

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
LILI ISNAYA RIFANANDA HARIS**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. D DI PRAKTEK
MANDIRI BIDAN YUSMARNI KOTA PEKANBARU TAHUN 2025**

x + 146 Halaman, 5 Tabel, 11 Lampiran

ABSTRAK

Indikator penilai efektivitas program Kesehatan Ibu dan Anak (KIA) dengan memperbaiki sistem kesehatan melalui 6 pilar transformasi layanan kesehatan. Upaya dalam mengurangi Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) melalui pemberian pelayanan kesehatan yang berkelanjutan *Continuity of Midwifery Care (COMC)*. Asuhan komprehensif ini bertujuan untuk mendeteksi dini dan mencegah komplikasi pada masa kehamilan, persalinan, nifas dan neonatus. Asuhan komprehensif pada Ny. D G1P0A0H0 di mulai usia kehamilan 32-33 minggu di Praktik Mandiri Bidan Yusmarni kota Pekanbaru dari bulan Desember 2024 – Maret 2025. Asuhan masa kehamilan dilakukan sebanyak 5 kali kunjungan, asuhan persalinan normal yang bersih dan aman, asuhan masa nifas sebanyak 4 kali kunjungan, dan asuhan neonatus sebanyak 3 kali kunjungan. Keluhan dialami selama trimester 3 oleh Ny. D adalah sering buang air kecil dan nyeri pinggang, di berikan asuhan senam hamil dan edukasi sehingga masalah dapat teratasi. Asuhan persalinan sesuai dengan Asuhan Persalinan Normal (APN), bayi lahir spontan BB : 3600 gram PB : 50 cm, pengeluaran darah $\pm$ 200 cc, kontraksi baik, plasenta lahir lengkap, terdapat laserasi jalan lahir derajat 2. Masa nifas normal, dilakukan pijat oksitosin untuk memperlancar Air Susu Ibu pada hari ke-4 mulai meningkat dan edukasi penanganan bendungan ASI dengan teknik menyusui, sehingga memilih Metode Amenorea Laktasi saat konseling keluarga berencana. Pada neonatus dilakukan pijat bayi karena berat badan bayi menurun 100 gram pada hari ke 6, pada hari ke-19 menunjukkan peningkatan berat badan 300 gram. Diharapkan tenaga kesehatan khususnya bidan dapat meningkatkan asuhan kebidanan sesuai standar kebidanan serta meningkatkan kualitas pelayanan komprehensif.

Kata Kunci : Asuhan Kebidanan komprehensif, hamil, bersalin, nifas, neonatus
Referensi : 70 Referensi (2016-2024)

**MINISTRY OF HEALTH OF REPUBLIC INDONESIA
HEALTH POLYTECHNIC OF RIAU
MAJORING IN MIDWIFERY
DIPLOMA MIDWIFERY OF STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
LILI ISNAYA RIFANANDA HARIS**

**COMPREHENSIVE MIDWIFERY CARE FOR MS. M AT MIDWIFE'S
INDEPENDENT PRACTICE YUSMARNI PEKANBARU CITY IN 2025**

x + 146 Pages, 5 Table, 11 Appendices

ABSTRACT

Indicators to assess the effectiveness of the Maternal and Child Health (MCH) program by improving the health system through 6 pillars of health service transformation. Efforts in reducing Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) through the provision of continuous health services Continuity of Midwifery Care (COMC). This comprehensive care aims to detect early and prevent complications during pregnancy, childbirth, postpartum and neonates. Comprehensive care for Mrs. D G1P0A0H0 starting at 32-33 weeks of gestation at the Independent Practice of Midwife Yusmarni in Pekanbaru city from December 2024 - March 2025. Pregnancy care was carried out for 5 visits, clean and safe normal labor care, postpartum care for 4 visits, and neonate care for 3 visits. Complaints experienced during trimester 3 by Mrs. D were frequent urination and low back pain, given pregnant gymnastics and education so that the problem could be resolved. Delivery care in accordance with Normal Labor Care (APN), the baby was born spontaneously BB: 3600 grams PB: 50 cm, blood discharge $\pm$ 200 cc, good contractions, placenta was born complete, there was a 2nd degree birth canal laceration. The postpartum period was normal, education on breastfeeding techniques and oxytocin massage to facilitate breast milk on the 4th day began to increase, so chose the Lactation Amenorrhea Method during family planning counseling. In neonates, baby massage was done because the baby's weight decreased by 100 grams on day 6, on day 19 showed an increase in body weight of 300 grams. It is expected that health workers, especially midwives, can improve midwifery care according to midwifery standards and improve the quality of comprehensive services.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonates

References: 70 References (2016-2024)