

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
YULIA PERMATA SARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI PMB
DARLIANA KOTA PEKANBARU TAHUN 2025**

xi+ 106 Halaman, 6 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya dalam pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus adalah dengan asuhan kebidanan *Continuity of Midwifery Care (CoMC)*. Laporan Tugas Akhir ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan pada Ny.D dimulai sejak hamil, bersalin, nifas, dan neonatus. Asuhan dilakukan pada Ny. D G1P0A0H0 dimulai pada usia kehamilan 31-32 minggu di PMB Darliana Kota Pekanbaru dari Desember 2024 s/d Januari 2025. Asuhan kebidanan meliputi 4 kali asuhan kehamilan, asuhan persalinan, 4 kali asuhan nifas dan 3 kali asuhan neonatus. Keluhan yang dialami Ny. D selama kehamilan trimester III adalah kebas tangan. Asuhan yang diberikan adalah kompres hangat, memberikan calvita dan pemenuhan nutrisi kaya akan kalsium. Persalinan dilakukan secara seksio sesarea pada tanggal 03 Desember 2025 di RS PMC Kota Pekanbaru atas indikasi Hipertensi. Bayi lahir langsung menangis jenis kelamin laki-laki, berat badan 3.100 gram dan panjang badan 51 cm. Asuhan nifas dilakukan 4 kali pada Ny. D P1A0H1 post SC. Keluhan pada masa nifas yaitu nyeri pada luka SC. Asuhan yang diberikan berupa mobilisasi dini yang membantu mengurangi rasa nyeri. Asuhan neonatus yang diberikan asuhan rutin pada bayi baru lahir, perawatan tali pusat dan pijat bayi. Diharapkan bidan dapat mempertahankan dan meningkatkan asuhan yang komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan dimulai dari masa hamil, bersalin, nifas dan neonatus.

Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus

Referensi : 54 Referensi (2015-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
YULIA PERMATA SARI**

**COMPREHENSIVE MIDWIFERY CARE FOR Mrs. D AT PMB
DARLIANA PEKANBARU CITY IN 2025**

xi+ 106 Halaman, 6 Tabel, 9 Lampiran

ABSTRACT

One of the efforts in preventing and handling complications in pregnancy, childbirth, postpartum and neonates is with Continuity of Midwifery Care (CoMC) midwifery care. This Final Assignment Report aims to provide comprehensive and continuous midwifery care to Mrs. D starting from pregnancy, childbirth, postpartum, and neonates. Care was carried out on Mrs. D G1P0A0H0 starting at 31-32 weeks of gestation at PMB Darliana Pekanbaru City from December 2024 to January 2025. Midwifery care included 4 pregnancy visits, childbirth, 4 postpartum visits and 3 neonatal visits. Complaints experienced by Mrs. D during the third trimester of pregnancy were numbness of the hands, the care provided was warm compresses, providing calvita and fulfilling calcium-rich nutrition. Delivery was carried out by cesarean section on December 3, 2025 at PMC Hospital Pekanbaru City due to indications of hypertension. The baby was born crying immediately, male gender, weight 3,100 grams and body length 51 cm. Postpartum care was carried out 4 times on Mrs. D P1A0H1 post SC. Complaints during postpartum were pain in the SC wound, the care provided was in the form of early mobilization which helped reduce pain. Neonatal care was carried out 3 times and no problems were found in the baby. The baby was given routine care for newborns, baby massage and umbilical cord care. It is hoped that midwives can maintain and improve comprehensive and continuous care according to midwifery service standards starting from pregnancy, childbirth, postpartum and neonatal.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates

References: 54 References (2015-2024)