

**POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
FANNY NAOMI SIAHAAN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK
PRATAMA AFIYAH KOTA PEKANBARU**

xi + 147 Halaman, 8 Tabel, 12 Lampiran

ABSTRAK

Salah satu upaya meningkatkan kesehatan ibu dan bayi diantaranya dengan mengoptimalisasi peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny. S dari masa kehamilan, persalinan, nifas, dan neonatus di Klinik Pratama Afiyah Kota Pekanbaru dan kunjungan rumah. Asuhan ini dilaksanakan dari Oktober 2024 sampai Desember 2024. Kontak pertama dengan Ny. S G1P0A0H0 dilakukan pada usia kehamilan 36 minggu. Dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali masa nifas, serta 3 kali kunjungan neonatus. Asuhan didokumentasikan menggunakan metode SOAP. Selama kehamilan ditemukan keluhan nyeri punggung. Asuhan yang diberikan yaitu mengajarkan ibu senam hamil, setelah diberikan senam hamil, keluhan ibu berkurang. Persalinan Ny. S berlangsung pada usia kehamilan 41 minggu, pertolongan persalinan dilakukan dengan asuhan persalinan normal (APN), Asuhan kala 1 diberikan asuhan *Deep Back Massage* dan *Birth ball*. Persalinan Ny. S dilakukan secara spontan di Klinik Pratama Afiyah. Bayi lahir cukup bulan, jenis kelamin perempuan dengan BB 3700 gram dan PB 50 cm dan plasenta lahir lengkap. Masa nifas Ny. S P1A0H1 normal, dengan asuhan senam nifas, pijat oksitosin, dan skrining EPDS. Ny. S memutuskan menggunakan metode KB Implant. Asuhan yang diberikan selama neonatus adalah perawatan bayi sehari-hari dan pijat bayi. Bidan diharapkan dapat mempertahankan asuhan kebidanan komprehensif sesuai dengan kebutuhan pasien dan memperhatikan pendidikan kesehatan yang dibutuhkan pasien.

Kata Kunci : Asuhan Kebidanan, Komprehensif, Hamil, Bersalin, Nifas, Neonatus

Referensi : 55 (2015-2024)

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**COMPREHENSIVE MIDWIFERY CARE IN NY. S AT PRATAMA AFIYAH
CLINIC, PEKANBARU CITY**

xi+ 147 Pages, 8 Tables, 12 Attachments

ABSTRACT

One of the efforts to improve maternal and infant health is by optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. S from the period of pregnancy, childbirth, postpartum, and neonates at the Pratama Afiyah Clinic in Pekanbaru City and home visits. This care was carried out from October 2024 to December 2024. The first contact with Mrs. S G1P0A0H0 was made at 36 weeks gestation. There were 4 pregnancy, labor, 4 postpartum visits, and 3 neonate visits. Care was documented using the SOAP method. During pregnancy, there were complaints of back pain. The care given was teaching the mother pregnant exercises, after being given pregnant exercises, the mother's complaints decreased. Mrs. S's labor took place at 41 weeks gestation, delivery assistance was carried out with normal labor care (APN), care for the first time was given Deep Back Massage and Birth ball. Mrs. S's labor was spontaneous at Afiyah Primary Clinic. The baby was born full term, female with a weight of 3700 grams and PB 50 cm and the placenta was born complete. The postpartum period of Mrs. S P1A0H1 was normal, with postpartum exercises, oxytocin massage, and EPDS screening. Mrs. S decided to use the Implant birth control method. The care given during neonate is daily baby care and baby massage. Midwives are expected to maintain comprehensive midwifery care.

Keywords : *Midwifery Care, Comprehensive, Pregnancy, Childbirth, Postpartum, Neonates.*

References : 55 (2015-2024)