

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
NAILA FADILLAH SYAPNA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DI KLINIK
PRATAMA JAMBU MAWAR KOTA PEKANBARU**

xiii ± 141 Halaman, 10 tabel, 8 Lampiran, 2 Gambar

ABSTRAK

Upaya untuk mengurangi risiko terjadinya komplikasi, pemerintah melalui Kementerian Kesehatan telah mengembangkan berbagai upaya strategis. Salah satunya adalah penerapan asuhan kebidanan secara menyeluruh dan berkesinambungan atau dikenal sebagai *Continuity of Midwifery Care* (CoMC). Laporan kasus ini bertujuan untuk memberikan asuhan yang berkesinambungan pada Ny.S dari masa kehamilan, persalinan, nifas dan neonatus di Klinik Pratama Jambu Mawar Kota Pekanbaru dari bulan Oktober 2024 – Desember 2024. Kontak pertama dengan Ny. S G₂P₁A₀H₀ dilakukan pada usia kehamilan 33 minggu 6 hari selanjutnya dilakukan 4 kali kunjungan kehamilan, persalinan, 3 kali pada masa nifas, serta 2 kali kunjungan neonatus. Selama kehamilan ditemukan keluhan ketidaknyamanan nyeri pinggang. Asuhan yang diberikan yaitu menganjurkan ibu kompres air hangat dan melakukan massase pada bagian punggung untuk mengurangi nyeri dan keluhan ibu dapat diatasi. Asuhan persalinan di lakukan tindakan *Sectio Caesarea* pada usia kehamilan 38 minggu 3 hari, atas indikasi lilitan tali pusat. Bayi lahir laki-laki dengan BB: 2.550 gram dan PB 47 cm. Pada masa nifas 7 hari ibu mengatakan nyeri luka bekas operasi sudah berkurang, asuhan yang diberikan yaitu melakukan pijat oksitosin, perawatan payudara, pemenuhan nutrisi dan luka operasi sembuh baik. Asuhan neonatus dilakukan berdampingan dengan asuhan nifas sebanyak 2 kali kunjungan. Asuhan yang diberikan adalah perawatan tali pusat, pijat bayi, dan perawatan bayi sehari-hari. Terjadi peningkatan berat badan bayi sebanyak 550 gram pada usia 19 hari. Tenaga kesehatan khususnya bidan, hendaknya dapat mempertahankan pelayanan yang komprehensif dan berkesinambungan sesuai dengan standar pelayanan kebidanan dimulai dari masa kehamilan, persalinan, bayi baru lahir dan nifas termasuk di dalamnya keluarga berencana.

Kata kunci: Asuhan kebidanan komprehensif, CoMC, Kehamilan, Persalinan, Nifas dan Neonatus,

Referensi : 66 Referensi (2011-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2025
NAILA FADHILLAH SYAPNA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S AT JAMBU
MAWAR PRIMARY CLINIC, PEKANBARU CITY**

xiii ± 141 Page, 10 Table, 8 Attachment, 2 Image

ABSTRACT

In an effort to reduce the risk of complications, the government through the Ministry of Health has developed various strategic initiatives, one of which is the implementation of comprehensive and continuous midwifery care, known as Continuity of Midwifery Care (CoMC). This case report aims to provide continuous midwifery care for Mrs. S during pregnancy, childbirth, postpartum, and neonatal periods at Klinik Pratama Jambu Mawar, Pekanbaru City, from October 2024 to December 2024. The first contact with Mrs. S, G2P1A0H0, was made at 33 weeks and 6 days of gestation, followed by four antenatal visits, delivery, three postpartum visits, and two neonatal visits. During pregnancy, she complained of discomfort due to back pain. The care provided included recommending warm compresses and back massages to relieve the pain, which successfully reduced her discomfort. Delivery was performed via cesarean section at 38 weeks and 3 days of gestation due to umbilical cord entanglement. A male infant was born with a birth weight of 2,550 grams and a length of 47 cm. On the 7th day of the postpartum period, the mother reported reduced surgical wound pain. The care provided included oxytocin massage, breast care, nutritional support, and postoperative wound management, all of which resulted in good recovery. Neonatal care was carried out alongside postpartum care through two home visits. The care provided included umbilical cord care, baby massage, and daily infant care. The baby experienced a weight gain of 550 grams by 19 days of age. Health workers, especially midwives, are expected to maintain comprehensive and continuous care in accordance with midwifery service standards starting from pregnancy, childbirth, newborn care, postpartum, and family planning.

Keywords: Comprehensive midwifery care, CoMC, Pregnancy, Childbirth, Postpartum, Neonatal.

Reference: 66 References (2011-2024)