patients with Sensory Perception Disturbance: Auditory Hallucinations in the Working Area of UPTD Puskesmas Sipayung, Rengat Subdistrict. Scientific Paper, Diploma III Nursing Program Off-Campus, Department of Nursing, Poltekkes Kemenkes Riau. Supervisors: (I) Ns. Alice Rosy, M.Kep, (II) Ns. Sety Julita, M.Kep.

Sensory perception disorders: Auditory hallucinations are one of the main symptoms in schizophrenia patients that affect social, emotional, and spiritual functions. Of the 45 total mental patients at the Sipayung Health Center, 25 were diagnosed with auditory hallucinations. This study aims to describe mental health nursing care using implementation strategies (SP) 1–4 in two patients in the Sipayung Health Center UPTD work area. The design used was a descriptive case study with a nursing process approach carried out on April 14-18, 2025. The results showed that Subject S, a 42-year-old man was able to implement SP strategies 1 to SP 3, namely the technique of scolding, compliance with taking medication and talking, but was unable to carry out SP 4 scheduled activities because the subject was difficult to find. Meanwhile, Subject Y, a 49-year-old woman was able to carry out all stages of SP 1–4 optimally and showed improvements in social, spiritual aspects, and the ability to control hallucinations. Mental health nursing care based on implementation strategies has proven effective in reducing hallucination symptoms and increasing the patient's ability to adapt and quality of life. Suggestions need family support in the success of therapy and implementation of SP.

Keywords: Mental Health Nursing Care, Sensory Perception Disorders, Auditory Hallucinations