

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN KEMENKES RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
YURI WULANDARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI PMB
ZURRAHMI KOTA PEKANBARU**

xi + 141 Halaman + 13 Tabel + 10 Lampiran

ABSTRAK

Berbagai upaya dalam meningkatkan pelayanan yang diberikan Bidan dengan melakukan pendekatan melalui model asuhan kebidanan yang berkesinambungan atau *Continuity of Midwifery Care* (CoMC) dimulai dari masa kehamilan, persalinan, nifas, dan bayi baru lahir. Laporan Tugas Akhir ini bertujuan untuk Memberikan Asuhan Kebidanan secara komprehensif dan berkesinambungan pada Ny.S G5P4A0H4 dimulai pada usia kehamilan 33 minggu sampai 38 minggu di PMB Zurrahmi Kota pekanbaru dengan pendekatan manajemen kebidanan melalui pendokumentasian dalam bentuk SOAP. Asuhan kebidanan ini dilakukan dari bulan Oktober 2024 - Juni 2025. Asuhan diberikan yaitu 4 kali kunjungan saat kehamilan, persalinan, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Selama kehamilan Trimester III ditemukan keluhan nyeri pinggang yang dapat diatasi dengan senam hamil. Persalinan berlangsung pada usia kehamilan 38 minggu dan pertolongan dilakukan sesuai standar Asuhan Persalinan Normal (APN), memberikan asuhan berupa massage punggung untuk mengurangi rasa nyeri. Bayi lahir spontan, menangis kuat, pergerakan aktif, jenis kelamin Perempuan, berat badan 3.100 gram, panjang 48 cm. Pada kunjungan nifas ditemukan masalah ASI belum lancar pada hari pertama dan dilakukan pijat oksitosin, sehingga ASI lancar pada hari kedua. Pada kunjungan nifas ketiga dilakukan konseling keluarga berencana, ibu memutuskan menjadi akseptor KB suntik 3 bulan. Pada kunjungan neonatus dilakukan perawatan tali pusat dan pijat bayi. Tali pusat puput dihari ke-5, terjadi peningkatan berat badan bayi sebanyak 700 gram dari bayi lahir sampai hari ke-24. Diharapkan tenaga kesehatan mampu memberikan pelayanan yang berkesinambungan kepada ibu hamil dan meningkatkan mutu pelayanan khususnya dalam asuhan kebidanan komprehensif.

Kata Kunci : **Asuhan Kebidanan Komprehensif, After pain**
Referensi : 104 referensi (2007-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF THE MINISTRY OF HEALTH OF RIAU
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
YURI WULANDARI**

**COMPREHENSIVE MIDWIFERY CARE TO Mrs. S AT PMB
ZURRAHMI PEKANBARU CITY**

xi + 141 Pages + 13 Tables + 10 Appendices

ABSTRAK

Various efforts to improve the services provided by midwives by taking an approach through a continuous midwifery care model or Continuity of Midwifery Care (CoMC) starting from pregnancy, childbirth, postpartum, and newborns. This Final Assignment Report aims to Provide Comprehensive and Continuous Midwifery Care to Mrs. S G5P4A0H4 starting from 33 weeks to 38 weeks of pregnancy at PMB Zurrahmi, Pekanbaru City with a midwifery management approach through documentation in the form of SOAP. This midwifery care was carried out from October 2024 - June 2025. Care was provided, namely 4 visits during pregnancy, childbirth, 4 postpartum visits and 3 neonatal visits. During the third trimester of pregnancy, complaints of lower back pain were found which could be overcome with pregnancy exercises. The delivery took place at 38 weeks of gestation and assistance was provided according to the Normal Delivery Care (APN) standards, providing care in the form of back massage to reduce pain. The baby was born spontaneously, cried loudly, moved actively, was female, weighed 3,100 grams, and was 48 cm long. During the postpartum visit, it was found that the breast milk supply was not smooth on the first day and oxytocin massage was performed, so that the breast milk flowed smoothly on the second day. During the third postpartum visit, family planning counseling was carried out, the mother decided to become an acceptor of 3-month injection KB. During the neonatal visit, umbilical cord care and baby massage were carried out. The umbilical cord fell off on the 5th day, and there was an increase in the baby's weight of 700 grams from birth to the 24th day. It is hoped that health workers will be able to provide and improve the quality of services, especially in comprehensive midwifery care.

Keywords : Comprehensive Midwifery Care, After pain

References : 104 references (2007-2024)