

LAMPIRAN

Lampiran 1 Kuesioner Daya Terima Makanan

KUESIONER PENELITIAN

GAMBARAN DAYA TERIMA MAKANAN LUNAK PASIEN RAWAT INAP PENYAKIT JANTUNG DI RSUD BENGKALIS

Tanggal Wawancara / / 2025

Nomoe Kuesioner ()

Informed Consent

Saya yang bertanda tangan di bawah ini :

Nama :

Alamat :

Sudah mendengarkan penjelasan dari penelitian ini dan menyatakan bahwa saya bersedia dengan sukarela dan tanpa paksaan menjadi responden penelitian :

Nama : Selviana

Institusi : Poltekkes Kemenkes Riau

Dengan judul “Gambaran Daya Terima Makanan Lunak Pasien Rawat Inap Penyakit Jantung Di RSUD Bengkalis” oleh mahasiswa DIII Gizi Poltekkes Kemenkes Riau

Bengkalis, 2024

Peneliti

Reponden

(Selviana)

$$(\quad)$$

C. Sisa Makanan

Lampiran 2 Formulir Sisa Makanan

Formulir Food Weighing

Nama responden :

Hari/Tanggal :

Usia :

Jenis Kelamin :

Diet :

Waktu Makan	Nama Hidangan	Jenis Bahan Makanan	Berat Awal (gram)	Berat Akhir (gram)	Sisa (gram)

(Pebriani, 2024)

Lampiran 3 Master Data Penilaian Cita Rasa

[illegible]

34	61	Laki-Laki	MIL DI	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
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Lampiran 4 Master Data Sisa Makanan

