

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
ANNISA RAMADHANI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M
DI PMB BIDAN SILVI AYU PEKANBARU**

xii+150 Halaman, 4 tabel, 8 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi pada kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan memberikan asuhan kebidanan secara komprehensif pada kehamilan, persalinan, masa nifas dan neonatus pada Ny. M di Praktik Mandiri Bidan Silvi Ayu Kota Pekanbaru. Asuhan kebidanan dilakukan dengan Pendekatan Manajemen kebidanan dan metode SOAP. Studi kasus ini dilakukan pada Ny. M G₄P₃A₀H₂ usia kehamilan 33 minggu sampai aterm dari bulan Oktober 2024 sampai Desember 2024. Asuhan kebidanan kehamilan dilakukan sebanyak 3 kali, persalinan, kunjungan nifas 4 kali dan kunjungan neonatus 3 kali. Masalah yang dialami ibu nyeri pinggang dan bengkak pada kaki. Asuhan kebidanan pendidikan kesehatan dan senam hamil, keluhan dapat teratasi. Pertolongan persalinan dilakukan sesuai Asuhan Persalinan Normal (APN). Bayi lahir spontan BB : 4.000 gr PB : 50 cm, plasenta lahir spontan dan lengkap, laserasi jalan lahir derajat II. Asuhan masa nifas P₄A₀H₃ dilakukan sebanyak 4 kali. Keluhan yang dialami nyeri pada bekas heacting. Asuhan kebidanan tentang perawatan luka post heacting, senam nifas, dan konseling KB. Keluhan dapat diatasi. Ibu akseptor suntik KB progestin. Asuhan neonatus dilakukan sebanyak 3 kali. Asuhan kebidanan yang diberikan yaitu perawatan tali pusat dan pijat bayi. Terdapat peningkatan berat badan bayi sebanyak 500 gram selama penulis memberikan asuhan. Disarankan kepada bidan sebagai tenaga kesehatan dapat mempertahankan pemberian pelayanan kebidanan secara komprehensif dan berkesinambungan terutama asuhan ibu hamil, bersalin, nifas dan neonatus.

**Kata kunci : Asuhan Kebidanan Komprehensif, Kehamilan Persalinan, Nifas,
dan Neonatus**

Referensi : 83 referensi (2015-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
DIPLOMA III MIDWIFERY STUDY PROGRAM**

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ANNISA RAMADHANI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M AT
INDEPENDENT MIDWIFERY PRACTICE (PMB) SILVI AYU
PEKANBARU**

xi+150 pages, 4 tables, 8 appendices

ABSTRACT

One of the efforts in preventing and managing complications during pregnancy, childbirth, postpartum, and neonatal periods is through the Continuity of Midwifery Care (CoMC). This case study aims to provide comprehensive midwifery care during pregnancy, childbirth, postpartum, and neonatal periods for Mrs. M at the Independent Midwifery Practice of Silvi Ayu in Pekanbaru City. The implementation was carried out according to the standard of midwifery care using the Midwifery Management Approach and documented using the SOAP method. The care was provided to Mrs. M (G4P3A0H2) from November 2024 to December 2024. During pregnancy, there were three antenatal visits. The complaints experienced were lower back pain and swollen feet. The care provided included pregnancy exercise. Labor care was given in accordance with the Normal Delivery Care (APN) standard: the baby was born spontaneously with a birth weight of 4,000 grams and a length of 50 cm, the placenta was delivered spontaneously, and a second-degree perineal tear occurred. During the postpartum visits, the mother experienced pain and was given care including wound treatment, postpartum exercises, and family planning counseling. The mother planned to use a 3-month injectable contraceptive. Neonatal care included umbilical cord care and baby massage. There was a weight gain of 500 grams. It is expected that health workers, especially midwives, can provide continuous and sustainable midwifery care starting from pregnancy, childbirth, postpartum, and neonatal periods.

**Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth,
Postpartum, Neonates**

References: 83 references (2015–2024)