

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
LAYAS CARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. J DI PMB ROSITA
KOTA PEKANBARU TAHUN 2025**

xii + 125 Halaman, 4 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan menerapkan model asuhan kebidanan yang komprehensif dan berkelanjutan atau *Continuity of Midwifery Care* (CoMC). Asuhan kebidanan ini bertujuan memberikan asuhan kebidanan secara komprehensif pada kehamilan, bersalin, masa nifas dan neonatus pada Ny. J G1P0A0H0 di PMB Rosita Kota Pekanbaru. Pelaksanaan dilakukan sesuai standar asuhan kebidanan dengan pendekatan Manajemen kebidanan dan didokumentasikan dengan metode SOAP. Asuhan kebidanan ini dilakukan dari bulan Oktober 2024 sampai Januari 2025. Pada masa kehamilan dilakukan sebanyak 5 kali kunjungan, nifas 4 kali kunjungan, neonatus 3 kali kunjungan. Keluhan yang dialami selama trimester 3 oleh Ny. J adalah nyeri pinggang, diberikan asuhan senam hamil sehingga keluhan Ny. J dapat teratasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB: 3100 gram PB: 50 cm, pengeluaran darah $\pm$ 150 cc, kontraksi baik, plasenta lahir lengkap dan terdapat laserasi perineum derajat 2. Masa nifas P₁A₀H₁ postpartum normal, dilakukan asuhan teknik menyusui, pijat oksitosin dan perencanaan keluarga, sehingga ASI lancar dan ibu memutuskan menggunakan metode KB suntik 3 bulan. Pada neonatus diberikan edukasi tentang ASI Eksklusif dan *on-demand*, bayi menyusu kuat, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 400 gram selama 14 hari. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata Kunci: ***Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus***
Referensi : 59 Referensi (2015-2024)

**MINISTRY OF HEALTH THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025
LAYAS CARI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. J IN PMB ROSITA
PEKANBARU CITY IN 2025**

xii + 125 Pages + 4 Tables + 9 Attachments

ABSTRACT

One of the efforts in preventing and handling complications in pregnancy, childbirth, postpartum and neonates is to implement a comprehensive and continuous midwifery care model or Continuity of Midwifery Care (CoMC). This midwifery care aims to provide comprehensive midwifery care during pregnancy, childbirth, postpartum and neonates to Mrs. J G1P0A0H0 at PMB Rosita, Pekanbaru City. The implementation is carried out according to midwifery care standards with a midwifery management approach and documented using the SOAP method. This midwifery care was carried out from October 2024 to January 2025. During pregnancy, there were 5 visits, postpartum 4 visits, neonates 3 visits. The complaint experienced during the 3rd trimester by Mrs. J was back pain, pregnancy exercise care was given so that Mrs. J's complaint could be resolved. Delivery care is in accordance with Normal Delivery Care (APN), the baby was born spontaneously with weight: 3100 grams, height: 50 cm, blood loss $\pm$ 150 cc, good contractions, complete placental delivery and there was a 2nd degree perineal laceration. The postpartum period P1A0H1 was normal, breastfeeding technique care, oxytocin massage and family planning were carried out, so that breast milk flowed smoothly and the mother decided to use the 3-month injection KB method. Neonates were given education about Exclusive and on-demand breastfeeding, the baby suckled strongly, breast milk flowed smoothly and there was an increase in the baby's weight by 400 grams for 14 days. It is hoped that health workers, especially midwives, can improve midwifery care according to midwifery standards and improve the quality of comprehensive midwifery services.

Keyword : *Care for pregnancy, childbirth, postpartum, neonates*

Reference : 59 reference (2015-2023)