

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, MEI 2025
AZELA RAHMA FEBRIA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. I DI PMB LILIS
SUGIANTI PEKANBARU TAHUN 2025**

xiii ± 137 Halaman, 8 tabel, 11 Lampiran, 4 Gambar

ABSTRAK

Kebijakan nasioal dalam upaya pencegahan dan penanganan komplikasi dalam kehamilan, persalinan, nifas dan neonatus salah satunya yaitu dengan metode asuhan kebidanan komprehensif dan *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan yang berkesinambungan pada Ny.I dari masa kehamilan, persalinan, nifas dan neonatus di PMB Lilis Sugianti Kota Pekanbaru dari bulan Oktober 2024 - Februari 2025. Kontak pertama dengan Ny. I G₅P₄A₀H₃ dilakukan pada usia kehamilan 28 minggu, selanjutnya dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali pada masa nifas, serta 3 kunjungan neonatus. Selama kehamilan ditemukan keluhan gangguan pola tidur karena sering BAK. keluhan diatasi dengan mengurangi minum sebelum tidur. Asuhan persalinan dilakukan di PMB dengan Akselerasi persalinan atas indikasi Inersia Uteri dan dilanjutkan rujukan ke RS Murni Teguh Eria dengan indikasi *Fetal Distress*. Bayi lahir dengan tindakan *Sectio Caesaria* dengan BB:3100 gram, PB:49 cm dan berjenis kelamin laki-laki. Pada 17 jam nifas ditemukan masalah ASI belum lancar dan nyeri luka Post SC. Asuhan yang diberikan yaitu mobilisasi, perawatan luka, teknik menyusui, dan pijat oksitosin. Pada hari ke 40 nifas Luka SC sudah kering dan tertutup. Ibu sudah menggunakan KB Tubektomi pada saat SC. Asuhan neonatus dilakukan berdampingan sebanyak 3 kali kunjungan. Asuhan yang diberikan adalah perawatan tali pusat, perawatan bayi sehari-hari dan melakukan pijat bayi. Terjadi peningkatan berat badan bayi sebanyak 450 gram pada usia 16 hari, dari 3.100 gram menjadi 3.550 gram. Diharapkan tenaga kesehatan khususnya bidan dapat lebih optimal melakukan asuhan kebidanan secara komprehensif dan berkelanjutan dimulai dari masa kehamilan, persalinan, nifas, dan noenatus.

**Kata kunci : Asuhan kebidanan Komprehensif, hamil, bersalin, nifas dan
noenatus**

Referensi : 82 Referensi (2012-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC OF RIAU
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, MAY 2025
AZELA RAHMA FEBRIA**

**COMPREHENSIVE MIDWIFERY CARES FOR MRS. I IN PMB LILIS
SUGIANTI PEKANBARU CITY IN 2025**

xiii ± 137 Page, 8 Table, 11 Attachment, 4 Image

ABSTRACT

National policies in efforts to prevent and handle complications in pregnancy, childbirth, postpartum and neonates include the comprehensive midwifery care method or Continuity of Midwifery Care (CoMC). This case study aims to provide continuous care to Mrs. I from pregnancy, childbirth, postpartum and neonate at PMB Lilis Sugianti Pekanbaru City from October 2024 - February 2025. The first contact with Mrs. I G5P4A0H3 was carried out at 28 weeks of pregnancy, then 4 visits were carried out during pregnancy, childbirth, 4 times during the postpartum period, and 3 neonatal visits. During pregnancy, complaints of sleep pattern disorders were found due to frequent urination. Complaints were overcome by reducing drinking before bed. Labor care was carried out at PMB with Accelerated labor due to indications of Uterine Inertia and continued with referral to Murni Teguh Eria Hospital with indications of Fetal Distress. The baby was born by Caesarean section with a weight of 3100 grams, a height of 49 cm and a male gender. At 17 hours postpartum, problems with breast milk production and pain in the post-caesarean section wound were found. The care provided included mobilization, wound care, breastfeeding techniques, and oxytocin massage. On the 40th day of postpartum, the Caesarean section wound was dry and closed. The mother had used Tubectomy contraception during the Caesarean section. Neonatal care was carried out simultaneously for 3 visits. The care provided was umbilical cord care, daily baby care, and baby massage. There was an increase in the baby's weight by 450 grams at 16 days of age, from 3,100 grams to 3,550 grams. It is hoped that health workers, especially midwives, can more optimally provide comprehensive and continuous midwifery care starting from pregnancy, childbirth, postpartum, and neonatus.

Keywords: *Pregnancy Comprehensive Care, Maternity, Postpartum, Neonate*
Reference: 82 Reference (2012-2024)