No Responden	Usia	Jenis Kelamin	Jenis Diet	MAKAN PAGI												MAKAN SIANG												MAKAN MALAM												HASIL SISA MAKANAN			
				MP	MPS	SISA	PH	PHS	SISA	PN	PNS	SISA	S	SS	SISA	MP	MPS	SISA	PH	PHS	SISA	PN	PNS	SISA	S	SS	SISA	MP	MPS	SISA	PH	PHS	SISA	PN	PNS	SISA	S	SS	SISA	MP	PH	PN	S
1	75	Laki-Laki	ML DJ	150	100	66,7	50	45	90	40	30	75	40	20	50	200	125	62,5	55	0	0	50	0	0	75	44	58,7	200	100	50	53	39	73,6	50	30	60	75	50	66,7	59,7	54,5	45,0	58,4
2	52	Laki-Laki	ML DJ	150	0	0	50	0	0	42	0	0	40	0	0	200	20	10	59	0	0	51	0	0	75	0	0	200	0	0	50	0	0	50	0	0	75	0	0	3,3	0,0	0,0	0,0
3	64	Laki-Laki	ML DJ	150	0	0	50	10	20	45	10	22,2	40	10	25	200	50	25	59	0	0	50	0	0	75	0	0	200	30	15	53	0	0	50	15	30	75	20	26,7	13,3	6,7	17,4	17,2
4	60	Perempuan	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	35	17,5	60	20	33,3	50	0	0	75	0	0	200	0	0	50	0	0	50	0	0	75	0	0	5,8	11,1	0,0	0,0
5	43	Laki-Laki	ML DJ	150	107	71,3	50	30	60	40	30	75	40	10	25	200	200	100	57	57	100	50	50	100	75	75	100	200	75	37,5	39	20	51,3	50	10	20	75	45	60	69,6	70,4	65,0	61,7
6	69	Perempuan	ML DJ RG	150	0	0	50	0	0	42	0	0	40	0	0	200	20	10	54	0	0	50	0	0	75	9	12	200	7	3,5	45	0	0	50	0	0	75	0	0	4,5	0,0	0,0	4,0
7	63	Laki-Laki	ML DJ	150	10	6,67	50	0	0	40	0	0	40	0	0	200	90	45	53	0	0	50	0	0	75	0	0	200	25	12,5	47	0	0	50	0	0	75	0	0	21,4	0,0	0,0	0,0
8	58	Perempuan	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	0	0	57	25	43,9	50	13	26	75	20	26,7	200	0	0	44	0	0	50	0	0	75	0	0	0,0	14,6	8,7	8,9
9	55	Laki-Laki	ML DJ	150	80	53,3	50	36	72	49	36	73,5	40	16	40	200	144	72	55	32	58,2	53	12	22,6	75	30	40	200	100	50	53	30	56,6	50	20	40	75	30	40	58,4	62,3	45,4	40,0
10	71	Laki-Laki	ML DJ	150	0	0	50	0	0	46	0	0	40	0	0	200	0	0	55	0	0	49	0	0	75	10	13,3	200	0	0	48	0	0	50	0	0	75	0	0	0,0	0,0	0,0	4,4
11	68	Laki-Laki	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	171	85,5	54	13	24,1	50	30	60	75	43	57,3	200	75	37,5	52	40	76,9	50	10	20	75	25	33,3	41,0	33,7	26,7	30,2
12	67	Perempuan	ML DJ	150	100	66,7	50	19	38	51	19	37,3	40	19	47,5	200	100	50	52	55	106	51	17	33,3	75	33	44	200	76	38	45	20	44,4	50	12	24	75	0	0	51,6	62,7	31,5	30,5
13	40	Laki-Laki	ML DJ	150	20	13,3	50	0	0	40	0	0	40	0	0	200	0	0	55	0	0	50	0	0	75	0	0	200	0	0	57	0	0	50	0	0	75	0	0	4,4	0,0	0,0	0,0
14	42	Laki-Laki	ML DJ	150	0	0	50	0	0	42	0	0	40	0	0	200	0	0	55	0	0	53	0	0	75	0	0	200	0	0	53	0	0	50	0	0	75	25	33,3	0,0	0,0	0,0	11,1
15	77	Laki-Laki	ML DJ RG	150	35	23,3	50	15	30	40	15	37,5	40	15	37,5	200	20	11	48	10	20,8	57	18	31,6	75	17	22,7	200	18	9	51	20	39,2	53	17	32,1	75	0	0	14,4	30,0	33,7	20,1
16	75	Perempuan	ML DJ	150	30	20	50	12	24	40	12	30	40	12	30	200	40	20	47	10	21,3	49	0	0	75	0	0	200	20	10	45	0	0	49	30	61,2	75	10	13,3	16,7	15,1	30,4	14,4
17	63	Perempuan	ML DJ	150	60	40	50	10	20	40	10	25	40	10	25	200	35	17,5	53	0	0	55	0	0	75	0	0	200	12	6	41	2	4,88	50	17	34	75	17	22,7	21,2	8,3	19,7	15,9
18	29	Laki-Laki	ML DJ	150	0	0	50	0	0	43	0	0	40	0	0	200	0	0	55	0	0	50	13	26	75	0	0	200	0	0	53	0	0	51	0	0	75	0	0	0,0	0,0	8,7	0,0
19	53	Laki-Laki	ML DJ	150	117	78	50	30	60	40	30	75	40	17	42,5	200	150	75	43	20	46,5	56	45	80,4	75	30	40	200	90	45	60	30	50	50	25	50	75	30	40	66,0	52,2	68,5	40,8
20	45	Perempuan	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	20	10	49	5	10,2	50	12	24	75	0	0	200	0	0	53	17	32,1	53	20	37,7	75	16	21,3	3,3	14,1	20,6	7,1
21	64	Laki-Laki	ML DJ	150	0	0	50	0	0	47	0	0	40	0	0	200	15	7,5	58	0	0	50	0	0	75	0	0	200	0	0	59	12	20,3	57	11	19,3	75	14	18,7	2,5	6,8	6,4	6,2
22	66	Laki-Laki	ML DJ RG	150	0	0	50	0	0	40	0	0	40	0	0	200	0	0	48	20	41,7	59	17	28,8	75	15	20	200	0	0	43	0	0	49	10	20,4	75	20	26,7	0,0	13,9	16,4	15,6
23	43	Laki-Laki	ML DJ	150	0	0	50	0	0	43	0	0	40	0	0	200	0	0	45	0	0	50	0	0	75	0	0	200	0	0	45	0	0	55	5	9,09	75	7	9,33	0,0	0,0	3,0	3,1
24	50	Perempuan	ML DJ	150	96	64	50	3	6	40	4	10	40	27	67,5	200	117	58,5	41	40	97,6	50	30	60	75	9	12	200	110	55	53	20	37,7	50	18	36	75	20	26,7	59,2	47,1	35,3	35,4
25	63	Laki-Laki	ML DJ	150	20	13,3	50	2	4	40	12	30	40	0	0	200	16	8	55	0	0	57	18	31,6	75	0	0	200	0	0	53	0	0	56	0	0	75	0	0	7,1	1,3	20,5	0,0
26	71	Perempuan	ML DJ	150	30	20	50	11	22	43	0	0	40	0	0	200	17	8,5	57	0	0	50	17	34	75	0	0	200	0	0	49	0	0	50	0	0	75	0	0	9,5	7,3	11,3	0,0
27	62	Laki-Laki	ML DJ	150	40	26,7	50	12	24	40	9	22,5	40	14	35	200	23	11,5	47	0	0	50	12	24	75	20	26,7	200	112	56	57	15	26,3	50	16	32	75	20	26,7	31,4	16,8	26,2	29,4
28	40	Perempuan	ML DJ	150	45	30	50	23	46	40	20	50	40	0	0	200	30	15	60	5	8,33	58	0	0	75	12	16	200	89	44,5	55	20	36,4	59	19	32,2	75	31	41,3	29,8	30,2	27,4	19,1
29	57	Laki-Laki	ML DJ RG	150	17	11,3	50	11	22	47	11	23,4	40	25	62,5	200	20	10	61	17	27,9	50	20	40	75	11	14,7	200	50	25	45	2	4,44	50	6	12	75	23	30,7	15,4	18,1	25,1	35,9
30	72	Perempuan	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	0	0	64	0	0	51	0	0	75	0	0	200	0	0	53	0	0	50	10	20	75	0	0	0,0	0,0	6,7	0,0
31	73	Laki-Laki	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	0	0	55	0	0	50	0	0	75	0	0	200	0	0	41	0	0	57	0	0	75	0	0	0,0	0,0	0,0	0,0
32	72	Perempuan	ML DJ	150	100	66,7	50	17	34	42	4	9,52	40	20	50	200	0	0	50	7	14	55	8	14,5	75	12	16	200	13	6,5	50	0	0	50	0	0	75	12	16	24,4	16,0	8,0	27,3
33	61	Laki-Laki	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	89	44,5	55	25	45,5	54	12	22,2	75	10	13,3	200	100	50	53	4	7,55	50	21	42	75	15	20	31,5	17,7	21,4	11,1

