

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
CRISTINA ROMAULI SARAGIH**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.N DI PMB
DINCE SAFRINA PEKANBARU TAHUN 2025
xv 131 Halaman, 9 Tabel, 9 Gambar**

ABSTRAK

Salah satu upaya dalam menurunkan AKI dan AKB ialah dengan melakukan asuhan CoMC yang bertujuan memberikan asuhan kebidanan secara komprehensif dengan pendekatan manajemen kebidanan dari masa kehamilan, persalinan, nifas, neonatus dan KB serta mendokumentasikan dengan metode SOAP. Asuhan ini diberikan pada Ny. N usia 21 tahun pada bulan Oktober 2024 sampai dengan Januari 2025 di PMB Dince Safrina Kota Pekanbaru, dan dilanjutkan *home visit*. Asuhan kehamilan pada Ny. N G1P0A0H0 pada usia kehamilan 34 minggu. Asuhan kehamilan dilakukan sebanyak 4 kali, asuhan persalinan 1 kali, asuhan nifas 4 kali dan asuhan neonatus 3 kali. Selama masa kehamilan terdapat ketidaknyamanan yaitu gangguan pola tidur akibat sering BAK pada malam hari. Asuhan yang diberikan yaitu menganjurkan ibu untuk mengurangi minum sebelum tidur agar frekuensi berkemih berkurang dan ketidaknyaman ibu dapat diatasi. Asuhan persalinan dilakukan di PMB Dince Safrina berlangsung hingga pembukaan 6 cm dan dilanjutkan rujukan ke Rs PMC dengan persalinan SC atas indikasi *Cephalopelvic Disproportion* (CPD) bayi lahir 25 November 2024, berjenis kelamin perempuan dengan BB lahir 3500 gr dan PB 52 cm. Pada masa Masa nifas berlangsung normal tanpa komplikasi, asuhan yang diberikan meliputi perawatan luka SC, pijat oksitosin. Konseling keluarga berencana setelah masa nifas keputusan ibu menggunakan kontrasepsi IUD. Asuhan pada neonatus diberikan mengenai ASI Eksklusif, perawatan bayi sehari-hari dan diajarkan teknik pijat bayi lalu perawatan tali pusat. Terjadi peningkatan berat badan bayi sebanyak 450 gram pada usia 25 hari, dari 3.500 gram menjadi 3.950 gram Hasil asuhan menunjukkan ibu dan bayi dalam keadaan sehat. Disarankan kepada tenaga kesehatan untuk meningkatkan kualitas pelayanan kebidanan yang komprehensif sesuai standar kebidanan.

Kata Kunci : ***Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus***

Refensi : 70 Refensi (2015-2024)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA RIAU HEALTH
POLYTECHNIC D III MIDWIFERY PROGRAM**

**FINAL REPORT, JUNE 2025
CRISTINA ROMAULI SARAGIH**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. N AT PMB
DINCE SAFRINA PEKANBARU 2025
xv 131 Pages, 9 Tables, 9 Figures**

ABSTRAK

One of the efforts to reduce maternal mortality rate (MMR) and infant mortality rate (IMR) is through the provision of Continuity of Midwifery Care (CoMC), which aims to offer comprehensive midwifery care using a midwifery management approach that covers antenatal, intrapartum, postpartum, neonatal care, and family planning, and is documented using the SOAP method. This care was provided to Mrs. N, a 21-year-old woman, from October 2024 to January 2025 at PMB Dince Safrina, Pekanbaru City, and was continued with home visits. Antenatal care was given to Mrs. N, G1P0A0H0, at 34 weeks of gestation. The antenatal care was carried out four times, intrapartum care once, postpartum care four times, and neonatal care three times. During pregnancy, the mother experienced discomfort in the form of sleep disturbances due to frequent urination at night. The intervention provided was advising the mother to reduce fluid intake before bedtime to decrease the frequency of urination and improve comfort. The labor was initially managed at PMB Dince Safrina until 6 cm of cervical dilation, after which the mother was referred to PMC Hospital and underwent cesarean section due to Cephalopelvic Disproportion (CPD). The baby was born on November 25, 2024, female, with a birth weight of 3,500 grams and a length of 52 cm. The postpartum period proceeded normally without complications, and the care provided included cesarean wound care and oxytocin massage. Family planning counseling was conducted after the postpartum period, and the mother chose the IUD as her contraceptive method. Neonatal care included exclusive breastfeeding counseling, daily infant care, baby massage techniques, and umbilical cord care. The baby gained 450 grams of weight within 25 days, from 3,500 grams to 3,950 grams. The results of the care showed that both mother and baby were in good health. It is recommended that healthcare professionals continue to improve the quality of comprehensive midwifery care in accordance with midwifery standards.

Keywords: *Comprehensive Midwifery Care, pregnancy, childbirth, postpartum, neonate*

References: 70 References (2015-2024)