

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
RAHMANIA KUMALA PUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI
PMB ERMA SURIANTI KOTA PEKANBARU TAHUN 2025**

xii + 126 halaman + 5 tabel + 9 lampiran

ABSTRAK

Salah satu upaya yang dapat dilakukan bidan dalam menurunkan Angka Kematian Ibu (AKI) yaitu dengan menerapkan asuhan kebidanan secara *Continuity of Midwifery Care* (CoMC) dari masa kehamilan, persalinan, nifas dan neonatus. Studi kasus bertujuan untuk memberikan asuhan pada masa kehamilan, persalinan, nifas, dan neonatus secara CoMC dengan pendokumentasian SOAP. Asuhan yang menyeluruh dan berkesinambungan pada Ny. A di lakukan di PMB Erma Surianti Kota Pekanbaru dari bulan Desember 2024 sampai Maret 2025. Asuhan kehamilan pada Ny. A G1P0A0 dilakukan kunjungan sebanyak 3 kali dimulai dari usia kehamilan 34-34 minggu. Pada kehamilannya Ny. A mengeluh nyeri pinggang yang dapat diatasi dengan senam hamil dan pengaturan posisi tidur. Persalinan dilakukan secara SC dengan indikasi Plasenta Previa. Bayi lahir tanggal 25 Januari 2025 pukul 17.33 WIB dengan BB 2900 gr, dengan PB 49 cm dengan jenis kelamin Laki-Laki. Pada Masa nifas dilakukan kunjungan sebanyak 4 kali, ditemukan masalah nyeri luka post SC dan nyeri payudara lalu diberikan asuhan cara menangani nyeri luka SC, kompres hangat payudara, asuhan teknik menyusui, skirining EPDS dan pola nutrisi selama nifas. Setelah dilakukan konseling KB ibu memutuskan menggunakan metode KB Alami coitus interruptus. Pada neonatus dilakukan kunjungan sebanyak 3 kali kunjungan. Diberikan asuhan pijat bayi dan edukasi ASI Eksklusif bayi menyusu kuat, ASI lancar serta terjadi peningkatan berat badan bayi sebanyak 700 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan kebidanan komprehensif.

Kata Kunci : Asuhan komprehensif, kehamilan, persalinan, nifas, neonatus.

Referensi : 70 Referensi (2013-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
DEPARTMENT OF MIDWIFERY
DIPLOMA III MIDWIFERY**

**STUDY PROGRAM FINAL REPORT, JUNE 2025
RAHMANIA KUMALA PUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. A AT ERMA
SURANTI MIDWIFERY CLINIC PEKANBARU CITY, 2025**

xii + 126 pages, 5 tables, 9 appendices

ABSTRACT

One way midwives can help reduce the Maternal Mortality Rate (MMR) is by providing Continuity of Midwifery Care (CoMC) throughout pregnancy, childbirth, the postpartum period, and neonatal care. This case study aims to deliver CoMC-style care to Mrs. A during her pregnancy, delivery, postpartum period, and newborn stage, with documentation using the SOAP format. Mrs. A received comprehensive, continuous care at PMB Erma Surianti in Pekanbaru City from December 2024 to March 2025. Prenatal care for Mrs. A (G1P0A0) included three visits starting at 34 weeks of gestation. During her pregnancy, she reported lower back pain, which was alleviated with prenatal exercise and sleep position adjustments. The delivery was performed by cesarean section due to placenta previa. The baby was born on January 25, 2025, at 17:33 WIB, weighing 2,900 g, with a length of 49 cm, and was male. During the postpartum period, four visits were conducted. Problems encountered included post-cesarean pain and breast tenderness. Care provided included management of cesarean incision pain, warm breast compresses, breastfeeding technique support, EPDS screening, and nutritional guidance for the postpartum period. After counseling on family planning, Mrs. A chose the natural method of contraception: coitus interruptus. For neonatal care, three visits were conducted. Baby care included infant massage and exclusive breastfeeding education. The baby had a strong latch, milk flow was good, and there was a 700 g increase in weight. It is hoped that health professionals, especially midwives, will improve their midwifery care in accordance with midwifery standards and enhance the quality of comprehensive midwifery services.

Keywords: Comprehensive care, pregnancy, childbirth, postpartum, neonate.
References: 70 References (2013-2024).