

ABSTRAK

Farti (2025) Asuhan Keperawatan Pada Pasien Bronkitis Dengan Masalah Bersihan Jalan Napas Tidak Efektif Di Ruang Paru RSUD Indrasari Rengat, Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Diluar Kampus Utama Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Riau. Pembimbing (I) Ns. Alice Rosy, M.Kep (II) Ns.Sety Julita, M.Kep.

Bronkitis merupakan salah satu penyakit pada sistem pernapasan yang dapat menyerang banyak orang dan menimbulkan berbagai masalah kesehatan, salah satunya adalah bersihan jalan napas tidak efektif karena produksi sekret yang berlebih dan sekret menumpuk di bronkus sehingga subjek mengalami gangguan pada jalan napas yang di tandai dengan frekuensi napas yang berubah, pola napas berubah, dyspnea serta suara napas tambahan. Berdasarkan data tahun 2023 RSUD Indrasari rengat terdapat sebanyak 72 kasus yang mengalami bronkitis. Metode penelitian ini menggunakan metode studi kasus yang bertujuan untuk mendeskripsikan masalah keperawatan dengan bersihan jalan napas tidak efektif. Proses keperawatan dilakukan melalui tahap pengkajian, diagnosa, intervensi, implementasi, dan evaluasi. Data dikumpulkan melalui wawancara, observasi, pemeriksaan fisik, dan dokumentasi, tindakan yang sudah di lakukan pada kedua subjek, mengidentifikasi pola napas, bunyi napas, produksi sputum, memeberikan oksigen dan melatih batuk efektif yang di lakukan selama 4x24 jam di ruang rawat subjek. Hasil evaluasi di dapat kan subjek I teratasi sebagian di tandai dengan batuk efektif meningkat, produksi sputum menurun, masih mengeluh sesak (RR: 25x/menit), subjek II teratasi di buktikan dengan sesak menurun, frekuensi napas membaik (RR:20x/menit), ronki menurun, dan batuk efektif meningkat. Saran selanjutnya subjek tetap menjalani kan pengobatan sesuai resep dokter, istirahat yang cukup, hindari paparan asap rokok, debu dan polusi, yang dapat memperparah kondisi saluran napas.

Kata kunci: Asuhan Keperawatan, Bronkhitis, Bersihan jalan napas tidak efektif

ABSTRACT

Farti (2025) Nursing Care for Bronchitis Patients with Ineffective Airway Clearance Problems in the Pulmonary Ward of Indrasari Rengat Regional Hospital, Scientific Paper Case Study, DIII Nursing Study Program Outside the Main Campus of Nursing Department, Riau Ministry of Health Polytechnic Supervisors (1) Ns. Alice Rosy, M.Kep (II) Ns. Sety Julita, M.Kep.

Bronchitis is one of the diseases of the respiratory system that can affect many people and cause various health problems, one of which is ineffective airway clearance due to excessive secretion production and secretions accumulating in the bronchi so that the subject experiences airway disorders characterized by changes in breathing frequency, changes in breathing patterns, dyspnea and additional breath sounds Based on data from 2023, Indrasari Rengat Hospital, there were 72 cases of bronchitis. This research method uses a case study method which aims to describe nursing problems with ineffective airway clearance. The nursing process is carried out through the stages of assessment, diagnosis, intervention, implementation, and evaluation. Data was collected through interviews, observations, physical examinations, and documentation of actions that had been taken on both subjects, identifying breathing patterns, breath sounds, sputum production, providing oxygen and practicing effective coughing which was carried out for 4x24 hours in the subject's treatment room. The evaluation results obtained were that subject I was partially resolved as indicated by increased effective cough, decreased sputum production, still complaining of shortness of breath (RR: 25x/minute), subject II was resolved as evidenced by decreased shortness of breath, improved respiratory rate (RR 20x minute), decreased rhonchi, and increased effective cough. Further suggestions are for the subject to continue undergoing treatment according to the doctor's prescription, get enough rest, avoid exposure to cigarette smoke, dust and pollution, which can worsen the condition of the respiratory tract.

Keywords: Nursing Care, Bronchitis, Ineffective airway clearance