34	61	Laki-Laki	ML DJ	150	50	33,3	50	9	18	40	3	7,5	40	0	0	200	98	49	51	5	9,8	52	15	28,8	75	20	26,7	200	50	25	63	6	9,52	58	9	15,5	75	2	2,67		35,8	12,4	17,3	9,8
35	43	Laki-Laki	ML DJ	150	31	20,7	50	4	8	40	12	30	40	13	32,5	200	67	33,5	45	12	26,7	51	12	23,5	75	30	40	200	60	30	53	12	22,6	50	7	14	75	26	34,7		28,1	19,1	22,5	35,7
36	57	Laki-Laki	ML DJ	150	60	40	50	13	26	40	4	10	40	9	22,5	200	45	22,5	55	11	20	54	9	16,7	75	0	0	200	118	59	60	7	11,7	51	14	27,5	75	14	18,7		40,5	19,2	18,0	13,7
37	50	Perempuan	ML DJ	150	52	34,7	50	12	24	40	8	20	40	9	22,5	200	60	30	45	9	20	50	8	16	75	12	16	200	70	35	53	8	15,1	50	12	24	75	20	26,7		33,2	19,7	20,0	21,7
38	57	Laki-Laki	ML DJ RG	150	70	46,7	50	17	34	48	10	20,8	40	7	17,5	200	60	30	52	10	19,2	50	6	12	75	22	29,3	200	89	44,5	55	9	16,4	50	8	16	75	19	25,3		40,4	23,2	16,3	24,1
39	63	Laki-Laki	ML DJ RG DL	150	0	0	50	9	18	40	8	20	40	0	0	200	20	10	60	3	5	50	6	12	75	0	0	200	21	10,5	53	0	0	50	0	0	75	10	13,3		6,8	7,7	10,7	4,4
40	60	Laki-Laki	ML DJ	150	30	20	50	12	24	42	9	21,4	40	19	47,5	200	59	29,5	55	10	18,2	53	6	11,3	75	2	2,67	200	29	14,5	53	12	22,6	50	7	14	75	18	24		21,3	21,6	15,6	24,7
41	45	Laki-Laki	ML DJ DM	150	50	33,3	50	0	0	40	5	12,5	40	0	0	200	100	50	55	45	81,8	52	30	57,7	75	25	33,3	200	100	50	56	12	21,4	50	13	26	75	0	0		44,4	34,4	32,1	11,1
42	42	Laki-Laki	ML DJ RG	150	20	13,3	50	0	0	40	8	20	40	12	30	200	0	0	41	0	0	50	0	0	75	0	0	200	20	10	53	5	9,43	50	0	0	75	15	20		7,8	3,1	6,7	16,7
43	61	Laki-Laki	ML DJ	150	30	20	50	20	40	40	12	30	40	24	60	200	75	37,5	55	10	18,2	54	40	74,1	75	0	0	200	0	0	50	8	16	54	0	0	75	12	16		19,2	24,7	34,7	25,3
44	41	Perempuan	ML DJ	150	0	0	50	57	114	43	18	41,9	40	13	32,5	200	76	38	57	0	0	51	20	39,2	75	25	33,3	200	35	17,5	50	0	0	50	13	26	75	10	13,3		18,5	38,0	35,7	26,4
45	53	Perempuan	ML DJ	150	10	6,67	50	0	0	40	23	57,5	40	7	17,5	200	0	0	47	30	63,8	50	0	0	75	0	0	200	30	15	59	0	0	53	12	22,6	75	0	0		7,2	21,3	26,7	5,8
46	57	Laki-Laki	ML DJ	150	100	66,7	50	0	0	40	16	40	40	0	0	200	0	0	60	0	0	51	0	0	75	10	13,3	200	60	30	43	0	0	54	0	0	75	17	22,7		32,2	0,0	13,3	12,0
47	62	Perempuan	ML DJ	150	0	0	50	25	50	46	17	37	40	16	40	200	18	9	61	0	0	51	20	39,2	75	17	22,7	200	0	0	45	0	0	51	30	58,8	75	0	0		3,0	16,7	45,0	20,9
48	56	Perempuan	ML DJ	150	0	0	50	32	64	41	25	61	40	6	15	200	20	10	64	0	0	53	0	0	75	0	0	200	117	58,5	53	40	75,5	50	17	34	75	23	30,7		22,8	46,5	31,7	15,2
49	49	Laki-Laki	ML DJ	150	0	0	50	0	0	42	0	0	40	17	42,5	200	12	6	55	36	65,5	52	2	3,85	75	30	40	200	0	0	53	0	0	50	0	0	75	0	0		2,0	21,8	1,3	27,5
