

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2025
ALYA SAPUTRI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. U DI
PMB YOSI FEBRINA KOTA PEKANBARU**

xii ± 151 Halaman + 8 Tabel + 10 Lampiran

ABSTRAK

Upaya penurunan Angka Kematian Ibu (AKI) dilakukan dengan memastikan akses ibu terhadap pelayanan kesehatan yang berkualitas, termasuk asuhan kehamilan, persalinan, nifas, perawatan bayi baru lahir, serta layanan keluarga berencana. Salah satu metode yang digunakan adalah *Continuity of Midwifery Care (CoMC)*, yaitu asuhan kebidanan komprehensif dan berkesinambungan. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan yang komprehensif dan berkesinambungan pada Ny.U usia 27 tahun dari masa hamil trimester III, bersalin, nifas, dan bayi baru lahir di PMB Yosi Febrina Kota Pekanbaru. Asuhan kebidanan diberikan pada kontak pertama usia kehamilan 35 minggu 2 hari (G₃P₂A₀H₂), dari tanggal 28 Januari 2025 sampai dengan 06 April 2025 sebanyak 9 kali kunjungan, yaitu 3 kali pada saat hamil, 1 kali saat mendampingi proses persalinan, 5 kali saat nifas, dan 4 kali saat neonatus. Keluhan yang dialami Ny. U pada saat kehamilan adalah kram pada perut bagian bawah. Asuhan yang diberikan yaitu pemberian KIE, senam hamil serta mengajarkan teknik mengurangi rasa nyeri dan masalah dapat diatasi. Asuhan persalinan sesuai Standar APN, bayi lahir spontan dengan berat badan 3080 gram dan panjang badan 47 cm. Pada masa nifas asuhan yang diberikan yaitu perawatan luka perineum, senam nifas, dan Skrining *Edinburgh Postnatal Depression Scale (EPDS)* dengan skor 17 yaitu kategori depresi sedang. Pada neonatus dilakukan perawatan tali pusat dan pijat bayi. Selama 28 hari kunjungan, bayi mengalami peningkatan berat badan sebesar 1.080 gram, mencapai total berat 4.140 gram. Bidan dapat mempertahankan serta meningkatkan mutu pelayanan agar dapat memberikan asuhan yang lebih baik sesuai dengan standar asuhan kebidanan.

Kata Kunci : *Asuhan Kebidanan Komprehensif, hamil, bersalin, nifas, neonatus.*

Daftar Bacaan : 78 Referensi (2015-2025)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA HEALTH
POLYTECHNIC MINISTRY OF HEALTH RIAU
D III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2025
ALYA SAPUTRI**

**COMPREHENSIVE MIDWIFERY CARE FOR NY. U AT
PMB YOSI FEBRINA PEKANBARU CITY**

xii ± 151 Pages + 8 Tables +10 attachments

ABSTRACT

Efforts to reduce the maternal mortality rate (MMR) are carried out by ensuring maternal access to quality health services, including pregnancy, childbirth, postpartum care, newborn care, and family planning services. One method used is Continuity of Midwifery Care (CoMC), which is comprehensive and continuous midwifery care. This case study aims to provide comprehensive and sustainable midwifery care to Mrs. U, 27 years old, from the third trimester of pregnancy (G3P2A0H2), delivery, postpartum, and newborn at PMB Yosi Febrina Pekanbaru City. Midwifery care was given to the first contact at the gestational age of 35 weeks 2 days, from January 28, 2025 to April 06, 2025 for 9 visits, namely 3 times during pregnancy, 1 time when accompanying the labor process, 5 times during puerperium, and 4 times during neonates. The complaint experienced by Mrs. U during pregnancy was cramps in the lower abdomen. The care provided is the provision of IEC, pregnant gymnastics and teaching techniques to reduce pain and problems can be overcome. Delivery care according to APN Standards, the baby was born spontaneously with a body weight of 3080 grams and a body length of 47 cm. In the postpartum period the care provided was perineal wound care, postpartum exercises, and and Edinburgh Postnatal Depression Scale (EPDS) Screening with a score of 17 which is a moderate depression category. In the neonate, umbilical cord care and infant massage were performed. During the 28-day visit, the baby had an increase in weight of 1,080 grams, reaching a total weight of 4,140 grams. Midwives can maintain and improve the quality of service in order to provide better care in accordance with midwifery care standards.

Keywords: *comprehensive Midwifery Care , pregnancy, childbirth, postpartum, neonate.*

Reading list : 78 References (2015-2025)