

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
MARDIATY. AR**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI PMB ERMA
SURIANTI PEKANBARU TAHUN 2025**

± 157 Halaman, 11 tabel, 9 Lampiran, 2 Gambar

ABSTRAK

Upaya mewujudkan generasi yang berkualitas serta meningkatkan kesehatan ibu dan anak yaitu dengan menerapkan model asuhan kebidanan yang berkesinambungan (*Continuity of Midwifery Care/ CoMC*). Studi kasus ini bertujuan untuk memberikan asuhan yang berkesinambungan pada Ny. W dari masa kehamilan, persalinan, nifas dan neonatus di PMB Erma Surianti Kota Pekanbaru dari bulan Januari - Maret 2025. Kontak pertama dengan Ny. W G₁P₀A₀H₀ dilakukan pada usia kehamilan 36 minggu selanjutnya dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kali kunjungan neonatus. Selama kehamilan tidak ditemukan keluhan, asuhan yang diberikan berupa senam hamil, perawatan payudara, serta memberikan Pendidikan kesehatan tentang pola eliminasi, nutrisi dan *personal hygiene*. Asuhan persalinan di lakukan di PMB Erma Surianti dan dilanjutkan dengan rujukan ke RS Murni Teguh Eria dengan indikasi PEB, bayi lahir tanggal 13-01-2025 pukul 08.09 WIB dengan BB: 3.230 gram, PB: 50 cm dengan jenis kelamin perempuan. Pada kunjungan nifas ditemukan masalah nyeri luka post SC dan ASI sedikit, dilakukan asuhan mobilisasi, teknik menyusui, dan pola nutrisi selama nifas. Setelah dilakukan konseling Ny.W memutuskan akan menggunakan KB suntik 3 bulan. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas yaitu sebanyak 3 kali kunjungan. Asuhan yang diberikan adalah perawatan tali pusat, perawatan bayi sehari-hari dan melakukan pijat bayi. Terjadi peningkatan berat badan bayi sebanyak 770 gram dari 3.230 gram menjadi 4.000 gram. Diharapkan tenaga kesehatan khususnya bidan dapat lebih optimal melakukan asuhan kebidanan secara berkesinambungan dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas, dan noenatus.

Kata kunci : *Asuhan kebidanan Komprehensif, hamil, bersalin, nifas dan noenatus*

Referensi : 68 Referensi (2011-2025)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
MARDIATY. AR**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. W AT PMB
ERMA SURIANTI PEKANBARU IN 2025**

± 157 Pages, 11 tables, 9 Appendices, 2 Figures

ABSTRACT

Efforts to realize a quality generation and improve maternal and child health are by implementing a continuous midwifery care model (Continuity of Midwifery Care/ CoMC). This case study aims to provide continuous care to Mrs. W from pregnancy, childbirth, postpartum and neonatal at PMB Erma Surianti Pekanbaru City from January - March 2025. The first contact with Mrs. W G1P0A0H0 was carried out at 36 weeks of gestation, then 4 visits were made during pregnancy, childbirth, 4 times during the postpartum period, and 3 visits to the neonate. During pregnancy, no complaints were found, the care provided was in the form of pregnancy exercises, breast care, and providing health education on elimination patterns, nutrition and personal hygiene. Delivery care was carried out at PMB Erma Surianti and continued with a referral to Murni Teguh Eria Hospital with indications of PEB, the baby was born on 13-01-2025 at 08.09 WIB with BB: 3,230 grams, PB: 50 cm with female gender. During the postpartum visit, problems with post-SC wound pain and low breast milk were found, mobilization care, breastfeeding techniques, and nutritional patterns were provided during the postpartum period. After counseling, Mrs. W decided to use a 3-month injection of contraception. Neonatal care was carried out side by side with postpartum care, namely 3 visits. The care provided was umbilical cord care, daily baby care and baby massage. There was an increase in the baby's weight by 770 grams from 3,230 grams to 4,000 grams. It is hoped that health workers, especially midwives, can more optimally carry out continuous and ongoing midwifery care starting from pregnancy, childbirth, postpartum, and noenatus.

Keywords: *Comprehensive midwifery care, pregnancy, childbirth, postpartum and noenatus*

References : 68 References (2011-2025)