50	65	Laki-Laki	ML DJ	150	107	71,3	50	13	26	40	0	0	40	50	125	200	0	0	50	0	0	54	0	0	75	16	21,3	200	0	0	49	12	24,5	51	0	0	75	0	0		23,8	16,8	0,0	48,8
51	65	Perempuan	ML DJ DM	150	0	0	50	55	110	40	20	50	40	0	0	200	90	45	55	0	0	50	30	60	75	14	18,7	200	0	0	57	15	26,3	50	18	36	75	27	36		15,0	45,4	48,7	18,2
52	40	Laki-Laki	ML DJ	150	10	6,67	50	0	0	40	0	0	40	20	50	200	0	0	51	19	37,3	53	17	32,1	75	20	26,7	200	0	0	55	13	23,6	52	10	19,2	75	34	45,3		2,2	20,3	17,1	40,7
53	75	Laki-Laki	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	0	0	45	0	0	52	12	23,1	75	7	9,33	200	96	48	45	25	55,6	51	0	0	75	9	12		16,0	18,5	7,7	7,1
54	57	Laki-Laki	ML DJ	150	80	53,3	50	10	20	40	13	32,5	40	45	113	200	0	0	54	0	0	54	0	0	75	20	26,7	200	20	10	53	11	20,8	54	30	55,6	75	12	16		21,1	13,6	29,4	51,7
55	63	Laki-Laki	ML DJ	150	0	0	50	10	20	40	9	22,5	40	0	0	200	0	0	53	15	28,3	51	0	0	75	0	0	200	30	15	53	12	22,6	50	0	0	75	6	8		5,0	23,6	7,5	2,7
56	50	Perempuan	ML DJ	150	0	0	50	0	0	40	9	22,5	40	0	0	200	110	55	57	12	21,1	52	20	38,5	75	0	0	200	40	20	59	7	11,9	50	0	0	75	0	0		25,0	11,0	20,3	0,0
57	45	Laki-Laki	ML DJ	150	100	66,7	50	0	0	40	7	17,5	40	0	0	200	0	0	55	10	18,2	50	0	0	75	20	26,7	200	45	22,5	60	16	26,7	50	0	0	75	12	16		29,7	14,9	5,8	14,2
58	70	Laki-Laki	ML DJ RG	150	20	13,3	50	0	0	44	0	0	40	30	75	200	0	0	55	0	0	50	0	0	75	31	41,3	200	17	8,5	58	7	12,1	53	36	67,9	75	16	21,3		7,3	4,0	22,6	45,9
59	68	Laki-Laki	ML DJ	150	0	0	50	12	24	43	19	44,2	40	0	0	200	112	56	59	0	0	52	15	28,8	75	23	30,7	200	6	3	59	0	0	52	0	0	75	33	44		19,7	8,0	24,3	24,9
60	57	Laki-Laki	ML DJ	150	96	64	50	9	18	40	0	0	40	25	62,5	200	89	44,5	59	0	0	51	20	39,2	75	0	0	200	52	26	53	0	0	50	0	0	75	0	0		44,8	6,0	13,1	20,8
61	44	Perempuan	ML DJ	150	20	13,3	50	7	14	46	12	26,1	40	0	0	200	50		60	3		50	2	4	75	20	26,7	200	15	7,5	53	5	9,43	54	19	35,2	75	0	0		6,9	7,8	21,8	8,9
62	67	Perempuan	ML DJ	150	100	66,7	50	19	38	40	19	47,5	40	0	0	200	0	0	57	2	3,51	50	0	0	75	33	44	200	76	38	45	20	44,4	51	12	23,5	75	34	45,3		34,9	28,7	23,7	29,8
63	40	Laki-Laki	ML DJ	150	20	13,3	50	0	0	41	0	0	40	25	62,5	200	0	0	55	11	20	50	0	0	75	0	0	200	0	0	57	0	0	50	0	0	75	0	0		4,4	6,7	0,0	20,8
64	42	Laki-Laki	ML DJ	150	0	0	50	0	0	40	0	0	40	0	0	200	13	6,5	55	12	21,8	53	0	0	75	0	0	200	0	0	53	0	0	50	15	30	75	25	33,3		2,2	7,3	10,0	11,1
65	77	Laki-Laki	ML DJ	150	35	23,3	50	15	30	39	15	38,5	40	10	25	200	100	11	48	10	20,8	52	18	34,6	75	17	22,7	200	18	9	51	20	39,2	50	17	34	75	0	0		14,4	30,0	35,7	15,9
66	75	Perempuan	ML DJ	150	30	20	50	12	24	40	12	30	40	12	30	200	40	20	47	10	21,3	54	0	0	75	0	0	200	20	10	45	0	0	50	30	60	75	10	13,3		16,7	15,1	30,0	14,4

