

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
DIANI LESTARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. N DI PMB SITI
JULAEHA KOTA PEKANBARU**

xi + 155 Halaman + 5 Tabel + 15 Lampiran

ABSTRAK

Transformasi kesehatan dengan layanan primer sebagai pilar pertama berfokus dalam upaya promotif dan preventif, salah satu aspek utamanya adalah pencegahan sekunder yang bertujuan untuk meningkatkan kesehatan ibu dan bayi. Bentuk program dari implementasi transformasi kesehatan layanan primer ini adalah asuhan kebidanan yang komprehensif dan berkelanjutan atau yang disebut dengan *Continuity of Midwifery Care (CoMC)* sebagai upaya pencegahan dan komplikasi sehingga menciptakan proses kehamilan persalinan nifas serta asuhan bayi baru lahir yang sehat. Asuhan secara menyeluruh dan berkesinambungan pada Ny. N G4P1A2H1 diberikan di PMB Siti Julaeha Kota Pekanbaru dari bulan November 2024 - Januari 2025. Pada masa kehamilan dilakukan 4 kali kunjungan, persalinan 1 kali, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Asuhan kehamilan pada Ny. N berupa asuhan senam hamil dari asuhan yang diberikan berdampak positif dimana ibu merasa lebih siap secara mental dan fisik dalam menghadapi persalinan. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB: 3700 gram PB: 51 cm, pengeluaran darah ± 200 cc, kontraksi baik, plasenta lahir lengkap, ada laserasi jalan lahir derajat 1. Masa nifas P2A2H2 normal, dilakukan asuhan perawatan payudara, teknik menyusui, dan perencanaan keluarga, sehingga ASI lancar dan ibu berencana menggunakan metode KB suntik progestin 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan on-demand, bayi menyusu kuat, serta terjadi peningkatan berat badan bayi pada hari ke-17 sebanyak 300 gram dan pada hari ke-38 sebanyak 700 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata kunci : *Asuhan Kebidanan Komprehensif, Neonatus, on-demand*
Referensi : 61 referensi (2013 - 2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
DIII MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
DIANI LESTARI**

**COMPREHENSIVE MIDWIFERY CARE IN NY. M AT KLINIK PRATAMA
AFIYAH PEKANBARU CITY**

xi + 155 Pages + 5 Tables + 15 Attachments

ABSTRAK

Health transformation with primary care as the first pillar focuses on promotive and preventive efforts. One of its key aspects is secondary prevention aimed at improving maternal and infant health. A program form of this primary care health transformation implementation is comprehensive and continuous midwifery care, known as Continuity of Midwifery Care (CoMC), as an effort to prevent complications and ensure a healthy pregnancy, childbirth, postpartum period, and newborn care. Comprehensive and continuous care for Mrs. N, G4P1A2H1, was provided at PMB Siti Julaeha in Pekanbaru City from November 2024 to January 2025. During the pregnancy, there were 4 antenatal visits, 1 childbirth, 4 postpartum visits, and 3 neonatal visits. The pregnancy care included antenatal exercise support, which had a positive impact as the mother felt more mentally and physically prepared for labor. Labor care followed the Normal Childbirth Care (APN) protocol: the baby was delivered spontaneously with a birth weight of 3700 grams and a length of 51 cm. Blood loss was approximately 200 cc, contractions were good, the placenta was delivered completely, and there was a first-degree perineal laceration. During the postpartum period (P2A2H2), care included breast care, breastfeeding techniques, and family planning counseling. As a result, breastfeeding was successful, and the mother planned to use the 3-month progestin injection as her contraceptive method. During neonatal visits, baby massage was performed, along with education on exclusive and on-demand breastfeeding. The baby breastfed well and gained 300 grams on day 17 and 700 grams on day 38. It is expected that healthcare workers, especially midwives, will continue to improve midwifery care according to standards and enhance the quality of comprehensive midwifery services.

*Keywords: Comprehensive Midwifery Care, Pregnancy, Neonate, on-demand
References: 61 references (2013–2024)*