

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA  
POLITEKNIK KESEHATAN RIAU  
PRODI D-III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025  
DWI AMANDA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.A DI PMB ROSITA  
KOTA PEKANBARU**

**xii + 114 Halaman, 8 Tabel, 7 Lampiran**

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**ABSTRAK**

Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) masih menjadi permasalahan kesehatan yang signifikan di Indonesia, termasuk di Provinsi Riau. Berbagai upaya dilakukan untuk menurunkan angka ini, salah satunya adalah penerapan asuhan kebidanan secara komprehensif dan berkesinambungan yang dikenal dengan metode *Continuity of Midwifery Care (CoMC)*. Study kasus ini bertujuan untuk memberikan asuhan kebidanan yang menyeluruh dan berkesinambungan dimulai sejak hamil, bersalin, nifas serta KB dan neonatus, yang dilakukan dari bulan Desember 2024 - Februari 2025 pada Ny. A G1P0A0H0 di PMB Rosita, dengan 3 kali kunjungan hamil, 4 kali kunjungan nifas dan 3 kali kunjungan neonatus. Selama 3 kali kunjungan hamil dilakukan pemantauan kondisi ibu dan janin, serta menjelaskan tanda- tanda bahaya kehamilan dan persiapan persalinan. Proses persalinan berlangsung secara *Sectio Caesarea* di RS Hermina atas indikasi Kala II Memanjang, Bayi Lahir jenis kelamin laki-laki, dengan berat badan 3.100 gram dan panjang badan 50 cm. Asuhan masa nifas dilakukan sebanyak 4 kali kunjungan untuk memastikan pemulihan ibu pasca melahirkan dan mencegah komplikasi, serta memberikan konseling KB dan ibu berencana menggunakan metode KB suntik 3 bulan. Pada kunjungan neonatus dilakukan pijat bayi, edukasi ASI Eksklusif dan *on-demand*. Bayi menyusu kuat, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 400 gram pada usia 20 hari. Diharapkan tenaga kesehatan khususnya bidan tetap mempertahankan dan meningkatkan asuhan kebidanan komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus*  
Referensi : 73 Referensi (2013-2025)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA  
HEALTH POLYTECHNIC RIAU  
D-III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNI 2025  
DWI AMANDA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. A AT PMB ROSITA  
PEKANBARU CITY**

**xii + 114 pages, 8 tables, 7 appendices**

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**ABSTRACT**

*Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) remain significant public health issues in Indonesia, including in Riau Province. Various efforts have been made to reduce these rates, one of which is the implementation of comprehensive and continuous midwifery care, known as the Continuity of Midwifery Care (CoMC) model. This case study aims to provide holistic and continuous midwifery care, starting from the antenatal period, labor, postpartum, family planning, and neonatal care. The care was carried out from December 2024 to February 2025 for Mrs. A (G1P0A0H0) at PMB Rosita, involving 3 antenatal visits, 4 postpartum visits, and 3 neonatal visits. During the 3 antenatal visits, the condition of the mother and fetus was monitored, and education was given regarding the danger signs of pregnancy and birth preparation. The delivery was performed via Cesarean Section at Hermina Hospital due to the indication of prolonged second stage of labor. The baby was born male, weighing 3,100 grams and measuring 50 cm in length. Postpartum care was conducted through 4 visits to ensure the mother's recovery after childbirth, prevent complications, and provide family planning counseling. The mother planned to use the 3-month injectable contraceptive method. During the neonatal visits, baby massage was provided along with education on exclusive and on-demand breastfeeding. The baby breastfed effectively, the mother's milk production was smooth, and the baby gained 400 grams of weight by the age of 20 days. It is hoped that health workers, especially midwives, will continue to maintain and improve the implementation of comprehensive and continuous midwifery care in accordance with midwifery service standards.*

**Keywords : Comprehensive Midwifery Care, pregnancy, delivery,  
postpartum, neonate**

**References : 72 References (2013-2025)**