Lampiran 5 Kaji Etik



Kemenkes
Poltekkes Riau

Kementerian Kesehatan
Direktorat Jenderal
Sumber Daya Manusia Kesehatan
Politeknik Kesehatan Riau
Jalan Melur No.103,
Harjosari, Sukajadi, Pekanbaru, Riau
(0761) 36581
<https://pkr.ac.id>

Komisi Etik Penelitian Penelitian Kesehatan

KETERANGAN LOLOS KAJI ETIK
ETHICAL APPROVAL

No : LB.02.03/EA/KEPK-PKR/05/2025

Komisi Etik Penelitian Kesehatan (KEPK) Poltekkes Kemenkes Riau, setelah membaca dan menelaah dengan teliti, menyatakan bahwa
The Health Research Ethics Committee (KEPK) of Poltekkes Kemenkes Riau, has carefully readed and reviewed, States that

Judul Penelitian	: Gambaran Daya Terima Makanan Lunak Pasien Rawat Inap
<i>Title of Reseach Protocol</i>	: Penyakit Jantung di RSUD Bengkalis
Peneliti Utama	: Selviana
<i>Principle Investigator</i>	
Anggota Peneliti	: -
<i>Participating Investigator (s)</i>	
Pembimbing	: Irma Susan Paramita, S.Gz, M.Kes
<i>Supervisor</i>	
Institusi Peneliti	: Poltekkes Kemenkes Riau
<i>Institution(s) of Investigator</i>	
Tanggal Persetujuan	: 24 Januari 2025
<i>Date of Approval</i>	: (valid for one year beginning from the date of approval)

Telah memenuhi prinsip-prinsip yang dinyatakan dalam Deklarasi Helsinki tahun 2008 dan dapat dilaksanakan dengan memperhatikan prinsip-prinsip tersebut.
Has fulfilled the ethical principle outline in the Declaration of Helsinki 2008 and therefor can be carried out.

Komisi Etik Penelitian Kesehatan berhak untuk memantau kegiatan penelitian tersebut.
The Health Research Ethics Committee (KEPK) has the right to monitor the research activities.

