

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

**PROGRAM STUDI D III KEBIDANAN
LAPORAN TUGAS AKHIR, MEI 2025
EKA RAHMA WAHYUNI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. I DI PMB SITI
JULAEHA KOTA PEKANBARU TAHUN 2025**

xiii + 146 Halaman, 9 Tabel , 10 Lampiran

ABSTRAK

Pemerintah Indonesia menerapkan program transformasi kesehatan dengan layanan primer sebagai pilar utama, yang menekankan upaya promotif dan preventif, khususnya pencegahan sekunder untuk meningkatkan kesehatan ibu dan bayi. Salah satu bentuk implementasinya adalah asuhan kebidanan komprehensif dan berkelanjutan atau *Continuity of Midwifery Care (CoMC)*. Sebagai upaya pencegahan dan komplikasi sehingga bisa menciptakan proses kehamilan persalinan nifas serta asuhan bayi baru lahir yang sehat. Asuhan secara menyeluruh dan berkesinambungan pada Ny. I G3P2A0H2 diberikan di PMB Siti Juliaha Kota Pekanbaru dari bulan Oktober 2024 - Maret 2025. Pada masa kehamilan dilakukan sebanyak 4 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Asuhan kehamilan yang diberikan pada Ny. I berupa asuhan senam hamil dari asuhan yang diberikan memberikan dampak yang positif dimana ibu merasa lebih siap secara mental dan fisik dalam menghadapi persalinan. Asuhan persalinan dilakukan sesuai dengan standar Asuhan Persalinan Normal (APN), termasuk pendampingan serta pengurangan nyeri dengan pijat punggung, bayi lahir spontan BB: 3700 gram PB: 51 cm, kontraksi baik, plasenta lahir lengkap, ada laserasi jalan lahir derajat 2. Pada masa nifas, dilakukan asuhan senam nifas, teknik menyusui, dan perencanaan keluarga berencana, dari hasil asuhan ASI ibu lancar dan ibu berencana menggunakan metode KB suntik progestin 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan *on-demand*, bayi menyusu kuat, dan terjadi peningkatan berat badan bayi sebanyak 1,500 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata kunci : ***Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus***

Referensi : 80 referensi (2013- 2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC**

**DIPLOMA III MIDWIFERY STUDY PROGRAM
FINAL PROJECT REPORT, MAY 2025
EKA RAHMA WAHYUNI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. I AT SITI
JULAEHA'S MIDWIFERY CLINIC, PEKANBARU CITY, 2025**

xiii + 146 Pages, 9 Tables, 10 Appendices

ABSTRACT

The Indonesian government has implemented a health transformation program with primary care services as the main pillar, emphasizing promotive and preventive efforts, particularly secondary prevention, to improve maternal and infant health. One form of implementation is comprehensive and continuous midwifery care, known as Continuity of Midwifery Care (CoMC). This aims to prevent complications and ensure a healthy pregnancy, childbirth, postpartum period, and newborn care. Comprehensive and continuous care for Mrs. I, G3P2A0H2, was provided at PMB Siti Juliaeha, Pekanbaru City, from October 2024 to March 2025. During pregnancy, four antenatal visits were conducted, four postpartum visits, and three neonatal visits. The antenatal care provided included pregnancy exercise, which had a positive impact, helping the mother feel more mentally and physically prepared for childbirth. Delivery care was provided according to the standard of Normal Delivery Care (APN), including support and pain relief through back massage. The baby was born spontaneously with a birth weight of 3,700 grams, length of 51 cm, good uterine contractions, complete placenta expulsion, and a second-degree perineal laceration. During the postpartum period, postpartum exercises, breastfeeding techniques, and family planning counseling were provided. As a result, the mother's breast milk production was smooth, and she planned to use the 3-month progestin injection as a contraceptive method. During neonatal visits, baby massage, exclusive breastfeeding education, and on-demand feeding were carried out. The baby was able to breastfeed effectively and gained 1,500 grams in weight. It is expected that healthcare workers, especially midwives, will enhance the quality of care by adhering to midwifery standards and improving the quality of comprehensive midwifery services.

Keywords: *Comprehensive Midwifery Care, Pregnancy, Labor, Postpartum, Neonate*

References: 80 references (2013–2024)