

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
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JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
PIJA SARTIKA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N
DI PMB ROSITA KOTA PEKANBARU TAHUN 2025**

x + 132 halaman , 9 tabel , 10 lampiran

ABSTRAK

Salah satu upaya yang dilakukan untuk meningkatkan kesehatan ibu dan anak yaitu dengan menerapkan model asuhan kebidanan yang komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC). Asuhan ini dilakukan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan secara berkesinambungan pada Ny. N usia 19 tahun diberikan di PMB Rosita Kota Pekanbaru dimulai dari bulan Oktober - Desember 2024. Pada masa kehamilan Ny. N G1P0A0H0 dilakukan 3 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Pada trimester III usia kehamilan 34-35 minggu Ny. N mengalami anemia ringan diberikan asuhan dan pendidikan kesehatan sehingga dapat diatasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN). Diberikan asuhan *birth ball*, teknik relaksasi dan *massage* punggung untuk mempercepat persalinan dan mengurangi rasa nyeri. Bayi lahir spontan BB : 3500 gram PB: 49 cm, plasenta lahir lengkap, kontraksi baik, pengeluaran darah $\pm$ 250 cc, dengan laserasi jalan lahir derajat 2. Asuhan nifas selama 42 hari berjalan normal, diberikan asuhan perawatan luka perineum, pijat oksitosin, perawatan payudara, skrining EPDS, pola nutrisi selama nifas dan konseling KB. ASI lancar dan ibu menjadi akseptor KB suntik 3 bulan. Pada masa neonatus dilakukan perawatan bayi, pijat bayi, edukasi ASI eksklusif dan menyusui *on-demand*. Bayi menyusu kuat dan berat badan meningkat 500 gram. Diharapkan tenaga kesehatan khususnya bidan dapat mempertahankan dan meningkatkan asuhan kebidanan sesuai standar kebidanan secara komprehensif dan berkesinambungan mulai dari asuhan ibu hamil, bersalin, nifas dan neonatus.

Kata Kunci : Asuhan kebidanan komprehensif, kehamilan, persalinan, nifas, neonatus.

Referensi : 70 Referensi (2015-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
DIPLOMA III MIDWIFERY**

**STUDY PROGRAM FINAL REPORT, JUNE 2025
PIJA SARTIKA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. N
AT ROSITA MIDWIFERY CLINIC PEKANBARU CITY, 2025**

x + 132 pages, 9 tables, 10 appendices

ABSTRACT

One of the efforts to improve maternal and child health is by implementing a comprehensive and continuous midwifery care model, known as Continuity of Midwifery Care (CoMC). This approach aims to detect and prevent complications during pregnancy, childbirth, postpartum, and the neonatal period. Comprehensive care was provided to Mrs. N, 19 years old (G1P0A0H0), at PMB Rosita in Pekanbaru City from October to December 2024. She received three antenatal visits, four postpartum visits, and three neonatal visits. At 34–35 weeks of gestation, Mrs. N experienced mild anemia which was managed through appropriate care and health education. Labor was conducted according to Normal Childbirth Care (APN) standards, with birth ball use, relaxation techniques, and back massage provided to accelerate labor and reduce pain. The baby was born spontaneously with a birth weight of 3,500 grams and a length of 49 cm; the placenta was delivered completely, uterine contractions were good, bleeding was ± 250 cc, and a second-degree perineal tear occurred. The postpartum period proceeded normally with perineal wound care, oxytocin massage, breast care, EPDS screening, nutritional education, and family planning counseling. Breastfeeding was established successfully, and the mother chose the 3-month injectable contraceptive. Neonatal care included baby care, infant massage, exclusive breastfeeding education, and on-demand feeding; the baby breastfed well and gained 500 grams. Healthcare providers, particularly midwives, are expected to maintain and enhance the provision of midwifery care in accordance with established standards, delivered comprehensively and continuously, encompassing care during pregnancy, childbirth, the postpartum period, and for the newborn.

Keywords: Comprehensive midwifery care, pregnancy, childbirth, postpartum, neonate.

References: 70 references (2015–2024)