Pekanbaru, January 24th 2025
 Ketua KEPK Poltekkes Kemenkes Riau
Principal of KEPK Poltekkes Kemenkes Riau

KEMENTERIAN KESEHATAN
KOMISI ETIK
PENELITIAN KESEHATAN
POLTEKES KEMENKES RIAU

Alkausyari Aziz, SKM, M.Kes
 NIP. 197107252000031001

Lampiran 6 Surat Izin Dari RSUD Bengkalis


PEMERINTAH KABUPATEN BENGKALIS
RUMAH SAKIT UMUM DAERAH BENGKALIS
 Jalan Kelapapati Tengah No. 90 Bengkalis, Riau 28751
 Call Center : +62821 7092 3100 Unit Pengaduan : +62822 7828 9970
 Laman : rsud.bengkalis@gmail.com Website : rsudbengkalis.bengkalis.kab.go.id


Bengkalis, 20 Maret 2025

Nomor : 800.1.2/RSUD-DIKLAT/III/2025/46
 Sifat : Biasa
 Lampiran : -
 Hal : Surat Balasan Izin Penelitian

Yth. Wakil Direktur I Poltekkes Kemenkes Riau
di
Pekanbaru

Berdasarkan surat dari Kementerian Kesehatan Poltekkes Riau Nomor : KH.03.01/F.LII.1/647/2024 tanggal 30 Desember 2024 hal Izin Penelitian, dengan ini disampaikan bahwa mahasiswa di bawah ini :

Nama : Selviana
 NIM : P032213411033
 Prodi : D-III Gizi

Telah diberikan izin untuk melaksanakan Penelitian dalam rangka Penyusunan Karya Tulis Ilmiah di Rumah Sakit Umum Daerah Bengkalis dengan judul **“Gambaran Daya Terima Makanan Lunak Pasien Rawat Inap Penyakit Jantung di RSUD Bengkalis”**

Demikian disampaikan untuk dapat di maklumi, atas perhatiannya diucapkan terima kasih.

a.n. DIREKTUR RUMAH SAKIT UMUM
 DAERAH BENGKALIS
 Wadir Administrasi dan Keuangan

FREDDY ANTONI, SE
 Pembina (IV/a)
 NIP. 19830319 200903 1 001

Lampiran 7 Dokumentasi Penelitian



Menimbang Makanan



Penyajian Makanan



Pengisian Kuesioner



Penimbangan Sisa Makanan



Sisa Makanan

Lampiran 8 Formulir Bimbingan

**FORMULIR KONSULTASI BIMBINGAN TUGAS AKHIR
MAHASISWA JURUSAN GIZI
TA 2024./2025**

Nama Mahasiswa : SELVIANA
NIM : D03203411033
Pembimbing : IRMA SUSAN PARAMITA, S.E., M.Kes

NO	TANGGAL KONSULTASI	MATERI KONSULTASI	PARAF DOSEN
1	6 / 11 / 2024	Bimbingan Judul tugas akhir	
2	10 / 11 / 2024	Bimbingan Judul tugas akhir	
3	15 / 11 / 2024	Bimbingan BAB I	
4	25 / 11 / 2024	Bimbingan BAB I, II, III	
5	26 / 11 / 2024	Bimbingan Revisi BAB I, II, III	
6	1 / 12 / 2024	Bimbingan Revisi BAB I, II, III	
7	3 / 12 / 2024	Bimbingan Revisi BAB I, II, III	
8	7 / 12 / 2024	Bimbingan ACL Sempurna	
9	26 / 12 / 2024	Bimbingan Revisi Sempurna	
10	4 / 1 / 2025	Bimbingan Revisi Sempurna	

**FORMULIR KONSULTASI BIMBINGAN TUGAS AKHIR
MAHASISWA JURUSAN GIZI**

TA 2024./2025

Nama Mahasiswa : SELVIANA
NIM : D032213411033
Pembimbing : IRMA SUSAN PARAMITA, S.G., M.Kes

NO	TANGGAL KONSULTASI	MATERI KONSULTASI	PARAF DOSEN
1	19/05/2025	Bimbingan BAB 4-5	<i>[Signature]</i>
2	20/05/2025	Bimbingan BAB 4-5	<i>[Signature]</i>
3	23/05/2025	Bimbingan BAB 4-5	<i>[Signature]</i>
4	26/05/2025	Bimbingan ACC semhas	<i>[Signature]</i>
5	11/06/2025	Bimbingan ACC revisi semhas	<i>[Signature]</i>
6			
7			
8			
9			
10			