

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI DIII KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
LINDA ALFIANI PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.W DI PMB
ROSITA KOTA PEKANBARU TAHUN 2025
xi ± 107 Halaman, 6 Tabel, 11 Lampiran**

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi pada kehamilan, persalinan, nifas, dan neonatus adalah dengan *Continuity of Midwifery Care* (CoMC). Studi kasus ini bertujuan memberikan asuhan komprehensif pada Ny. W G3P2A0H2 mulai dari kehamilan, persalinan, nifas, hingga neonatus di PMB Rosita pada Oktober 2024 – Januari 2025. Asuhan kehamilan dilakukan sebanyak 3 kali pada usia 28–40 minggu. Pada usia 37-38 minggu keluhan nyeri pinggang bagian bawah diberi asuhan dengan kompres air hangat. Persalinan terjadi pada usia kehamilan 40 minggu, bayi lahir spontan dengan BB 3300 gram dan PB 51 cm. Perdarahan ±100 cc, kontraksi baik, plasenta lengkap, dan terdapat laserasi derajat II. Kunjungan nifas dilakukan 4 kali. Pada awal nifas, ibu mengeluh ASI belum lancar. Asuhan yang diberikan yaitu teknik menyusui dan pijat oksitosin hingga ASI lancar. Konseling KB diberikan pada kunjungan ketiga, dan ibu memilih KB alami karena merasa takut dan tidak nyaman menggunakan metode lain. Kunjungan neonatus dilakukan 3 kali. Asuhan yang diberikan perawatan tali pusat dan pijat bayi. Tali pusat puput pada hari ke-5. Berat badan bayi meningkat 700 gram menjadi 4000 gram pada usia 28 hari. Ibu dan bayi dalam keadaan sehat dan bayi tetap diberikan ASI secara *on demand*. Diharapkan bidan terus memberikan asuhan kebidanan secara berkelanjutan sesuai standar pelayanan bidan.

Kata Kunci : ***Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus***

Referensi : 90 referensi (2013 – 2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNI 2025
LINDA ALFIANI PUTRI**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. W IN PMB
ROSITA PEKANBARU IN 2025**

xi ± 107 Page, 6 Table, 11 Attachment

ABSTRACT

One of the efforts in preventing and managing complications in pregnancy, childbirth, postpartum, and neonates is with Continuity of Midwifery Care (CoMC). This case study aims to provide comprehensive care to Mrs. W G3P2A0H2 starting from pregnancy, childbirth, postpartum, to neonate at PMB Rosita in October 2024 – January 2025. Pregnancy care was carried out 3 times at the age of 28–40 weeks. At the age of 37-38 weeks, complaints of lower back pain were treated with warm water compresses. Labor occurred at 40 weeks of gestation, the baby was born spontaneously with a weight of 3300 grams and a height of 51 cm. Bleeding was ± 100 cc, contractions were good, the placenta was complete, and there was a second-degree laceration. Postpartum visits were carried out 4 times. At the beginning of postpartum, the mother complained that her breast milk was not flowing smoothly. The care provided was breastfeeding techniques and oxytocin massage until the breast milk flowed smoothly. Family planning counseling was provided at the third visit, and the mother chose natural family planning due to fear and discomfort with other methods. Three neonatal visits were conducted. Care provided included umbilical cord care and infant massage. The umbilical cord fell off on the fifth day. The baby's weight increased by 700 grams to 4,000 grams at 28 days. The mother and baby are in good health, and the baby continues to be breastfed on demand. It is expected that the midwife will continue to provide ongoing midwifery care in accordance with midwifery service standards.

Keywords : *Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate*

Reference : 90 reference (2013 – 2024)