

ABSTRAK

Ghozi mubaroq (2025). *Penerapan Terapi Murottal Al-Qur'an Terhadap Penurunan Tanda Dan Gejala Pada Pasien Risiko Perilaku Kekerasan Di Rumah Sakit Jiwa Tampan*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Pekanbaru, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (1) Husnan, S.Kp., MKM (2) Ns. Melly, SST., M.Kes.

Latar Belakang : Perilaku kekerasan adalah salah satu respons marah yang diekspresikan dengan melakukan ancaman, menyakiti, merugikan, atau mencelakai orang lain, baik secara fisik, verbal, maupun psikologis. Salah satu upaya untuk mengurangi tanda dan gejala risiko perilaku kekerasan adalah melalui terapi murottal Al-Qur'an. **Tujuan Penelitian** : Mengetahui gambaran tentang Penerapan Terapi Murottal Al-Qur'an Terhadap Penurunan Tanda Dan Gejala Pada Pasien Risiko Perilaku Kekerasan. **Metode Penelitian** : Penelitian ini menggunakan metode deskriptif berupa pendekatan studi kasus dengan 2 subyek. Penelitian ini dilakukan selama 3 hari dengan durasi 15 menit disetiap harinya dengan menggunakan lembar observasi tanda dan gejala risiko perilaku kekerasan. **Hasil Penelitian** : Tanda dan gejala risiko perilaku kekerasan sebelum dilakukan terapi murottal Al-Qur'an pada subyek 1 (Tn.T) didapatkan dengan skor 12 dan pada subyek 2 (Tn.E) didapatkan skor 9. Lalu tanda dan gejala risiko perilaku kekerasan setelah dilakukan terapi murottal Al-Qur'an pada subyek 1 (Tn.T) didapatkan dengan skor 6 dan pada subyek 2 (Tn.E) didapatkan skor 4. **Kesimpulan** : hasil penelitian menunjukkan adanya penurunan skor tanda dan gejala risiko perilaku kekerasan setelah dilakukan terapi murottal Al-Qur'an. **Saran** : diharapkan pasien dan keluarga mampu mengenal tanda dan gejala risiko perilaku kekerasan dan mampu melakukan terapi murottal Al-Qur'an.

Kata kunci : Risiko Perilaku Kekerasan, Tanda Dan Gejala, Terapi Murottal Al-Qur'an.

ABSTRACT

Ghozi mubaroq (2025). Application of Al-Quran Murottal Therapy to Reduce Signs and Symptoms in Patients at Risk of Violent Behavior at Tampan Mental Hospital. Scientific Paper Case Study, DIII Nursing Study Program Pekanbaru, Nursing Department, Health Polytechnic, Ministry of Health, Riau. Supervisors (1) Husnan, S.Kp., MKM (2) Ns. Melly, SST., M.Kes.

Background: Violent behavior is one of the angry responses expressed by threatening, hurting, harming, or harming others, either physically, verbally, or psychologically. One effort to reduce the signs and symptoms of the risk of violent behavior is through Al-Quran murottal therapy. **Research Objectives:** To determine the description of the Application of Al-Quran Murottal Therapy to Reduce Signs and Symptoms in Patients at Risk of Violent Behavior. **Research Methods:** This study uses a descriptive method in the form of a case study approach with 2 subjects. This study was conducted for 3 days with a duration of 15 minutes each day using an observation sheet for signs and symptoms of the risk of violent behavior. **Research Results:** Signs and symptoms of the risk of violent behavior before the Al-Qur'an murottal therapy was carried out on subject 1 (Mr. T) with a score of 12 and on subject 2 (Mr. E) with a score of 9. Then the signs and symptoms of the risk of violent behavior after the Al-Qur'an murottal therapy was carried out on subject 1 (Mr. T) with a score of 6 and on subject 2 (Mr. E) with a score of 4. **Conclusion:** the results of the study showed a decrease in the score of signs and symptoms of the risk of violent behavior after the Al-Qur'an murottal therapy was carried out. **Suggestion:** it is hoped that patients and families are able to recognize the signs and symptoms of the risk of violent behavior and are able to carry out Al-Qur'an murottal therapy.

Keywords: Risk of Violent Behavior, Signs and Symptoms, Al-Qur'an Murottal Therapy.